GREEN BOOK

(TACKLE FOOTBALL)

Technical and Specific Regulations

La version française est la version officielle des règlements techniques et spécifiques (livre vert) de la Fédération. Cette version sera utilisée dans le cas où une divergence entre la version anglaise et française existerait.



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PREAMBLE

ARTICLE 0.1	Only members can participate in the activities of the Federation.
ARTICLE 0.2	No members may participate in football activities involving non-members.
ARTICLE 0.3	Any training activity or football competition organized by a member must be registered with the Federation.
ARTICLE 0.4	The Director General of the Federation shall forward to each league a printed copy of the <i>Green Book</i> updated within 30 days of the adoption of the amendments adopted, in accordance with Article 83 at the annual meeting of the Commissions. These changes should be highlighted in yellow. This printed copy will take precedence over any other version for the course of the season and a compliant electronic copy must be posted on the Federation's website.



TECHNICAL REGULATIONS

ASSOCIATION

TECHNICAL REGULATIONS _ ASSOCIATION

Article 1 **DEFINITION OF AN ASSOCIATION**

1.1 Member association consists of one or more teams, which grant the Federation territory to ensure its development. The association is a structure that offers young people living on its territory the opportunity to practise tackle football, flag football, touch football or cheerleading within the Federation. To be granted an exclusive territory, the association must include at least 2 teams in successive age categories.

Article 2 PROCEDURES TO FOLLOW WHEN APPLYING FOR A NEW ASSOCIATION

- 2.1 A new association wishing to be assigned a territory must file a written submission to the Federation for a hearing before the Governance Committee, and no later than March 1st, failing to do so, the application will be processed for the next season.
- 2.2 The document presenting any new association must necessarily include the following information.
 - a) A copy of the incorporation of the organization and its charter (mission).
 - b) A development plan of the association in the short or medium term, stating the number of teams and categories listed at the end of its expected development.
 - c) A letter or any other form of support (or) principal(s) municipality(ies) involved in the application of territory.
 - d) A letter or any other form of support from other partners involved with the association (sponsors, local newspapers, community organizations, and other stakeholders in the community, etc.).
 - e) A plan for acquiring the equipment necessary for the activities of the organization.
 - f) Identification of human volunteers (or paid) involved in technical association (coaches, managers, trainers) and administrative (management) of the association.
- 2.3 The document should also include a presentation on the 8 points governed as follows:
 - a) The current model of vertical development or proposed by the association (vertical structure, linear or pyramid).
 - b) The impact of demand on existing associations and neighbouring territories.
 - c) The status and trends of regional population movement, mainly with regard to the targeted clientele.
 - d) The regional and inter-regional population movement and access to sites of association activities (major roads, public transport, etc.)



- e) The percentage of players from the region or territory operating within existing neighborhood surrounding associations.
- f) The history of football in the region (if they were any associations that have failed in the past?)
- g) The structure for current home of football in the region (total student associations and civil activity and addressing the targeted clientele)
- h) Profiles of the development of civil football associations in the neighbouring territories (minor football AMP vs. competition football Bantam and Midget).
- 2.4 No financial or contractual commitment (e.g.: purchase of equipment, lease or service) must be taken by the association before getting one decision from the Governance Committee.
- 2.5 In the considering an application, the Governance Committee shall convene a hearing to the applicant association and the associations' limitrophes territories, which are directly or indirectly (currently or potentially) affected by the application.
- 2.6 The Governance Committee may call any other organization or individual deems necessary in order to clarify its decision.
- 2.7 A new association whose request accepted by the Governance Committee must obligatory be on probation for a period of three (3) years. The Committee shall also make an annual review of the file without the association convenes a hearing unless the committee deems necessary.

Article 3 PROCEDURES TO FOLLOW WHEN AN APPLICATION IS MADE BY AN EXISTING ASSOCIATION

- 3.1 An existing association cannot develop a second territory. Each territory must be developed by an independent association. However, an association can develop multiple teams within the same category of its territory.
- 3.2 An existing association wishing to be assigned a territory, change the boundaries of its territory or change the status of its territory must file a written submission to the Federation for a hearing before the Governance Committee, and no later than **March 1**st.



- 3.3 The written submission of any existing association must necessarily include the following information:
 - a) The current model vertical of development or proposed by the association (vertical linear structure, or pyramid).
 - b) The impact demand on existing association and neighbouring territories.
 - c) The status and trends of regional population change, mainly in regard to the targeted clientele.
 - d) The regional and inter-regional population movement and access to sites of association activities (major roads, transit, etc.).
 - e) The percentage of players in the region and the territory operating within existing neighborhood associations.
 - f) The history of football in the region (If there are associations that have failed in the past?).
 - g) The current structure for football in the region (total active student associations and activities addressing the targeted clientele).
 - h) Profiles of the development of civil football in neighbouring territories (AMP minor football vs. competition football Bantam and Midget).
- 3.4 No financial or contractual commitment (e.g. equipment purchase, lease or service) must be taken by the association before obtaining a decision of the Governance Committee.
- 3.5 In considering an application, the Governance Committee shall convene a hearing to the applicant association and the associations' limitrophes territories which are directly or indirectly (currently or potentially) affected by the application.
- 3.6 The Governance Committee may call any other organization or individual it deems necessary in order to clarify its decision.
- 3.7 An existing association whose request accepted by the Governance Committee must obligatory be on probation for a period of three (3) years. The committee shall also make annual review of the file without the association coven a hearing unless the committee deems necessary.

Article 4 INSURANCE

4.1 Any association is eligible for the program accident and liability of the Federation, if available. When the program is available participation is mandatory for all civil networks and all people wishing to participate in activities sanctioned by the Federation.



TECHNICAL REGULATIONS

THE TEAM

TECHNICAL REGULATIONS _ THE TEAM

Article 5 **DEFINITION OF A TEAM**

5.1 The group of players and coaches members operating in a regulated category, under the banner of a recognized association and entitled to recruit players on the territory (exclusive or not) given to the association by the Federation.

Article 6 CONDITIONS OF MEMBERSHIP

6.1 The group of players and coaches members operating in a regulated category, under the banner of a recognized association and entitled to recruit players on the territory (exclusive or not) given to the association by the Federation.

Article 7 REGULATION PROCESS OF A NEW TEAM

An association has the right to develop its territory at all levels, be titan-senior.

- 7.1 Any new team must be accepted in a league that offers the desired category and is a member of the Amateur Football Federation of Quebec; This request must be made before April 30 of the year for which it wishes to start its activities. The league that will accept the team must send a written confirmation to the Federation.
- 7.2 A new team must register by May 1 of the year in which it begins its activities in order to play during the season of that same year.
- 7.3 The team must complete the online registration form with the Federation and pay the annual membership fees within the prescribed time limits.
- 7.4 A new team entered in accordance with the preceding articles will obtain the status of an existing team after completing a season.

Article 8 REGISTRATION OF AN EXISTING TEAM

- 8.1 An existing team must register no later than May 1st of the year.
- 8.2 The team must complete the online registration form and pay the annual fees in a timely manner.
- 8.3 The registration of any team shall automatically terminate on the date set by the development commission no later than April 30th of the following year.

Article 9 WITHDRAWAL OF A TEAM

- 9.1 The Association shall inform the league for which it is operating and the relevant committee of the withdrawal of any team no later than ten (10) days after the withdrawal.
- 9.2 Any team that withdraws may be taken their annual dues.



Article 10 CANCELLATION OF MEMBERSHIP

- 10.1 The league or development commission may cancel the membership of a team for the following reasons:
 - a) Notwithstanding any status, regulation or rule of the Federation.
 - b) Any conduct deemed detrimental to the football.
 - c) Failure to comply with safety regulations of the Federation.
- 10.2 Cancellation of membership made by the league or development commission, however, can be appealed in accordance with Article 87 of the *Green Book*.

Article 11 INTERPROVINCIAL COMPETITIONS

Any team wishing to evolve outside the province of Quebec must have written permission from the Federation according to Article 67 of the *Green Book*.

Article 12 RESPONSIBILITIES OF TEAMS DURING GAMES

- 12.1 The respective responsibilities of teams assigned as home teams or visiting teams are as follows:
- 12.1.1 The home team must:
 - a) Ensure the following is placed on the sideline officials" table at least fifteen (15) minutes before the scheduled starting of the game:
 - Game ball(s); A kicking tee;
 - A set of yardsticks;- A down box;
 - A one-minute warning flag; A timing device;
 - An official scoresheet of the Federation; Flags or marker indicating the end zones;
 - b) Ensure that minor officials report to the referee in charge of the game fifteen (15) minutes before the starting of the game. Minor officials are:
 - The timekeeper; The marker;
 - The attendant for the down box; The attendant for the yardsticks;
 - The attendant for the kicking tees and balls;



- c) Ensure effective control of spectators so that no one will interfere in the functioning of the game or the activities of cheerleaders or disturb the order upon arrival and departure of teams and arbitrators in accordance with safety regulations of the Federation.
- d) Ensure that ambulance service is available.
- e) Change sweaters when, according to the referees, there is confusion between the colours of the two teams.
- f) Being present on the playing field at least twenty (20) minutes before the scheduled start of the game.
- g) Inform players and parents of the provision of the *Green Book* of the Federation.
- h) Notify the visiting team, officials and any other person concerned, the cancellation of any game and this 48 hours in advance. The local team that does not comply with this regulation assumes all expenses of the game cancelled, the fees of all arbitrators, the transportation costs of the opposing team, etc.

Issue a notice of twenty-four (24) hours when it is part of a municipality with a specific regulation regarding the condition of the field or the rains. To be eligible, the notice must be preceded by sending a copy of the bylaw to the Federation, the commission and the league.

Thereafter, if the team determines that the home game can be moved to another site, the two (2) teams will play. In the opposite case, the game will be postponed within a maximum period of twenty-four (24) hours.

In breach of this regulation the local team loses by default.

12.1.2 The visiting team must:

- a) Delegate to the table of minor officials, at least fifteen (15) minutes before the start of the game, the following personnel:
 - An attendant for yardstick;
 - An official team representative to sit at the timer's table (optional)
- b) Being present on the playing field, at least twenty (20) minutes before the scheduled starting time of the game.
- c) Assist the home team to ensure effective control of the spectators, so that no person interferes with the proper operation of the game or the activities of cheerleaders or disturb the order upon arrival and departure of teams and arbitrators in accordance with safety regulations of the Federation.
- d) Notify 48 hours in advance the opposing team, referees and any other person involved in the cancellation of the game. The visiting team that does not comply with this regulation assumes all expenses including the game cancelled, all referees' fees and transportation costs of the opposing team.



Article 13 PROHIBITIONS DURING GAMES

- No association or league has the right to sell or to serve alcoholic beverages during a minor football competition from tykes to midget inclusively.
- Any association or league who does not respect this directive will be liable to a fine or disciplinary action up to and including suspension of membership privileges.

Article 14 REVENUES AND EXPENSES OF A GAME

14.1 Revenues

- a) Unless prior agreement between the teams, any revenue received during a game belongs to the home team.
- b) Notwithstanding article 14.1 paragraph a) revenues received during provincial championships games and special events are under the jurisdiction of the Federation.

14.2 Expenses

- a) All expenses required for the smooth running of the game, including expenditures for facilities, equipment, game officials are paid by the local team.
- b) Notwithstanding Article 14.2 paragraph a), the local team does not assume any expense of the visiting team. In addition, expenditures at the provincial championships games and special events are under the jurisdiction of the Federation.



Article 15 MINIMUM AND MAXIMUM NUMBERS OF PLAYERS

To be considered present at a game, a team must have a minimum number of players on the field:

CATEGORIES	7 PLAYERS		9 PLAYERS		12 PLAYERS	
	Min.	Max.	Min.	Max.	Min.	Max.
TY = Tyke			12	24		
A = Atom			12	35		
M = Mosquito			12	22	16	40
PW = Pee Wee			14	24	18	50
B = Bantam			14	24	20	50
MID = Midget			16	26	20	50
J = Junior					25	50
S = Senior			10	30		

Article 16 NUMBER OF PLAYER'S REGISTRATION CERTIFICATES OF A TEAM

16.1 The maximum number of registration certificates of players a team can register during a season:

CATEGORIES	7 PLAYERS	9 PLAYERS	12 PLAYERS
Tyke		24	
Atom		35	
Mosquito		22	50
Pee-wee		24	50
Bantam		24	50
Midget		26	50
Junior			60
Senior			50



16.2 If a team uses all registration certificates and a player presents himself before the deadline, the player is free to play elsewhere in his region. If the player cannot find a team in his category in his region, he can join a team outside of the region.

Article 17 **OWNERSHIP OF THE TEAM**

- Any team wanting to protect his players from the previous year must register its team by filling out the form team before the date fixed by the Development commission or no later than May 1st of the current year. In case of default, players will be declared free agents by the league or by the commission.
- Any association wishing to form a team in an immediate superior division of its players that have reached the age of this new division must notify by email the President of the Development Commission before March 1st of the current year, by sending him a list of registered players involved.
- 17.3 Article 25 of the *Green Book* applies only when no team operates in the area of residence of a player. If a team in his category operates in his residence area then, even if he does not register for a season, it will remain the property of the team operating in the region.
- After the second regular game of the regular season, the team for which a player attempts to earn a position, will have a maximum period of two (2) weeks to sign a certificate of registration to that player, otherwise the player will be free to sign with another team in the region. If there is no team in the region, then he will go outside the region.

Article 18 INSURANCE

Any team is eligible for the program accident and liability of the Federation, if available. When the program is available, participation is mandatory for all civil networks and all people wishing to participate in activities sanctioned by the Federation.



TECHNICAL REGULATIONS

THE PLAYERS

TECHNICAL REGULATIONS _ THE PLAYERS

Article 19 CERTIFICATE OF REGISTRATION OF A PLAYER

- 19.1 The deadline to sign a player is October 1st of the current season, with the exception of junior for which the deadline is September 15.
- 19.2 The player's registration certificate must be completed as follows:
 - a) The player's registration certificate must be completed online, printed and signed in the manner prescribed by the Federation;
 - b) The date of registration, team, division, weight and the approval of the register should be included;
 - c) The player's photo must be downloaded from the online contract version
- 19.3 The certificate of registration of a player is accepted for registration if it meets the following conditions
 - a) The certificate is completed and signed;
 - b) The certificate is completed, signed and certified by a registrar;
 - c) The release is completed and signed if necessary. A copy is attached to the copy of the registration certificate of the Federation:
 - d) The age of the player is confirmed with proof of the date of birth;
 - e) The player's picture appears on the certificate printed, signed and certified by the registrar.
- 19.4 At all games sanctioned by the Federation, team leaders must present, upon request of the opposing team or representative of the league, the registration certificates of all their players and no later than 30 minutes before the beginning of a game.
- 19.5 The certificate of registration of a member expires on April 30 of the following year.
- 19.6 For all persons 13 years of age or younger on the date of the signature of the certificate of registration, the certificate must be signed by a parent or the holder of parental authority.
- In the event that a league has implemented a number of temporary control, the team must first ensure that the player is eligible. In case of default, the team forfeits all games in which the player participated.

Article 20 **INSURANCE**

Any person who signs a certificate of registration is accepted into the program accident and liability of the Federation, if available, When the program is available, participation is mandatory for all civil networks and all persons wishing to participate in activities sanctioned by the Federation.



Article 21 **ELIGIBILITY OF A PLAYER** 21.1 All teams must sign a registration certificate Player of the Federation. The registrar of the league must approve the enrollment membership certificate before the first (1st) game each player disputes. 21.2 All teams must have on hand his team's file and be able to present it to all the games. The file includes all team players with an approved certificate of member registration. No change to record team is permitted after October 1st. 21.3 When a player's name appears on the scoresheet and the player is able to play, that player is considered to have taken part in the game. 21.4 On the scoresheet of a game, it cannot appear more names of players that the number of players eligible to play the game. 21.5 The name of any player registered late or forgotten can be added to the scoresheet after the start of the game, but before the end, as long as the player is registered with the team and be eligible. 21.6 Any player who has played two (2) games during a season cannot be released for the current season. It is only eligible to play with the team for which he played his second (2) game. 21.7 To be eligible to participate in a playoff game, a player must have participated in at least two (2) games of the regular schedule of games in the league. 21.8 If a team ceased operations during the season, the Federation can release players under contract in the event that the Federation, the executive of the league and the association concerned are of the opinion that it is appropriate to do. 21.9 The team leaders are responsible for the eligibility of their players.



Article 22 PLAYERS AGE CATEGORIES

22.1

		DIVISION A
1.	Tyke	5, 6 and 7 years old (flag)
2.	Atom	(7) 8 & 9 years old (maximum weight 110 pounds)
3.	Mosquito	10 & 11 years old (maximum weight 135)
4.	Pee Wee	12 & 13 years old (maximum weight 165 pounds)
5.	Bantam	14 and 15 years old
6.	Midget	16 and 17 years old

	DIVISION B				
1.	Tyke	5 and 6 years old (flag)			
2.	Atom	(6) 7 and 8 years old (flag)			
3.	Mosquito	9 & 10 years old (maximum weight 120 pounds)			
4.	Pee Wee	11 & 12 years old (maximum weight 150 pounds)			
5.	Bantam	13 and 14 years old			
6.	Midget	15, 16 and 17 years old			

22.2 If an association has tykes, then the 7-year-old players can play in the category of tykes or atom. However, when an association does not have tykes category, players aged 7 years old only are eligible in the atom category.

Article 23 WEIGHT LIMITS RULES IN FORCE IN THE PROVINCIAL CHAMPIONSHIP

23.1 The weight limits for players in the atom, mosquito, and pee wee categories on the date of signing of their contract must be as follows:



23.1.2 CATEGORIES DIVISION A

Atom 110 pounds - 50 kgs Mosquito 135 pounds - 61 kgs Pee Wee 165 pounds - 75 kgs

23.1.2 CATEGORIES DIVISION B

Atom 110 pounds - 50 kgs Mosquito 135 pounds - 61 kgs Pee Wee 165 pounds - 75 kgs

- Each player must be weighed by the league registrar or his representative at the time he signs his player registration certificate. When the player's weight exceeds the limit allowed the player can remain in this category provided that he only occupies the position of offensive linemen. He will then be identified as such on the scoresheet and must have a distinctive mark affixed to the back of his helmet.
- After the signing of the certificate of registration, the weight limits allowed for players of categories atoms, mosquitoes and pee wee cannot exceed more than five (5) pounds (2.27 kg) weight regulation. If a player exceeds the new weight limit, he must remain in the position of offensive lineman and should be registered as such at the top of the registration certificate with the date of such amendment. In case of exemption, the player and his contract should move to the next higher division for the remainder of the season with the condition not to exceed the requirements and the number of players allowed in this new division in accordance with Article 21 of the *Green Book*.
- In categories atoms, mosquitoes and pee wee weighing should be done using a medical balance type "weight" or "digital".
- A player cannot be upgraded to a division other than the division immediately above hers, as far as the security rule is respected...
- 23.6 In the case of an upgrade, a division immediately above for a player atom, mosquito and pee wee, a parent or legal guardian must sign the certificate of registration of the player after becoming aware of the risks that this situation may cause.
- 23.7 The overweight players cannot carry the ball at any time during a game.
- The offensive line is only the centre positions, blockers (tackle) and guards. In addition, the half-inserted position (tight end) is prohibited to players exceeding the weight limit prescribed.
- 23.9 In the case of football 9 players (atom), only three positions in center can be occupied by players exceeding



the weight limit prescribed.

- 23.10 The overweight players may not at any time act as a kicker during a game, with the exception of the atom category at the kick-off in static position without an opponent.
- When an overweight player is in a position other at a release of the game, the penalty is 10 yards for illegal substitution; the game will then be recalled.
- 23.12 To facilitate the work of the official, the penalty provided for in section 23.11 of the *Green Book* can only be applied when overweight players were properly identified by a distinctive mark affixed to the back of their helmets. This distinctive standard for all teams must be approved by the league and the Federation during the regular season, for the playoffs, playoff inter-league and championship games.
- 23.13 A player identified as overweight on its certificate of registration must keep this status until the end of the regular season.
- A player identified as overweight during the regular season, however, can change their status during the official series and inter-league championship games.
- The certificate of registration of overweight players should be identified by a mark placed at the top right of the certificate in addition to being initialized by the registrar of the league.
- When a player exceeds the weight limit prescribed at the time of weighing, he has the choice either to validate his status for the season, or to postpone the validation of the registration certificate at a later date. The player will be considered ineligible to play in a game until the validation of the certification of registration.

Article 24 OWNERSHIP OF A TEAM IN RESPECT OF A PLAYER

- Any player who signs a certificate of registration for an association, he becomes the property of that team. If a player exceeds the age limit for his division, he automatically becomes eligible to play in the immediate superior division, when the association meets the requirements of Article 17.2 of the *Green Book*. The player must then sign for this team.
- Any minor player who belongs to a minor team operating outside of the area of residence, and who does not sign a player's registration cerfiticate for the current season will become a free agent for next season, and may sign with another team in his region. If there is no team in his category in his region, then he may go outside of his region.

However, a player who has been released and does not report to his new team that he asked for, must return to the association of his residence or in the case of any open territory to the association of the region territory.

Any player who is cut off from a team without having signed a certificate of registration, but that was on the list provided on this team for a period of at least two (2) weeks, will be free to sign with another team in its region



for the current year. If the player does not sign a certificate of registration for the current year, he may sign with another team in his region the following year.

- 24.4 Upon request of the released player, the team must give him a written note certifying that he is released by the association. The player must then present this note when he goes to another association. The new team will attach the document to the player's contract.
- Any player wishing to play outside of his region must obtain the release of all teams involved in the region before coming to a team outside of the region and that, although his teams offer age division in the region.

Article 25 RESIDENCE OF PLAYERS

- For the purposes of this section, the province of Quebec is divided into regions and territories, all in accordance with the list of regions and territories in Annex 1.
- Any player aged 17 and under as of December 31 of the current year must play for a team that operates within the territory where his home is. In addition, if the territory where he is domiciled has areas, he needs to play for a team that operates on the territory of the area where he is domiciled.
- 25.3 For the purpose of this section, the legal residence of a player is considered to be his father or mother or the holder of parental authority.
- 25.4 When a player moves out of the region where it operates before August 1, he may:
 - a) Continue to evolve in this region unless it stops for the duration of a season, in this case, the player will be considered a resident of the new region.
 - b) Register in the new region where it has its legal domicile.
 - Have permission to play in the nearest territory when there is no football for the category corresponding to his age.

Article 26 PLAYER'S BIRTH CERTIFICATE

- Before being registered, a player must provide proof of the date of birth before participating in his first game. The player must also complete a player's certificate of registration of the Federation, in accordance with Article 19 of the *Green Book*.
- The card issued by the Regie de l'assurance maladie du Quebec is recognized as a birth certificate. Passport or driving licence with photo are also accepted.
- 26.3 The registrar shall verify proof of birth documents. Photocopies will not be accepted as proof.
- Any player, coach or team official found guilty of falsifying a birth certificate, a certificate of registration as a player, or have known that such a certificate was forged, is automatically suspended by the ethics committee of



the Federation from the date of the offence, for a period of one (1) year. The ethics committee at a hearing may also impose a more severe suspension for this purpose in accordance with Article 84.3.2 of the *Green Book*.

Article 27 UPGRADED PLAYERS

- 27.1 Every player must play in the division corresponding to his age. However, he is permitted to move in the immediate superior division on condition that he has evolved a season in his own age division, unless there is no team in the latter, as long as the 36-month rule is respected.
- 27.2 No minor player can be upgraded at the senior level.
- At no time and regardless of the reasons, a player may not be upgraded to an age division other than the next higher division of his if this would result in a breach of the 36-month rule.
- Notwithstanding any other provision, a player of tyke age may move either for the tyke or atom category, provided that the 36-month rule is respected.

Article 28 PLAYERS EVOLVING WITH MORE THAN ONE TEAM

- Any player (member or non-member of the Federation) who signs a certificate of registration with more than one team is automatically suspended and becomes non-admissible pursuant to Article 29.2 of the *Green Book*.
- Any registered player who plays for more than one team (member or non-member of the Federation) is ineligible and is automatically suspended.
- Sections 28.1 and 28.2 do not apply to players selected to all-star or excellence teams as well as spring league teams. A spring league is a league which shall have ended his season and his series (playoff's included) by June 24.

Article 29 DISPUTES ON THE STATUS OF A PLAYER

- Any dispute concerning the status of a player must be made in writing to the President of the league, at the time of discovery of the offence. Team leaders should be notified immediately and a decision of the Ethics Committee of the League must be made within five (5) days notice.
- 29.2 Any team aligning an ineligible player shall forfeit all games played with this player. The player is immediately



suspended.

29.3 The ethics committee intends to appeal any decision of the league.

Article 30 TAMPERING

- Any coach, manager or team member from civil program, school or college approaching or negotiating with a player (owned by another team), with his parents, siblings, in order encouraged obtaining his release, to invite him to a training camp or allow the player to participate in a training camp or practice, or to register without obtaining its prior release, commits tampering with this player and will be summoned to appear before an ethics committee of the league or the commission of the Federation.
- Any person may make a complaint in writing and file it with the ethics committee of the league or commission that will investigate the complaint.
- The complaint must be substantiated and must include all arguments and evidence supported such as statements of the players, parents or the whistleblower. A deposit of \$200 must accompany any complaint.
- Any complaint of tampering from a civil program will be heard by the league or the commission within a period of two (2) weeks from the date of filing of the complaint.
- Following a decision by the league committee or the commission, an appeal may be submitted to the ethics committee of the Federation.
- 30.6 Unless you have previously obtained his release, no player shall initiate activities (practice gym or outside exhibition games) with a team.
- 30.7 Cases of tampering involving school teams should be treated in accordance with the Chapter Organizational Policy.

Article 31 RELEASE OF PLAYERS

- A release can only be requested by a player (whether registered or unregistered) or his parents. All steps must be exclusively undertaken by the player or the parents.
- Any request for release must be made directly to the association concerned using the form provided for this purpose by the Federation, and also indicating the association for which the player wishes to play.
- A player may not request a release under the pretext that the association in which it operates does not align team in his division with a higher calibre of play e.g. (AAA vs AA).



- If the release is denied by the association or that it has not answered within five (5) days, the applicant maintains that his request for release may be appealed to the Governance Committee of the Federation transmitting his appeal accompanied by the fee payable, all in accordance with Article 87.10 of Chapter Organization Policy.
- 31.5 The Governance Committee of the Federation will convene interested parties within 30 days of receipt of the request and render a decision in writing (letter or email) within five (5) working days following the hearing of the application.
- 31.6 If the release is granted, the Governance Committee of the Federation shall return the deposit to the applicant.
- 31.7 A player released must:
 - a) return to the team all equipment received;
 - b) pay all financial obligation owed to the team'
 - must relate exclusively to the team he has shown a desire to play in his request for release.

Note: The release obtained by the player is always to refer to a specific association. In the event that the player does not relate to it, the release is cancelled. Furthermore, in the event that the player wishes to change association in the following years, he must reapply for a new release to the association's place of residence. The original release obtained becomes cancelled.

The Governance Committee of the Federation has the power to set a release based on logic, merit or the validity of the applicant and that, although there has been no violation of the provisions in the *Green Book* from the applicant or association.

Article 32 **RESPONSIBILITIES OF PLAYERS**

- 32.1 Any player agrees to comply with the rules and regulations of the Federation in their present form or amended, as well as its code of ethics.
- Any player who violates the regulations of the Federation or who manifest conduct detrimental to the sport of tackle football is subject to disciplinary measure(s).



TECHNICAL REGULATIONS

THE LEAGUE

TECHNICAL REGULATIONS _ THE LEAGUE

Article 33 **DEFINITION** 33.1 Grouping team members of the Federation administering competitive activities in one or more categories recognized. A league promotes compliance with the regulations in force at the Federation. A league, if its members may wish to make regulations that are specific to as long as they respect the boundaries and spirit of the rules appearing in the Chapter of organizational policy. Article 34 MANDATORY MEMBERSHIP OF A LEAGUE 34.1 Any league participating in activities sanctioned by the Federation must be a member of the development commission. Article 35 LEAGUE MEMBERSHIP APPLICATION 35.1 Any league must submit his membership application to the Federation before May 1 of the current year to retain membership. 35.2 Any membership application submitted after May 1 may be accepted or refused by the Development committee. 35.3 All applications for membership must be made in writing with the following information: a) The name of the league; b) The discipline; c) The sector of activities and categories; The names, addresses and telephone numbers of the officers; Names of the teams. 35.4 A league should be formed by at least three (3) registered teams. 35.5 An appeal of the decision may be filed in accordance with the terms of the chapter organizational policy. Article 36 AGREEMENT BETWEEN LEAGUE OR TEAMS 36.1 No league and no team cannot enter into a verbal or written agreement that bypass or override any regulation whatsoever of the Federation. 36.2 The Federation does not recognize any verbal or written agreement between the leagues or associations. 36.3 The leagues shall agree to comply with all regulations adopted by the Federation.



Article 37 ETHICS COMMITTEES OF LEAGUES AND COMMISSIONS

37.1 THE LEAGUES

- 37.1.1 Each league shall elect its Ethics Committee following the annual meeting. To be eligible to sit the person must not be a minor, age under the tutorship or curatorship, a bankrupt, a person with a criminal history or a person to whom the court prohibits the exercise of this function.
- 37.1.2 The Ethics Committee of the League shall hear and settle any dispute. Being responsible for any disciplinary action against individual members or groups within its jurisdiction. It also regulates any dispute arises between two members of the league about the technical regulations of the Federation or the rules of the game.

Article 38 INSURANCE

Any league is admitted to the program accident and liability of the Federation, if available. When the program is available, participation is mandatory for all civil networks and all persons wishing to participate in activities sanctioned by the Federation.



TECHNICAL REGULATIONS

TERRITORIES

${\tt TECHNICAL\ REGULATIONS_TERRITORIES}$

Article 39	TERRITORIES
39.1	Territories belong to the Federation. As such, it may grant exclusive territories, modify their limitations and exclusive status.
39.2	The territories of the Federation cover all recognized administrative regions in Quebec. However, the boundaries of recognized administrative regions may be modified by the Federation (e.g.: Lac St. Louis North and Lac St. Louis South).
39.3	Each region can be subdivided into territory based on the number of active associations, the level of development of the discipline, population, remoteness and a variety of other factors.
39.4	The Federation shall ensure the proper development of their disciplines (cheerleading, touch football, flag football and tackle football) in each region and territories in Quebec.
39.5	Definition of open territories:
39.5.1	Territory non-exclusive whose development can be provided by associations operating within the same region.
39.6	Definition of closed territories:
39.6.1	Territory whose development is provided exclusively by an association.
39.7	When a territory is assigned to an association, the territory is considered exclusive to this association; as long as it registers a minimum of one team in two (2) categories of age from Atom to Midget.
	A failure to meet this criterion, the other associations in the region (or regions if no other neighbouring association is present in the region) can recruit in that territory.
39.8	When a junior team plays in a league leading to a national championship, it can recruit players across the province of Quebec. The junior team has no restriction on recruitment across the country for players aged 18 to 22 inclusive.
39.9	No organization can operate a team in more than one region or territory, if such a situation were to arise, one of these teams will become independent in accordance with the list of regions and territories in Annex 1.



TECHNICAL REGULATIONS

OFFICERS OF THE ASSOCIATIONS

TECHNICAL REGULATIONS _ OFFICERS OF THE ASSOCIATIONS

Article 39 **DEFINITIONS**

40.1 Officers of the associations: All persons connected with the association, administration and training of a team member of the Federation.

40.2 Trustees:

- a) Any person who signs the application form for admission of a team or league record form as president, secretary or manager.
- b) Any person who is elected to chair a development committee or a provincial association at their respective annual general meeting.

Article 41 CONDITIONS OF MEMBERSHIP

- 41.1 Any person or group of persons cannot be affiliated with more than one civil football association in any way, be it is financial, organizational or consultative, and at any time, even if the organization work in different territories or different regions.
- As an exception to Article 41.1, the person or group of persons already affiliated may also be affiliated with a charitable non-profit whose main activity is not exclusively dedicated to football (Salvation Army, Lions Club who have football activity in their programming, etc.). Although identified with the charity, it is understood that the person or group of persons shall not allow being involved as an active member of the football program of that organism.

Article 42 RESPONSIBILITIES OF OFFICERS ASSOCIATIONS

- 42.1 Any officer of association agrees to comply with the rules and regulations of the Federation in their present form or amended, as well as its code of ethics.
- 42.2 Any association executive who violates the regulations of the Federation or who manifest conduct detrimental to the sport of tackle football is liable to disciplinary action.

Article 43 PRIVILEGES OF ASSOCIATION'S MEMBERS

- 43.1 Every association's members can act as a referee in games other than the league in which it evolves.
- The privileges of the association's members remain valid until April 30 of the following year.

Article 44 INSURANCE

44.1 All association executives are admitted to the program accident and liability of the Federation, if available. When the program is available, participation is mandatory for all civil networks and all persons wishing to participate in activities sanctioned by the Federation.



TECHNICAL REGULATIONS

THE COACHES

TECHNICAL REGULATIONS _ THE COACHES

DEFINITIONS Article 45 45.1 Coach: Any person registered with the Federation and who works towards the training and the development of a team. **COACH MEMBERSHIP** Article 46 46.1 A coach cannot sign a coach certificate of registration of the Federation with a single association, in order to be eligible to coach a team. A certificate of registration may be signed at any time by a coach during the regular season. 46.2 46.3 Provided that it has signed a certificate of registration, any coach may coach more than one (1) team provided that all these teams are members of the same organization or All-Star teams, or excellence program of the Federation. Also, if a coach can lead a team playing in the spring and another in autumn. Article 47 **CERTIFICATION** 47.1 Any coach having obtained a certification in conformity with Federation standards in accordance with articles 50 and 51 of the Green Book must complete a certification form. RESPONSABILITÉS DES ENTRAÎNEURS Article 48 48.1 Any coach must abide by the chapter of the Code of Ethics of the Federation. Article 49 **COACH'S RIGHTS** 49.1 Any person signing a coach's registration certificate is automatically recognized as a member of the coaches technical committee. 49.2 Any coach can act as a referee in games other than the league where he coaches. 49.3 A member's rights shall remain valid until April 30 of the following year. Article 50 **CERTIFICATION** 50.1 Any person signing a coach registration certificate must pursue continuing training to obtain the level required by the division in accordance with the table of technical accreditation of Article 51 of the Green Book and in the National Coaching Certification Program (NCCP) in force.



- 50.2 Any coach wishes to obtain his NCCP certification must meet the following conditions for each level of competence:
 - a) participate in the technical-theoretical clinic course recognized by Football Quebec (Initiation Community Sport);
 - b) participate in the technical-theoretical clinic course recognized by Football Quebec (Introduction to Competition);
 - c) participate in the formation Safe Contact recognized by Football Quebec (all contexts).
 - d) participate in internships technical program recognized by Football-Québec (Development of Competition);
 - e) attend a theory clinic recognized by Sport Quebec and the Canadian Association of Football Coaches (ACE), Competion Development (C1 to C6);
 - f) obtain a recognized Football Quebec practical accreditation.

Article 51 TABLE OF PREREQUISITES TRAINING OF TRAINERS

COACH VS PLAYERS AGE GROUP	6-11/12 YEARS	12/17 YEARS	17-19/22 YEARS	19-24/25 YEARS	18 YEARS RECREATION & EXTENSIVE LIFE 19 YEARS
HEAD COACH	ISC	IC	DC (CI-A C6)	DC (CI-A C6)	IC
COORDINATOR	ISC	IC	DC (CI-A C6)	DC (CI-A C6)	IC
TOUS *	МН	МН	МН	МН	МН
TOUS *	SF	SF	SF	SF	SF

CSC = Community Sport Coach	P-CC = Position specific portion of the CC
CC = Competition Coach	CD = Competition Development—modules C1 to C6
MH = Making Headway	SF = Safe Contact



Article 52 **EQUIVALENCE**

52.1 As specified in the procedures of the National Coaching Certification Program (NCCP).

Article 53 INSURANCE

All coaches are admitted to the program accident and liability of the Federation, if available. When the program is available, participation is mandatory for all civil networks and all persons wishing to participate in activities sanctioned by the Federation.

Article 54 SUSPENSION

- 54.1 Any coach found responsible for tampering or inappropriate behaviour will be suspended.
- 54.2 As a result of falsifying
- Any coach convicted of falsifying a birth certificate, a certification of registration or a player membership card or had knowledge that such a certificate or membership card has been counterfeited is automatically suspended by the ethics committee from the date of the infraction for a period of at least one (1) year. A more severe suspension may be imposed.
- 54.3 Due to behaviour
- Any coach removed from the field by the referee for any behaviour or attitude detrimental to tackle football, whether before, during or after a game of the Federation shall be automatically suspended for the next scheduled game played by his team.
- If circumstances warrant, the league ethics committee or the commission may suspend any coach for more than one (1) game following the game where the offence occurred.
- If a coach is disqualified or removed from the field by the game officials as a consequence of physical or verbal abuse of any game official, or an a league officer, before, during or after a game, he shall be suspended indefinitely until the Commission ethics Committee reviewed the case and imposes final sanctions. The minimum suspension for such a physical abuse is six (6) games.
- 54.4 Prohibition of disclosure
- A suspended coach cannot contact his team before, during or immediately after the game. Verbal contacts, signs of all kinds, electronic communications of any kind are strictly forbidden.
- 54.4.2 Any breach of these rules will end up as a loss of the game by forfeit.



Article 55 **CONSEQUENCES OF SUSPENSION**55.1 A coach, player-coach or team personnel who is suspended may not participate in any sanctioned activity, including attending league, commission or Federation meetings for the duration of the suspension. 55.2 A suspended coach or player coach already suspended and is suspended again under Article 54 of the *Green Book* must serve its suspension consecutively. 55.3 A player who is a coach in another division other than the one in which he is playing and is suspended shall be automatically suspended from all activities of the Federation until his suspension is completely served. 55.4 Any penalty that is not completely purged during a season will be automatically carried over to the next season.



TECHNICAL REGULATIONS

THE OFFICIALS

TECHNICAL REGULATIONS _ THE OFFICIALS

Article 56 NAMES AND FUNCTIONS OF AN OFFICIAL

The name and function of each game official must be entered on the scoresheet before the start of the game.

The referees, the scorekeeper and the timekeeper must sign the scoresheet immediately after the game.

Article 57 OFFICIAL REGISTRATION CERTIFICATE

- Only officials recognized by the Federation may officiate games sanctioned by the Federation, in accordance with Chapter IV of the Safety Regulations of the Federation.
- 57.2 Any official in his second season must have at least level 1.

Article 58 OFFICIAL BEHAVIOUR

Any official whose behaviour is detrimental to the football must be heard by the commission of its association with a right of appeal to the Federation.

Article 59 INSURANCE

Any official having completed and signed a certificate of officials, who is a member in good standing of the Federation, is admitted to the accident and liability of the Federation, if available. When the program is available, participation is mandatory for all civil networks and all persons wishing to participate in activities sanctioned by the Federation.



SPECIFIC REGULATIONS CIVIL FOOTBALL

SPECIFIC REGULATIONS CIVIL FOOTBALL

Article 60 RULES OF THE GAME

With the exception of the rules in the *Green Book*, the game rules are those approved by the Canadian amateur football association.

60.2 Captains:

- a) Players identified to the officials before the game as spokesmen for the offensive or defensive units of a team are considered team captains;
- b) Each team can have a maximum of six (6) captains;
- c) Only a team captain has the right to ask for an explanation of the regulation, including the choice of options penalties, kickoffs and convert attempts;
- d) Only the team captain can request a measurement or equipment safety check.

Article 61 FIELD

- In the atom and mosquito divisions to 9 players, the minimum approved field is 41 yards (37.5 metres) wide and 110 yards (73 metres) in length, with an end zone of 5 yards (4.75 metres).
- All other categories must play on a size field in accordance with Chapter VI of the Safety Regulations of the Federation
- A place in accordance with Chapter VI of the Safety Regulations of the Federation shall be closed to the field, identified and defined to allow "cheerleaders" to execute their manoeuvers.

Article 62 BALLS

The official footballs used for any federation organized competition must be the Nike Viper footballs. Othgerwise refer to the specific ruling of each league

Article 63 SWEATER NUMBERING FOR 9 MEN FOOTBALL

For the football game with nine (9) players, there is no restriction on sweater numbering. However, the same number cannot be used more than once in a game for players of the same team.

Article 64 SCHEDULE OF GAMES

Each league who participate in any provincial championship in his division recognized by the Federation, shall submit its schedule of games to the Federation before the end of July.



Article 65 **TEAM RANKINGS**

The ranking of teams is as follows:

Match won: 2 points for the winning team

Draw:1 point for each team

Match lost: no points for the losing team

65.2 Any other method of compilation must be approved by the development commission.

Article 66 TIE BREAKING RULES

- 66.1 The winning team is the one with the greatest number of wins during the regular season.
- If the tie remains, the team with the highest record of games (won, lost or null) in the regular season between the tied teams only will be declared the winner.
- 66.3 If the tie remains notwithstanding section 66.2, the team with the highest points record (for and against), in the regular season with games played between the tied teams only will be declared the winner.
- 66.4 If the tie remains notwithstanding section 66.3, the same procedure above will be repeated for the tied teams, using team whichever is the highest ranking.
- lf there are three (3) or more teams tied, the team with the best score (points counted for fewer points scored against) during games between these teams during the regular season determines the positioning.
- 66.6 If a team was eliminated, the procedure referred to in 66.5 should be repeated to determine the second position.
- 66.7 If after applying the procedures mentioned above is still a tie, the decision of the league still prevails and without appeal.

Article 67 **EXHIBITION GAMES**

- In Quebec, any team member must request permission from the league or its development commission, according to the case, to participate in an exhibition or a tournament with one or more other members. When the game or tournament involves non-members and is played outside of Quebec, the sanction must come from the Federation.
- The rules of the Federation apply to all exhibition games or tournament played in Quebec unless requested special dispensation for this event.



Article 68 GAME CANCELLED OR POSTPONED

- The president of the Development Commission or the representative of the league may cancel or reschedule any game under its jurisdiction no later than forty-eight (48) hours prior to a scheduled game.
- 68.2 Only the referee in charge of a game may cancel or end a game already started.

Article 69 LOSE THE GAME BY DEFAULT

69.1 If a team is unable or refuses to play any game of the Federation within thirty (30) minutes after the time scheduled for the start of the game, that team loses the game by default and then the game is won by the non-offending team.

The non-offending team will be awarded a win and will be credited with two (2) points in the standings and brand six (6) to zero (0) in his favour will be included in his compilation of points for and points against his record.

69.2 If a team is unable or refuses to continue any game of the Federation after a period of two (2) minutes imposed by the referee, that team loses the game by default and then the game is won by the non-offending team.

The non-offending team will be awarded a win and will be credited with two (2) points in the standing, the better between points scored for and against in the match not completed or brand six (6) to zero (0) in his favour will be included in his compilation of points for and points against his record.

Any team that loses by default a game of the Federation shall automatically appear before the development committee or the representative of the league, as the case.

Article 70 TIMING OF A GAME

DIVISION	1 ^{rst} QUARTER	2 nd	3 rd	4 th	TOTAL TIME
TYKE	15 minute	15 minutes of continuous time per shift		60 minutes continuous	
ATOM	10 minute	10 minutes regulation time per shift			40 minutes regulation time
MOSQUITO	12 minute	12 minutes regulation time per shift			48 minutes regulation time
PEE WEE	12 minute	12 minutes regulation time per shift			48 minutes regulation time
BANTAM	12 minute	12 minutes regulation time per shift			48 minutes regulation time
MIDGET	12 minute	12 minutes regulation time per shift		48 minutes regulation time	



TIMING:

Timing begins when a player of either team touches the ball within the limits after a kickoff. The timer stops the signal from an official in the following cases:

- 1. A team scores, the clock stops for the attempted transformation.
- 2. The ball goes out of bounds.
- 3. A forward pass is ruled incomplete.
- 4. The referee imposes a penalty.
- 5. Replacement of players occurs.
- 6. A player gets injured.
- 7. At the end of a quarter.
- 8. A first attempt is successful.
- 9. The referee awards a time-out to a team.
- 10. The referee deems if necessary to stop the game.
- 11. After each stoppage within three (3) minutes of a half or in overtime.

The referee whistles to indicate that the ball can be put into play and he signals the start of the timer by moving the arm up and down.

Article 71 SCORESHEET

- 71.1 Only the scoresheet approved by the Federation should be used during games.
- 71.2 The name and surname, along with the number of each player must be registered on the scoresheet before the start of the game. The scoresheet must be signed by the head coach of each team before the start of the game.
- 71.3 The name and position of each official and coach of the game must be listed on the scoresheet before the start of the game. The referee, the scorekeeper and the timekeeper must sign the scoresheet immediately after the game.
- Points counted must be listed on the scoresheet as well as the name and number of the players who scored the points
- 71.5 The name and number of each player ejected from the game by the referee, the nature of the offence and the penalty must be recorded on the scoresheet.
- 71.6 If a player must change his number during the game, the manager must notify the scorekeeper and the manager or head coach of the opposing team.



- 71.7 The home team must submit the original copy of the scoresheet to his league registrar, within twenty-four (24) hours after the game.
- 71.8 To prove the eligibility of all players, in each of the playoff games, the team manager must submit the scoresheets of the regular season of his team

Article 72 PROTEST

- A protest may be lodged when a team member of an association believes they have been the victim of an infraction during the game. The infraction must be caused by a breach of the regulations of the Federation or the competition or the rules of play, or misapplication of regulations or rules of the game, or an irregularity in the organization of a competition.
- Any notice of protest must be reported immediately by a captain to the referee at the time of the incident and be listed on the scoresheet before the game resumes. The referees must stop the game and must go and see the team wishing to file the protest.
- A copy of the protest must be sent by the association in writing or by electronic mail to the President of the Development commission or the representative of the league, not later than twenty-four (24) hours following the incident.
- 72.4 The Development Commission or the League shall render its decision not later than five (5) days of receipt of the protest.
- The authority may accept or refuse the protest. In the latter case, the authority may award the game to the team protesting or order the game to be replayed in its entirety.
- 72.6 Any team may appeal in accordance with Article 87 of the *Green Book*.
- 72.7 Notwithstanding article 72.6 of the *Green Book*, as soon as the playoffs start in a league, the decision of the Development commission is final and without appeal.
- As soon as the playoffs of the inter-league series involve two (2) or more leagues begin or the provincial finals begin the decision of the Ethics Committee of the Federation is final and without appeal.



Article 73 CONDUCT OF PLAYERS AND MEMBERS

- Any player disqualified or members sent off by the referee for any reason either before, during or after a game sanctioned by the Federation is automatically suspended for the next game played by his team.
- A player disqualified during a game or a member may appeal the decision within 72 hours after the game, to the ethics committee of the authority concerned.
- 73.3 If a team player or a team leader is disqualified or removed from the field by a referee for assault or abuse of a game referee, he is suspended indefinitely as long as the ethics committee of the league or commission has not reviewed the case and imposed final sanctions. The minimum suspension is three (3) games.
- Any member of the Federation who violates the rules and regulations of the Federation or who manifest conduct detrimental to the sport of football is liable to disciplinary (ies) measure(s). The severity of the disciplinary measure imposed by either the Federation or any of its collective members must be proportionate to the gravity of the offence.

Article 74 APPEALS

- 74.1 The appeal is made in accordance with the procedure implemented by each of the appropriate authorities.
- An amount of \$50. must accompany the appeal. The league must make a decision within 48 hours of receipt of the request. The \$50. deposit will be refunded if the appeal is accepted.
 - Remarque: A copy of the notice of appeal must be sent to the Development Committee concerned.
- 74.3 The appropriate authority shall make a decision within 48 hours of receipt of the request.
- 74.4 If circumstances warrant, the decision of the league can be modified by the ethics commission of the board. The decision of the commission may be appealed to the ethics commission of the Federation.
- 74.5 The competent ethics committee shall send its decision to the person or team suspended, to the league and the registrar of the league and the Federation by registered mail within five (5) days following the time of the incident.

Article 75 CHAMPIONSHIP AWARDS

- 75.1 Trophies and other sporting merits awarded annually for a provincial championship of a division are the property of the Federation.
- Any association that receives a trophy is fully responsible as long as she did not return it to the Federation. Trophies must be returned to the headquarters of the Federation before the start of the season.



Article 76

76.1

CHAMPIONSHIP

Championship civil football is called "Ballon d'Argent."

76.2	Development commissions recognized for its	s provincial championship the following:
	■ Senior	Pee Wee (12 players)
	 Junior 	■ Mosquito (12 players)
	Midget	Atom (9 players)
	Bantam (12 players)	
76.3	The preliminary schedule of games is determ	ined by a random drawing among the qualified teams.
76.4	The board of directors may decide to add or	cancel any championship.
76.5	Any league participating in activities sancti commission.	oned by the Federation must be a member of its development
Article 77	CHAMPIONSHIP REPRESENTATION	
77.1		own to the meeting of the Board of Directors of the Federation in needs to be represented in provincial championship.
Article 78	ELIGIBILITY LEAGUE CHAMPIONSHIP	
78.1	To prove the eligibility of all players in each of of the regular season of his team.	the playoff games, the team manager must submit the scoresheets
78.2		of a development commission, only league members are allowed. of only one league, each league can delegate one team.
78.3	_	nd the Federation, before the start of the regular season, ways omply with the regulations of the Federation.
78.3.1		ship in its classification according to the regular season. A team d and cannot aspire to another championship.
78.3.2	Each league must involve its four (4) best ran more if desired.	nked teams for the provincial championship. However, it can send
78.3.3		egate teams not participating in the playoffs leading to the provintes Cup (category atoms, mosquitoes and pee wee), President



Article 79 PROCEDURES AND RULES OF GAMES AT THE PROVINCIAL CHAMPIONSHIPS

- 79.1 All categories of teams must adhere to the following procedures:
 - a) Participating teams must present sixty (60) minutes before the start of the games.
 - b) Teams must report to the room allocated to them by the Federation.
 - c) The manager of each team must present its team's file to the registrar and its team registration certificates.
 - d) Each player must appear before the registrar for verification of his picture on the registration certificate.
 - e) The team manager must check the alignment of its players on the official scoresheet and return it to the marker at least thirty (30) minutes before the game.
 - f) Teams must carefully follow the instructions of the Federation during ceremonies and must have a dignified and positive attitude during the course.
 - g) The limit of age and weight at the provincial championships are those provided for in articles 22 and 23 of the *Green Book*.
 - h) The game is played on a field the size prescribed in article 61 of the *Green Book*.
 - i) The official ball is that provided for in article 62 of the *Green Book*.
 - j) The numbering of jerseys is that provided for in article 63 of the *Green Book*.
 - k) The maximum number of players is that provided for in article 15 of the *Green Book*.
 - 1) The duration of a game is that provided for in article 70 of the *Green Book*.
- Any derogation from any of the above procedures may result in a sanction imposed by the ethics committee of the Federation against the offending team.
- 79.3 Any decision of the Ethics Committee is final.
- 79.4 All categories of teams must comply with the following rules:
 - a) When two (2) teams have the same colour jersey, the team identified as being the recipient must change jerseys unless the other team agrees to do so in its place.
 - b) When enabled, communicate devices with players must be consistent with those described in the Safety Regulations of the Federation.
 - c) The game rules specific to each category in accordance with article 81 of the *Green Book* are in effect at the provincial championships.
 - d) Where categories have weight limits, each player must be weighed before the registrar of the commission to be eligible to play.



Article 80 PROVINCIAL CHAMPIONSHIP

- Participants in the provincial championship of a development commission are determined by the number of leagues members of the commission, namely:
 - 1 league: League provides two finalists.
 - 2 leagues: The champions of each league compete for the provincial final.
 - 3 leagues: a draw is made to determine the league automatically accede to the provincial finals (bye), while the other two leagues compete during the semifinal inter-league.
 - 4 leagues: Leagues compete in the semifinals inter-league and winning two leagues participate in the provincial final.
 - 5 leagues: Both league division with the fewest teams compete in the quarterfinals inter-league. The league winner and the three (3) other leagues compete in the semifinals inter-league and the two winners participate in the provincial final.
 - 6 leagues: the two leagues of this division with most teams have direct access to (bye). The other 4 will compete in the quarterfinals inter-league. The two winners and the two leagues by competing in the semi-final inter-league and the two winners participate in the provincial final.
- 80.2 The draw
- For all inter-league games and championships, the commissioner will conduct a draw to determine which team will be hosting and which one will be visiting.
- When there is multiple draw for direct access (bye), the winning league with direct access withdrew from the draws of other commissions as appropriate. Once each league won the processes, another random draw takes place.

Article 81 RULES OF PLAY INTER-LEAGUE GAMES AND CHAMPIONSHIPS

81.1 TYKE CATEGORY

- 1. Players aged 5 years (December 31) to 7 years (December 31).
- 2. 9 players per team
- 3. No weight limit
- 4. Field 41 yards x 80 yards—zone goals 5 yards (110 yards allowed).
- 5. Spalding Ball
- 6. 4 downs



- 7. Neutral zone on the yard to the line of scrimmage, according to the rules of Canadian football.
- 8. No statistics
- 9. No scoresheet
- 10. Each league has the choice between using the official referees to conduct the arbitration or by a coach of each team.
- 11. All penalties are 5 yards.
- 12. No tackle.
- 13. Only the blocks above the waist are permitted.
- 14. No block in the legs is permitted.
- 15. After a second offence, the offending player is sent to the bench for three (3) plays.
- 16. Two halves of thirty (30) minutes.
- 17. The teams change ends at half-time only.
- 18. Half-time is ten (10) minutes.
- 19. Each player shall wear equipment in conformity, along with a mouth guard.
- 20. Each player must have two (2) flags in vinyl.
- 21. Each team must have two (2) sets of flags: red and yellow.
- 22. The game is stopped when a player from the team "B" managed to remove a flag from the ball carrier's team "A."
- 23. All players in the backfield can play only half at their position.
- 24. The entire backfield or all players who are not on the offensive line should be changed at half-time.
- 25. Coaches must stay away of players five (5) seconds before the start of the play.
- 26. From the beginning of the play, coaches can no longer influence the players.
- 27. Maximum of two (2) coaches per team on the field:
 - Offensive backfield
 - Offensive line
 - Defensive backfield
 - Defensive line
- 28. Rule as the forward pass as for categories Atom to Bantam.
- 29. If a team does not make a pass to one of the first three (3) downs, it will perform a punt.
- 30. All players of the two (2) teams are on the field during a punt.
- 31. It is forbidden to put pressure on the kicker



- 32. The play begins with the kicker with the ball already in his hands. It kicks the ball when it is ready. As soon as the ball touches the ground, the play is stopped and the defensive team gets the ball.
- 33. The kickoff must travel ten (10) yards. If the ball does not cross the required distance, the game is stopped.
- 34. The kicking team cannot take the ball. The team that receives the kickoff automatically takes possession of the ball.
- 35. Kickoff is done in line 35 of the kicking team, or five (5) yards from the centre of the field (80 yards). If the field has a length of 110 yards, kickoff is done in line 45 of the kicking team, or ten (10) yards from the centre of the field
- 36. Only touch downs count. There is no converted.
- 37. The rule of "no blitz": The defensive team cannot perform blitz (pressure on the quarterback) to allow the offensive play to develop.

81.2 **ATOM CATEGORY**

81.2.1 ATOM CATEGORY — DIVISION A

- 1. The 7 and 9 years old (December 31).
- 2. The game is played in four (4) downs
- 3. A pass or kick must be attempted in one of three (3) first downs.
 - a) When the pass is not attempted, there is a penalty for an illegal procedure (loss of down and five [5] yards).
 - b) The defensive team has the option to either accept the penalty or the new neutral of the ball on the play.
- 4. A pass is defined as a motion over the shoulder, the height of the head, while the ball should be thrown forward
- 5. A pass knockdown voluntarily to the ground by the offensive team does not count as a pass attempt.
- 6. There is a yard separating the line of scrimmage.
- 7. In football at 9 players, a minimum of five (5) offensive players must be in position on the line of scrimmage during the faceoff. The two (2) players at the end of the line are considered as eligible receivers.
- 8. Red zone 15 yards IN and OUT (if the beginning of a series of down is within 15 yards of one of the two-goal areas, the offensive team does not have to attempt a pass.
- 9. To promote converted after a touchdown, two [2] points are awarded for a successful kick and one [1] point for a successful converted by the pass or the run. For the two [2] points, three [3] players must be clearly identified, the snapper, the pinner who must be at least four [4] yards of the line of scrimmage, and the kicker. Three [3] players who try the convert [punt] go on the field and the other players will retire from the field.



10. Punt

- 10.1 When the offensive team wants to make a punt, it may:
 - a) Perform a punt as normal, regardless of its position on the field;
 - b) Perform a free kick.
- 10.2 The referee stops the time when the offensive team has announced that it will conduct a free kick, until change of possession.
- 10.3 The line of scrimmage must be in the defensive zone of the team that kicked
- 10.4 The kicking team sends two [2] players only, the one who will snap and the kicker is placed at least 5 yards from the line of scrimmage. When the transfer is bad, the kicker receives the ball or recovers and makes a punt.
- 10.5 In no time the two players who emerge may not exceed the line of scrimmage
- 10.6 The defensive team sends only one player, the role of the player is assured the best possible position to his team recovering the ball. At no time defensive player may cross the line of scrimmage to put pressure on the kicker.
- 10.7 The other players must withdraw from the field when there is a punt.
- 10.8 The play is dead when:
- a) The defensive player catches the ball [no return];
- b) The ball came to rest after the kick;
- c) The ball bounces toward the team that has just released [bad bounce of the ball or after contact with the defensive player]
- d) The ball goes out of bounds

81.2.2 ATOM CATEGORY - DIVISION B

- 1. The 6 and 8 years old [December 31].
- 2. The game is played in four [4] downs
- 3. A pass or kick must be attempted in one of three [3] first downs.
 - a) When the pass is not attempted, there is a penalty for an illegal procedure (loss of down and five [5] yards).
 - b) The defensive team has the option to either accept the penalty or the new neutral of the ball on the play.



- 4. A pass is defined as a motion over the shoulder, the height of the head, while the ball should be thrown forward.
- 5. A pass knockdown voluntarily to the ground by the offensive team does not count as a pass attempt.
- 6. There is a yard separating the line of scrimmage.
- 7. In the football at 9 players, a minimum of five (5) offensive players must be in position on the line of scrimmage during the faceoff. The two (2) players at the end of the line are considered as eligible receivers.
- 8. Red zone 15 yards IN and OUT (if the beginning of a series of down is within 15 yards of one of the two-goal areas, the offensive team does not have to attempt a pass.
- 9. No tacking.

81.3 MOSQUITO CATEGORY

- 1. Division A The 10 and 11 years old [December 31st].
 - Division B The 9 and 10 years old [December 31st]
- 2. The game is played in four [4] downs.
- 3. A pass or kick must be attempted in one of three [3] first downs.
 - a) When the pass is not attempted, there is a penalty for an illegal procedure [loss of down and five [5] yards].
 - b) The defensive team has the option to either accept the penalty or the new neutral of the ball on the play.
- 4. A pass is defined as a motion over the shoulder, the height of the head, while the ball should be facing forward.
- 5. A pass knockdown voluntarily to the ground by the offensive team does not count as an attempt to pass.
- 6. There is no yard separating the line of scrimmage.
- 7. Red zone 15 yards IN and OUT [if the beginning of a series of down is within 15 yards of one of the two-goal areas, the offensive team does not have to attempt a pass].
- 8. To promote converted after a touchdown, two [2] points are awarded for a successful kick and one [1] point for a successful converted by the pass or the run.



81.4 **PEE WEE AND BANTAM CATEGORIES**

1. Division A The 16 years and 17 years old (December 31st).

Division B The 15 years, 16 years and 17 years old (December 31st).

- 2. The game is played in four (4) downs.
- 3. There is no yard separating the line of scrimmage.
- 4. One (1) point is awarded for a convert (punt) and two (2) points for a converted successfully by pass or run.

81.5 MIDGET CATEGORY

1. Division A The 16 years and 17 years old (December 31st).

Division B The 15 years, 16 years and 17 years old (December 31st).

- 2. The game is played in four (4) downs.
- 3. There is no yard separating the line of scrimmage.
- 4. One (1) point is awarded for a convert (punt) and two (2) points for a converted successfully by pass or run



WAIVER AND AMENDMENTS TO THE GREEN BOOK

WAIVER AND AMENDMENTS TO THE GREEN BOOK

Article 82 WAIVER AND AMENDMENTS TO THE GREEN BOOK

- When applying one or more rules of the Federation is against the smooth running of a league or development commission, his representative may apply to the Board of Directors of the Federation to obtain permission to waive the relevant regulations.
- The request must be made by the representative concerned and approved by the Board of Directors of the Federation before July 31 of the current year.
- When it is granted, the permission is valid for the current season.

However, if permission is not granted to the participating teams to provincial championships, the original regulations of the Federation are in force.

82.4 The exemption automatically terminates November 30 of the current year.

Article 83 MODIFICATION TO THE GREEN BOOK

The Green Book may be amended between January 1 and March 31, preceding the Commissions Annual Assembly.

83.2 AMENDMENTS TO THE ORGANIZATIONAL POLICY

Any member may submit a change request to the Federation as scheduled by each jurisdiction.

- March 31 : Submission of applications for amendment;
- June : Submission to the Board for decision.
- 83.3 At the annual meeting of the commissions, a vote must be taken on the proposed amendments to the *Green Book* and delegates shall vote according to the decisions taken at the meeting and not according to their personal choices.

83.4 ADOPTION OF PROPOSALS

Proposals to the commission are adopted by an absolute majority (50% +1) except in the following cases requiring a majority of two thirds of vote:

- a) Amendment to Chapter Organizational Policy;
- b) Any regulation affecting more than one discipline (e.g.: insurance).



83.5 COMPILATION OF VOTES

The votes for the proposed amendments to the *Green Book* are to be compiled by the Presidents of the Commissions of Civil Associations, members of the board of directors, who are: Atom, Mosquito, Pee Wee, Bantam and Midget.

83.6 PROPOSAL FOR A REGULATION

A proposal defeated at the annual general meeting of the commission may be reintroduced after a period of 24 months.



ORGANIZATIONAL POLICY

ETHICS COMMITTEE

ORGANIZATIONAL POLICY_ETHICS COMMITTEE

Article 84	ETHICS COMMITTEE OF THE FEDERATION
84.1	The ethics committee is chaired by a member of the litigation RLQ and is assisted by members from each of the disciplines of football. A case may not be heard by representatives of the same discipline.
84.2	At the first meeting following the Annual General Meeting, the Board of Directors as the ethic committee to be composed of 3 persons from the same discipline. The President of the Ethics Committee is appointed at the annual general meeting and other members shall be appointed as needed. To be eligible to sit the person must not be a minor, age under the tutorship or curatorship, a bankrupt, a person with a criminal record or a person to whom the court prohibits the exercise of this function.
84.3	Mandate of the ethics committee
84.3.1	The ethics committee of the Federation rules any dispute or misconduct involving member or development commissions of provincial associations, or development commission and an association about technical regulations of the Federation or the rule of play.
84.3.2	The ethics committee may hear any case in the first instance that the league, the commission or the Federation asked to address. It may also hear any case where the Federation is of the view that a file has not been processed within a reasonable time by the league or commission.
84.3.3	The ethics committee of the Federation has the power to dispose of an appeal based on logic, merit or validity of the request and, although there has been no violation of the provisions of the <i>Green Book</i> from the applicant or association.
84.3.4	The Ethics Committee hears all appeals filed by an association pursuant to a decision of a commission.
84.3.5	The Ethics Committee shall hear a minor involved in a disciplinary action or appeal, under penalty of nullity, only when accompanied by the holder of parental authority or a person authorized by the later or a legal counsel.
84.3.6	At any meeting of the Ethics Committee, the accused person or the person lodging an appeal has the right to be present during all interrogations. This person also has the right to hear all the evidence and the right to see all evidence that it is deposited in order to be able to present the best case possible.
Article 85	ETHICS COMMITTEE OF LEAGUES AND COMMISSIONS
85.1	Leagues
85.1.1	Each league shall elect its Ethics Committee following the annual meeting. To be eligible to sit, the person must not be a minor, age under the tutorship or curatorship, a bankrupt, a person with a criminal record or a person to whom the court prohibit the exercise of this function.
85.1.2	The Ethics Committee of the League shall hear and determine any dispute being responsible for disciplinary action against individual members or groups within its jurisdiction. It also regulates any dispute arises between two members of the league about the technical regulations of the Federation or the rules of the game.



85.2 Commissions

- At the annual general meeting of each commission and following the election of new directors, the members present shall appoint the members of the ethics committee of the commission which shall consist of one (1) new director and two (2) members in good standing of the commission or ordinary members. To be eligible to sit, the person must not be a minor, age under the tutorship or curatorship, a bankrupt, a person with a criminal record or a person to whom the court prohibits the exercise of this function.
- 85.2.2 The Ethics Committee of the Commission shall hear and determine any dispute being responsible for disciplinary action against individual members or groups within its jurisdiction. It also regulates any dispute arises between two members of his commission about the technical regulations of the Federation or the rules of the game.
- All decisions of ethics committees should be based on the rules. If one of the rules requires an interpretation of the regulations, it must be based on the operation of the leagues involved. The Ethics Committee shall apply this interpretation and make sure to always have the same interpretation thereafter, subject to the leagues or commissions submit their internal regulations and specific ethics commission.

Article 86 ETHICS COMMITTEE MEETING OF THE FEDERATION AND FFAQ QUEBEC STUDENT OR SPORT

- In accordance with Article 3.5 of the protocol between the Federation of Football Amateur of Quebec and the Quebec Federation of Sport Student, the committee consists of two (2) representatives from each party.
- Representatives must be identified no later than June 30 of each year.
- 86.3 Complaints to the ethics committee must be heard within two (2) weeks from the date of filing.

Article 87 RIGHT OF APPEAL

- Any member dissatisfied with the decisions of the authorities provided for in regulations and mechanisms must exhaust remedies under those regulations before initiating court proceedings.
- Anyone who disagrees with a decision, sanction or penalty may file an appeal as long as the decision, sanction or penalty is not declared final under the laws of the Federation. However, an appeal does not stay the decision, sanction or penalty.
- When the disagreement concerns a team or association, the right of appeal rests solely with the President of the association
- 87.4 When ethics committee is not determined, the office of the commission hears the appeals.
- The league hears the call from his team following the decisions taken by the Ethics Committee in accordance with article 85.1.2 of the *Green Book*.



- The Board shall hear the appeal decision made by the league or its ethics committee and the decision taken under article 85.2.2 of the *Green Book* or any other non-decision under this regulation.
- 87.7 The Federation intends to appeal any decision made by the commission or by the ethics committee and any decision taken pursuant to article 86.3 of the *Green Book*.
- 87.8 The Federation intends to appeal the decision, sanction or penalty taken during the playoffs.
- 87.9 The Board of Directors of the Federation intends to appeal any decision made by the Governance committee.
- Appeals to the Federation at all levels of authority should be sent by registered mail or by email within thirty (30) days of the incident or knowledge of the sanction, and must be accompanied by a deposit according to the following sanction.
 - \$100 for the call to the Governance Committee decision of an association for the release of a player;
 - b) \$100 for any appeal to the Governance Committee;
 - c) \$200 for each call to the Ethics Committee;
 - d) \$200 for any appeal to the Board.
- 87.11 If an association refuses a request to release a player and a hearing before the Governance Committee is convened, the presence of the association is mandatory.
- Where a decision, sanction or penalty has an impact on a team that participates in playoff games, the time for appeal are set at seventy-two (72) hours following the end of the game or the decision, sanction or penalty occurred.
- 87.13 The notice of appeal must include a summary of the facts in dispute and the reasons for its appeal.
- All decisions copies must be sent to the President of the Federation by fax or email within twenty-four (24) hours.
- The committee responsible for the hearing of the appeal is also responsible for the appeal. However, it must give notice to the parties of the date of the hearing and the opportunity they have to be heard, otherwise the decision is void.
- The notice must be received at least five (5) days before the hearing date unless you have obtained the express consent of the parties.
- 87.17 The committee responsible for hearing the appeal shall render its decision no later than ten (10) days after hearing the parties, unless a decision has implications for the playoffs, where in this case it must be made within twenty-four (24) hours of its receipt. Where an investigation is required, the period is seventy-two (72) hours.



- Unless the committee responsible for hearing the appeal gives notice to the contrary, when a decision is made in favour of the plaintiff, committees repay the costs incurred by the latter. The association or member must then pay the fees that were charged at the latest within 60 days. At the expiration of this period, the association or the member at fault loses its status and privileges within the Federation.
- 87.19 If the association or the member is absent at the hearing, the Committee proceeded to consider the case despite the absence. However, the association or the member must pay a fine of \$500., regardless of the committee's decision. In addition, any notice of cancellation of postponement request must be received at least 48 working hours before the hearing date.
- Any minor involved in the appeal will be heard in the company of the holder of parental authority or a person authorized by the latter or a legal adviser, under penalty or nullity.
- At any meeting of the Ethics Committee, the accused person or the person lodging an appeal has the right to be present during all interrogations to hear all the testimony or evidence are presented. This is to allow him to present the best case possible.

Article 88 SAFETY REGULATIONS OF THE FEDERATION

88.1 The safety regulations of the Federation are the official reference regarding standards and safety responsibilities.



CHAPTER 5

ORGANIZATIONAL POLICY

GOVERNANCE COMMITTEE

CHAPTER 5

committee.

meeting of the Governance Committee

TERMS OF GOVERNANCE COMMITTEE

90.3

91.1

Article 91

ORGANIZATIONAL POLICY_GOVERNANCE COMMITTEE

Article 89	GOVERNANCE COMMITTEE						
89.1	The Governance Committee is an integral part of the chapter of the organizational policy and reports to the Board of Directors.						
89.2	Administrative Regions						
	The 22 administrative regions recognized within the	Federation are as follows:					
	1. Abitibi-Témiscamingue (ABT)	12. Bourassa (BOU)					
	2. Est-du-Québec (EDQ-BSL)	13. Lac-Saint-Louis Nord (LSLN)					
	3. Est-du-Québec (EDQ-GIM)	14. Lac-Saint-Louis Sud (LSLS)					
	4. Centre du Québec (CDQ)	15. Quartiers de Montréal (MON)					
	5. Chaudière-Appalaches (CHA)	16. Rive Sud (RIS)					
	6. Côte-Nord (CTN)	17. Richelieu-Yamaska (RIY)					
	7. Estrie (EST)	18. Saguenay-Lac-Saint-Jean (SLJ)					
	8. Lanaudière (LAN)	19. Sud-Ouest (SUO)					
	9. Laurentides (LAU)	20. Outaouais (OUT)					
	10. Laval (LAV)	21. Québec Centre (QUE)					
	11. Mauricie (MAU)	22. Nunavut (NUN)					
Article 90	COMPOSITION OF THE GOVERNANCE COMMITTEE						
90.1	· · · · · · · · · · · · · · · · · · ·	ttee of the Federation, composed of three (3) members and a fourth member selected by the executive committee					
90.2	No member of the Executive Committee of the Fede	eration or his representative may serve on the Governance					

The members of the Governance Committee have a term of two (2) years.

The Executive Director or the President of the Federation can act as technical advisers non-voting at any



Article 92 **POWERS OF THE GOVERNANCE COMMITTEE** 92.1 Develop, recommend to the Board of the Federation for adoption and enforce standards attribution regions and territories. 92.2 Develop, recommend to the Board of the Federation for adoption and enforce criteria for developing regions and territories. 92.3 Develop, recommend to the Board of the Federation for adoption and enforce penalties for breaches of regulations regarding territories. 92.4 Develop, recommend to the Board of the Federation for adoption and enforce procedures for the review of applications for the establishment or modification territories. 92.5 Review and make decision on applications which are routed through existing or new associations for the establishment of new areas or changes in existing territories.

Article 93 **GUIDE PRINCIPLES**

- 93.1 The Governance Committee will consider applications based on the following guiding principles:
 - a) Respect the historical development of existing associations.
 - b) Have a bias vis-à-vis the traditional associations and ways of its own.
 - c) Do not take part on their development model over another (e.g.: Elite vs Participation).

Article 94 APPEAL PROCESS

94.1 Any decision made by the Governance Committee may be appealed to the Board of Directors of the Federation.



CHAPTER 6

THE AMATEUR FOOTBALL FEDERATION OF QUEBEC THE CODE OF ETHICS

CHAPTER 6

THE AMATEUR FOOTBALL FEDERATION OF QUEBEC _ THE CODE OF ETHICS

THE AMATEUR FOOTBALL FEDERATION OF QUEBEC

THE CODE OF ETHICS

- The principles of fair play
- Code of ethics for coach
- Code of ethics for officials
- Code of ethics for players
- Code of ethics for parents
- Penalties in case of a breach of the code of ethics
- « This does not eliminate the sources of pleasure, but rather justifies it in a broader context in order to avoid further abuse. To achieve these objectives, the principles of Fair Play and codes of ethics that we adopt are intended to promote a balance between freedoms and responsibilities of one and all. »

A - THE PRINCIPLES OF FAIR PLAY

The Amateur Football Federation of Quebec supports the principles of Fair Play as advocated by the Canadian Amateur Football. These principles are:

- Compliance with the rules
- Respect for coaches and officials and their decisions
- Respect for opponents
- Giving every player an equal chance
- Maintain self-control at all times.

By promoting these principles in word and deed, we will improve everybody's football experience.



B - CODE OF ETHICS FOR COACH

I am a football coach and in my involvement and my behaviours, I am an ambassador for Football in Quebec, to the general public and especially to my players. I support and promote the principle of Fair Play.

- 1. I am aware of the tremendous influence I exert on my players.
- 2. I recognize that the welfare of my players is the main element when I make any decision.
- 3. I watch at all times the physical safety of my players and ensure that they carry the football in a safe environment.
- 4. I understand the particularities and differences of each of my players and I see their respective consequences.
- 5. I make sure to establish a healthy environment for playing football and do not tolerate abusive language or authorities by or against my players.
- 6. I am courteous and respectful to my colleagues, supporters and officials.
- 7. I make sure that the player develops smoothly and that his choices reflect his abilities.
- 8. I ensure that the football players practise the values of Fair Play and mutual respect.
- 9. Never tolerate any form of cheating.
- 10. I know from the outset the rules that allow all my players a fair participation during training sessions or matches.
- 11. I value participation and effort as much as performance and achievement.
- 12. I constantly develop and instruct myself to give my players high quality coaching.
- 13. I know the rules of the game of football and inform myself regularly on its developments
- 14. I promote solidarity with all my players and with directors and other members of my organization.
- 15. I enact the early rules of good conduct and therefore constantly supervise the conduct of all members.
- 16. I favour self-transcendence, the desire to learn and I encourage social commitment of my players.
- 17. I value the work of officials and demand, without compromise, everyone's respect towards them.
- 18. When necessary, I will accept any constructive criticism of officiating using communication channels provided for this purpose.
- 19. I am opposed to any form of physical or verbal violence or abuse in football.
- 20. I never sacrifice safety or well-being of my players for the benefit of my own prestige or my personal glory.
- 21. I respect the written and unwritten rules of football created to protect my players and ensure the smooth conduct of the parties.



- 22. I will never deliberately break the rules.
- 23. I will not teach my players to behave intentionally in a manner contrary to the Fair Play or abusing an opponent unfairly.
- 24. The health of my players is a priority, so I will ensure that any injured player receives the necessary treatment without delay.
- 25. I ensure that guidelines and recommendations from the doctor or therapist in charge are followed exactly and without compromise
- 26. I understand that the diagnosis and care of injuries are in no way my responsibility but are the responsibility of competent persons.
- 27. I know my responsibilities in this matter and never promote doping to my players.
- 28. I remain vigilant to intervene in situations which I consider a player violates the rules against doping.
- 29. I do not condone the use of prohibited substances and methods listed banned from the World Agency (WADA) and the CCES.
- 30. I promote health eating and will not tolerate the loss of weight except under the supervision of a medical authority competent.
- 31. I do not let the future of a player be compromised by waiving the rules of eligibility.
- 32. I demand nothing that could stop my players from doing well in their studies.
- 33. I strictly follow all the rules laid down on the recruitment of players.
- 34. I will not recruit any player already enrolled in a concurrent program.
- 35. I recruit stating honestly and frankly all the benefits my organization offers. I will not bring my competitors down in the eyes of players that I recruited.
- 36. I will not recruit a player if I know that I cannot keep my promises to him.

C - CODE OF ETHICS FOR OFFICIALS

I am a football official and in my application and my behaviour, I am an ambassador for football in Quebec, to the general public and players in particular. I support and promote the principle of Fair Play.

- 1. I know and apply the rules of the game of football with fairness and respect.
- 2. I take the time to explain the rules for young players during the games.
- 3. I can handle the game, taking into account the skill level and age of players.
- 4. I understand that my attitude and my behaviour must command the respect of fans and attract the support of players and coaches.



- 5. I watch safety as much as fun in play.
- 6. I convey the importance of always being in good physical condition.
- 7. I work with coaches in order to establish a climate conducive to the smooth running of the game.
- 8. I condemn cheating uncompromisingly and consider dangerous games as contrary to Fair Play.
- 9. I will not tolerate any form of violence and punish violations promptly.
- 10. I maintain a high level of concentration throughout the game.
- 11. I put the necessary effort to be steady and consistent for the duration of the game.
- 12. I answer calmly, politely and courteously any requests for explanations submitted by players and coaches.
- 13. I constantly work to improve myself and share my knowledge and my skills with other officials.
- 14. I am modest in the expression of my authority with the players.
- 15. In case of errors, I continue my work with calmness and serenity

D - CODE OF ETHICS FOR PLAYERS

I am a football official and in my involvement and my behaviour, I am an ambassador for football in Quebec, to the general public and especially my parents I support and promote the principle of Fair Play.

- 1. I represent my team and my sport as much on the field as off the field.
- 2. I respect my sport and the written and unwritten rules that govern it.
- 3. The good of my team comes before my own needs.
- 4. I accept the decisions of the officials and my coaches.
- 5. I always keep my composure and assume full responsibility for my actions.
- 6. I respect my coaches and conscientiously follow their guidelines.
- 7. I am aware that football is a game and not a fight.
- 8. I respect my opponent as much as my teammates.
- 9. I proudly wear the colours of my team and I respect the equipment it lends me,
- 10. I refuse for myself nor will I tolerate among my teammates the use of drugs, medicines or any stimulants in order to improve performance.



E - CODE OF ETHICS FOR PARENTS

I am the parent of a football player and by my involvement and my behaviour, I am an ambassador for football in Quebec, to the general public and especially to my children. I support and promote the principle of Fair Play.

- 1. I understand that football has a great potential as a contribution to health and balance and personal development.
- 2. I recognize that the well-being and development of my child is a priority situated well beyond performance and sporting victory.
- 3. I understand that my child plays football for his pleasure and not for mine.
- 4. I see victory as one of the pleasures of sport, diminishes defeat and I recognize mistakes as part of learning.
- 5. I encourage the effort as much as the outcome.
- 6. I respect the coaches and officials in their work.
- 7. I understand the difficult task of officials and accept their decisions.
- 8. I will recognize the good performance of my child as well as that of the other competitors.
- 9. I accept the limits of my child and I do not have ambition for him.
- 10. I try to learn the rules of football to prevent ignorance but this will not cause me to challenge the decisions of coaches and officials.
- 11. I do not see children as miniature adult sport athletes.
- 12. I teach my child the values of respect, discipline, effort and loyalty.
- 13. I do not condone or encourage physical or psychological violence.
- 14. I encourage my child to develop his skills and sportsmanship.

F- PENALTIES IN CASE OF A BREACH OF THE CODE OF ETHICS

- 1. Verbal warning
- 2. Written warning.
- 3. Complaint before the competent committee (club, league, commission, federation)
- 4. Reprimand
- 5. Suspension for a period to be determined by the appropriate committee (club, league, committee, federation)
- 6. Expulsion in case of recidivism.



ANNEX

TACKLE FOOTBALL GREEN BOOK DIRECTORY OF MUNICIPALITIES AND TERRITORIES



16	erritories	- 100	tball Quebec -	- Green Book	
CITY	REGION	URLS	ASSOCIATIONS	COMMENTS	MRC
ABITIBI-TÉMISCAMINGUE	ABT				
Amos	ABT	ABT	Open	Open territory	Abitibi
Angliers	ABT	ABT	Open	Open territory	Témiscamingue
Arntfield	ABT	ABT	Open	Open territory	Rouyn-Noranda
Authier	ABT	ABT	Open	Open territory	Abitibi-Ouest
Authier-Nord	ABT	ABT	Open	Open territory	Abitibi-Ouest
Barraute	ABT	ABT	Open	Open territory	Abitibi
Bearn	ABT	ABT	Open	Open territory	Témiscamingue
Beaudry	ABT	ABT	Open	Open territory	Rouyn-Noranda
Belcourt	ABT	ABT	Open	Open territory	Vallée-de-l'Or
Bellecombe	ABT	ABT	Open	Open territory	Rouyn-Noranda
Belleterre	ABT	ABT	Open	Open territory	Témiscamingue
Berry	ABT	ABT	Open	Open territory	Abitibi
Champneuf	ABT	ABT	Open	Open territory	Abitibi
Chazel	ABT	ABT	Open	Open territory	Abitibi-Ouest
Clermont	ABT	ABT	Open	Open territory	Abitibi-Ouest
Clerval	ABT	ABT	Open	Open territory	Abitibi-Ouest
Clombourg	ABT	ABT	Open	Open territory	Abitibi-Ouest
Cloutier	ABT	ABT	Open	Open territory	Rouyn-Noranda
Duhamel-Ouest	ABT	ABT	Open	Open territory	Témiscamingue
Duparquet	ABT	ABT	Open	Open territory	Abitibi-Ouest
Dupuy	ABT	ABT	Open	Open territory	Abitibi-Ouest
Fugèreville	ABT	ABT	Open	Open territory	Témiscamingue
Gallichan	ABT	ABT	Open	Open territory	Abitibi-Ouest
Grand-Lac-Victoria	ABT	ABT	Open	Open territory	Vallée-de-l'Or
Guérin	ABT	ABT	Open	Open territory	Témiscamingue
Kipawa	ABT	ABT	Open	Open territory	Témiscamingue
La Corne	ABT	ABT	Open	Open territory	Abitibi
La Morandière	ABT	ABT	Open	Open territory	Abitibi
La Motte	ABT	ABT	Open	Open territory	Abitibi
La Reine	ABT	ABT	Open	Open territory	Abitibi-Ouest
La Sarre	ABT	ABT	Open	Open territory	Abitibi-Ouest
Lac-Simon	ABT	ABT	Open	Open territory	Vallée-de-l'Or
Laforce	ABT	ABT	Open	Open territory	Témiscamingue
Landrienne	ABT	ABT	Open	Open territory	Abitibi
Latulipe-et-Gaboury	ABT	ABT	Open	Open territory	Témiscamingue
Launay	ABT	ABT	Open	Open territory	Abitibi
Laverlochère	ABT	ABT	Open	Open territory	Témiscamingue
Lebel-sur-Quevillon	ABT	ABT	Open	Open territory	Radissonnie
Lorrainville	ABT	ABT	Open	Open territory	Témiscamingue
Macamic	ABT	ABT	Open	Open territory	Abitibi-Ouest
Malartic	ABT	ABT	Open	Open territory	Vallée-de-l'Or
Matagami	ABT	ABR	Open	Open territory	Radisonnie
Matchi-Manitou	ABT	ABT	Open	Open territory	Vallée-de-l'Or
Moffet	ABT	ABT	Open	Open territory	Témiscamingue



	Territories	<i>- F</i> 00	tball Quebec -	- Green Book	
CITY	REGION	URLS	ASSOCIATIONS	COMMENTS	MRC
Nédelec	ABT	ABT	Open	Open territory	Témiscamingue
Normétal	ABT	ABT	Open	Open territory	Abitibi-Ouest
Notre-Dame-du-Nord	ABT	ABT	Open	Open territory	Témiscamingue
Palmarolle	ABT	ABT	Open	Open territory	Abitibi-Ouest
Pikogan	ABT	ABT	Open	Open territory	Abitibi
Poularies	ABT	ABT	Open	Open territory	Abitibi-Ouest
Preissac	ABT	ABT	Open	Open territory	Abitibi
Privat	ABT	ABT	Open	Open territory	Vallée-de-l'Or
Radisson	ABT	ABT	Open	Open territory	Radisonnie
Rapide-Danseur	ABT	ABT	Open	Open territory	Abitibi-Ouest
Remigny	ABT	ABT	Open	Open territory	Témiscamingue
Rivière-Héva	ABT	ABT	Open	Open territory	Vallée-de-l'Or
Rochebaucourt	ABT	ABT	Open	Open territory	Abitibi
Rollet	ABT	ABT	Open	Open territory	Rouyn-Noranda
Roquemaure	ABT	ABT	Open	Open territory	Abitibi-Ouest
Rouyn-Noranda	ABT	ABT	Open	Open territory	Rouyn-Noranda
Senneterre	ABT	ABT	Open	Open territory	Vallée-de-l'Or
St-Bruno-deGuigues	ABT	ABT	Open	Open territory	Témiscamingue
St-Dominique-du-Rosaire	ABT	ABT	Open	Open territory	Abitibi
St-Édouard-de-Fabre	ABT	ABT	Open	Open territory	Témiscamingue
St-Eugène-de-Guiges	ABT	ABT	Open	Open territory	Témiscamingue
St-Félix-de-Dalquier	ABT	ABT	Open	Open territory	Abitibi
Ste-Germaine-Boulé	ABT	ABT	Open	Open territory	Abitibi-Ouest
Ste-Gertrude-Manneville	ABT	ABT	Open	Open territory	Abitibi
Ste-Hélène-de-Mancebourg	ABT	ABT	Open	Open territory	Abitibi-Ouest
St-Joseph-de-Cléricy	ABT	ABT	Open	Open territory	Rouyn-Noranda
St-Lambert	ABT	ABT	Open	Open territory	Abitibi-Ouest
St-Mathieu-d'Harricana	ABT	ABT	Open	Open territory	Abitibi
St-Marc-de-Figuery	ABT	ABT	Open	Open territory	Abitibi
Taschereau	ABT	ABT	Open	Open territory	Abitibi-Ouest
Témiscamingue	ABT	ABT	Open	Open territory	Témiscamingue
Trécesson	ABT	ABT	Open	Open territory	Abitibi
Val d'Or	ABT	ABT	Open	Open territory	Vallée-de-l'Or
Val-Saint-Gilles	ABT	ABT	Open	Open territory	Abitibi-Ouest
Ville-Marie	ABT	ABT	Open	Open territory	Témiscamingue
Winneway	ABT	ABT	Open	Open territory	Témiscamingue
EST-DU-QUÉBEC	EDQ				
Amqui	EDQ	BSL	Open	Open territory	La Matapédia
Auclair	EDQ	BSL	Open	Open territory	Témiscouata
Baie-des-Sables	EDQ	BSL	Open	Open territory	Matane
Biencourt	EDQ	BSL	Open	Open territory	Témiscouata
Bonaventure	EDQ	GIM	Open	Open territory	Bonaventure
Cabano	EDQ	BSL	Open	Open territory	Témiscouata
Cap-aux-Meules	EDQ	GIM	Open	Open territory	Les-lles-de-la-Madeleine
Cap-Chat	EDQ	GIM	Open	Open territory	Denis-Riverin



	Territories	1 001	ball Quebec	- Green Book	
CITY	REGION	URLS	ASSOCIATIONS	COMMENTS	MRC
Caplan	EDQ	GIM	Open	Open territory	Bonaventure
Carleton	EDQ	GIM	Open	Open territory	Avignon
Causapscal	EDQ	BSL	Open	Open territory	La Matapédia
Chandler	EDQ	GIM	Open	Open territory	Pabok
Cloridome	EDQ	GIM	Open	Open territory	La Cote-de-Gaspé
Dégelis	EDQ	BSL	Open	Open territory	Témiscouata
Escuminac	EDQ	GIM	Open	Open territory	Avignon
Esprit-Saint	EDQ	BSL	Open	Open territory	Rimouski-Neigette
Fatima	EDQ	GIM	Open	Open territory	Les-Iles-de-la-Madeleine
Gaspé	EDQ	GIM	Open	Open territory	La Cote-de-Gaspé
Gesgapegiag	EDQ	GIM	Open	Open territory	Avignon
Grand-Métis	EDQ	BSL	Open	Open territory	La Mitis
Grande-Cascapédia	EDQ	GIM	Open	Open territory	Bonaventure
Grande-Entrée	EDQ	GIM	Open	Open territory	Les-Iles-de-la-Madeleine
Grande-Rivière	EDQ	GIM	Open	Open territory	Pabok
Grande-Vallée	EDQ	GIM	Open	Open territory	La Cote-de-Gaspé
Grosse-ile	EDQ	GIM	Open	Open territory	Les-Iles-de-la-Madeleine
Grosses-Roches	EDQ	BSL	Open	Open territory	Matane
Havre-aux-Maisons	EDQ	GIM	Open	Open territory	Les-Iles-de-la-Madeleine
Норе	EDQ	GIM	Open	Open territory	Bonaventure
Hope Town	EDQ	GIM	Open	Open territory	Bonaventure
lle-d'Entrée	EDQ	GIM	Open	Open territory	Les-lles-de-la-Madeleine
lle-de-Havre-Aubert	EDQ	GIM	Open	Open territory	Les-Iles-de-la-Madeleine
Kamouraska	EDQ	BSL	Open	Open territory	Kamouraska
La Martre	EDQ	GIM	Open	Open territory	Denis-Riverin
La Pocatière	EDQ	BSL	Open	Open territory	Kamouraska
La Rédemption	EDQ	BSL	Open	Open territory	La Mitis
La Trinité-des-Monts	EDQ	BSL	Open	Open territory	Rimouski-Neigette
Lac-au-Saumon	EDQ	BSL	Open	Open territory	La Matapédia
L'Ascension-de-Patapédia	EDQ	GIM	Open	Open territory	Avignon
Le Bic	EDQ	BSL	Open	Open territory	Rimouski-Neigette
Lejeune	EDQ	BSL	Open	Open territory	Témiscouata
Les Boules	EDQ	BSL	Open	Open territory	La Mitis
Les Hauteurs	EDQ	BSL	Open	Open territory	La Mitis
Les Méchins	EDQ	BSL	Open	Open territory	Matane
L'Etang-du-Nord	EDQ	GIM	Open	Open territory	Les-lles-de-la-Madeleine
L'Isle-Verte	EDQ	BSL	Open	Open territory	Rivière-du-Loup
Listugui	EDQ	GIM	Open	Open territory	Avignon
Maria	EDQ	GIM	Open	Open territory	Avignon
Marsoui	EDQ	GIM	Open	Open territory	Denis-Riverin
Matapédia	EDQ	GIM	Open	Open territory	Avignon
Métis-sur-Mer	EDQ	BSL	Open	Open territory	La Mitis
Mont-Albert	EDQ	GIM	Open	Open territory	Denis-Riverin
Mont-Carmel	EDQ	BSL	Open	Open territory	Kamouraska
Mont-Joli	EDQ	BSL	Open	Open territory	La Mitis



ier.	ritories	- Fooi	ball Quebec -	- Green book	
CITY	REGION	URLS	ASSOCIATIONS	COMMENTS	MRC
Mont-Lebel	EDQ	BSL	Open	Open territory	Rimouski-Neigette
Mont-Saint-Pierre	EDQ	GIM	Open	Open territory	Denis-Riverin
Murdochville	EDQ	GIM	Open	Open territory	La Cote-de-Gaspé
New Carlisle	EDQ	GIM	Open	Open territory	Bonaventure
Newport	EDQ	GIM	Open	Open territory	Pabok
New Richmond	EDQ	GIM	Open	Open territory	Bonaventure
Notre-Dame-des-Neiges-Trois-Pistoles	EDQ	BSL	Open	Open territory	Les Basques
Notre-Dame-des-Sept-Douleurs	EDQ	BSL	Open	Open territory	Rivière-du-Loup
Notre-Dame-du-Lac	EDQ	BSL	Open	Open territory	Témiscouata
Notre-Dame-du-Portage	EDQ	BSL	Open	Open territory	Rivière-du-Loup
Nouvelle	EDQ	GIM	Open	Open territory	Avignon
Pabos	EDQ	GIM	Open	Open territory	Pabok
Pabos-Mills	EDQ	GIM	Open	Open territory	Témiscouata
Packington	EDQ	BSL	Open	Open territory	Témiscouata
Padoue	EDQ	BSL	Open	Open territory	La Mitis
Paspédiac	EDQ	GIM	Open	Open territory	Bonaventure
Paspédiac Ouest	EDQ	GIM	Open	Open territory	Bonaventure
Percé	EDQ	GIM	Open	Open territory	Pabok
Petite-Matane	EDQ	BSL	Open	Open territory	Matane
Petite-Vallée	EDQ	GIM	Open	Open territory	La Cote-de-Gaspé
Pohénégamook	EDQ	BSL	Open	Open territory	Témiscouata
Pointe-à-la-Croix	EDQ	GIM	Open	Open territory	Avignon
Port-Daniel	EDQ	GIM	Open	Open territory	Pabok
Price	EDQ	BSL	Open	Open territory	La Mitis
Rimouski	EDQ	BSL	Open	Open territory	Rimouski-Neigette
Rimouski-Est	EDQ	BSL	Open	Open territory	Rimouski-Neigette
Ristigouche-Partie-Sud-Est	EDQ	BSL	Open	Open territory	La Matapédia
Rivière-à-Claude	EDQ	GIM	Open	Open territory	Denis-Riverin
Rivière-Bleue	EDQ	BSL	Open	Open territory	Témiscouata
Rivière-du-Loup	EDQ	BSL	Open	Open territory	Rivière-du-Loup
Rivière-Ouelle	EDQ	BSL	Open	Open territory	Kamouraska
Sayabec	EDQ	BSL	Open	Open territory	La Matapédia
Shigawake	EDQ	GIM	Open	Open territory	Bonaventure
St-Alexandre	EDQ	BSL	Open	Open territory	Kamouraska
St-Alexandre-des-Lacs	EDQ	BSL	Open	Open territory	La Matapédia
St-Alexis-de-Matapédia	EDQ	GIM	Open	Open territory	Avignon
St-Alphonse	EDQ	GIM	Open	Open territory	Bonaventure
St-Anaclet-de-Lessard	EDQ	BSL	Open	Open territory	Rimouski-Neigette
St-André	EDQ	BSL	Open	Open territory	Kamouraska
St-André-de-Restigouche	EDQ	GIM	Open	Open territory	Avignon
Ste-Angèle-de-Mérici	EDQ	BSL	Open	Open territory	La Mitis
Ste-Anne-de-la-Pocatière	EDQ	BSL	Open	Open territory	Kamouraska
Ste-Anne-de-la-Pointe-au-Père	EDQ	BSL	Open	Open territory	La Mitis
St-Antonin	EDQ	BSL	Open	Open territory	Rivière-du-Loup
St-Arsène	EDQ	BSL	Open	Open territory	Rivière-du-Loup



St-Athanase	I	ermones	<i>- </i>	tball Quebec -	- Green book	
Ste-Blandine EDQ BSL Open Open territory Rimouski-Neigette Str-Bruno-de-Kamouraska EDQ BSL Open Open territory Lamouraska St-Charles-Garnier EDQ BSL Open Open territory La Minis St-Clément EDQ BSL Open Open territory Les Basques St-Clément EDQ BSL Open Open territory Les Basques St-Clément EDQ BSL Open Open territory Roiver-du-Loup St-Coprin EDQ BSL Open Open territory Roiver-du-Loup St-Damase EDQ BSL Open Open territory La Matapédia St-Denis EDQ BSL Open Open territory La Matapédia St-Denis EDQ BSL Open Open territory La Matapédia St-Denis EDQ BSL Open Open territory La Matapédia St-Edmond EDQ BSL Open Open territory La Matapédia St-Edmond EDQ BSL Open Open territory La Matapédia St-Edmond EDQ BSL Open Open territory Les Basques St-Elzéar EDQ BSL Open Open territory Tensocuata St-Elzéar EDQ BSL Open Open territory Bonaventure Ste-Félicité EDQ BSL Open Open territory Bonaventure Ste-Félicité EDQ BSL Open Open territory Matane Ste-Florence EDQ BSL Open Open territory La Matapédia St-François-d'Assise EDQ BSL Open Open territory La Matapédia St-François-d'Assise EDQ GIM Open Open territory La Matapédia St-François-d'Assise EDQ GIM Open Open territory Avignon St-François-d'Assise EDQ GIM Open Open territory Roiver-du-Loup St-François-Avarier-de-Viger EDQ BSL Open Open territory Roiver-du-Loup St-Gabriel EDQ BSL Open Open territory Roiver-du-Loup St-Jean-Beptiste-de-Hispeude EDQ BSL Open Open territory Roiver-du-Loup St-Jean-de-Cherbou	CITY	REGION	URLS	ASSOCIATIONS	COMMENTS	MRC
St-Bruno-de-Kamouraska EDQ BSL Open Open territory Kamouraska St-Charles-Garriar EDQ BSL Open Open territory La Misis St-Cláment EDQ BSL Open Open territory La Basques St-Cláment EDQ BSL Open Open territory La Matapédia St-Cláment EDQ BSL Open Open territory La Matapédia St-Denis EDQ BSL Open Open territory La Matapédia St-Denis EDQ BSL Open Open territory La Matapédia St-Endrand EDQ BSL Open Open territory La Matapédia St-Eloi EDQ BSL Open Open territory	St-Athanase	EDQ	BSL	Open	Open territory	Témiscouata
St-Charles-Garnier EDQ BSL Open Open territory Las Mitis St-Cleophas EDQ BSL Open Open territory Les Basques St-Cleophas EDQ BSL Open Open territory Ruidapedia St-Cyprien EDQ BSL Open Open territory La Matapédia St-Denis EDQ BSL Open Open territory La Matapédia St-Denis EDQ BSL Open Open territory La Matapédia St-Endra EDQ BSL Open Open territory La Matapédia St-Elbéar EDQ BSL Open Open territory La Matapédia St-Elbéar EDQ BSL Open Open territory La Matapédia St-Erbéar EDQ GBL Open Open territory Bonaventure St-Erbéar EDQ GBL Open Open territory Matano St-Erbéar EDQ GBL Open Open territory La Mitis </td <td>Ste-Blandine</td> <td>EDQ</td> <td>BSL</td> <td>Open</td> <td>Open territory</td> <td>Rimouski-Neigette</td>	Ste-Blandine	EDQ	BSL	Open	Open territory	Rimouski-Neigette
SI-Clément EDQ BSL Open Open territory Les Basques SI-Cléophas EDQ BSL Open Open territory La Matapédia SI-Clyprien EDQ BSL Open Open territory La Matapédia SI-Danase EDQ BSL Open Open territory La Matapédia SI-Donat EDQ BSL Open Open territory La Matapédia SI-Donat EDQ BSL Open Open territory La Matapédia SI-Edmond EDQ BSL Open Open territory La Matapédia SI-Elizéar EDQ BSL Open Open territory Les Basques SI-Elizéar EDQ BSL Open Open territory Les Basques SI-Erizéar EDQ BSL Open Open territory Matane SI-Erizéar EDQ BSL Open Open territory Matane SI-Erizéarie EDQ BSL Open Open territory Augnon	St-Bruno-de-Kamouraska	EDQ	BSL	Open	Open territory	Kamouraska
St-Cléophas EDQ BSL Open Open territory La Matapédia St-Cyprien EDQ BSL Open Open territory Rivière-du-Loup St-Damase EDQ BSL Open Open territory La Matapédia St-Dania EDQ BSL Open Open territory La Milis St-Edmond EDQ BSL Open Open territory La Milis St-Edward EDQ BSL Open Open territory La Milis St-Elzéar EDQ BSL Open Open territory Les Baseques St-Elzéar EDQ GIM Open Open territory Territoris St-Erlavie EDQ BSL Open Open territory Matane Ste-Flowie EDQ BSL Open Open territory La Milis Ste-Flowie EDQ BSL Open Open territory La Milis Ste-Flowie EDQ BSL Open Open territory La Milis	St-Charles-Garnier	EDQ	BSL	Open	Open territory	La Mitis
SI-Cyprien EDQ BSL Open Open territory Rivière-du-Loup SI-Daniase EDQ BSL Open Open territory La Matapedia SI-Denis EDQ BSL Open Open territory La Mitis SI-Donat EDQ BSL Open Open territory La Matapedia SI-Edor EDQ BSL Open Open territory La Matapedia SI-Elzider EDQ BSL Open Open territory La Matapedia SI-Elzider EDQ BSL Open Open territory Bonaventure SI-Eridar EDQ GIM Open Open territory Matane SI-Eridité EDQ BSL Open Open territory Matane SI-Fariquiser d'Assise EDQ BSL Open Open territory La Mitis SI-Faraqois-d'Assise EDQ GIM Open Open territory Auginon SI-Faraqois-d'Assise EDQ GIM Open Open territory	St-Clément	EDQ	BSL	Open	Open territory	Les Basques
St-Damase EDQ BSL Open Open territory La Matapédia St-Denis EDQ BSL Open Open territory Kamouraska St-Donat EDQ BSL Open Open territory La Matapédia St-Edmond EDQ BSL Open Open territory La Matapédia St-Elzéar EDQ BSL Open Open territory Les Basques St-Elzéar EDQ BSL Open Open territory Les Basques Ste-Félicité EDQ BSL Open Open territory Matane Ste-Falavie EDQ BSL Open Open territory La Mitis Ste-Fancie EDQ BSL Open Open territory La Mitis Ste-Fariorie-de-Pabos EDQ GIM Open Open territory Avignon St-François-de-Pabos EDQ GIM Open Open territory Rabrie-du-Loup St-François-Xavier-de-Viger EDQ BSL Open Open territory </td <td>St-Cléophas</td> <td>EDQ</td> <td>BSL</td> <td>Open</td> <td>Open territory</td> <td>La Matapédia</td>	St-Cléophas	EDQ	BSL	Open	Open territory	La Matapédia
St-Denis EDQ BSL Open Open territory Kamouraska St-Donat EDQ BSL Open Open territory La Mitis St-Edmond EDQ BSL Open Open territory La Matapédia St-Edran EDQ BSL Open Open territory Les Basques St-Edrác EDQ BSL Open Open territory Bonaventure St-Edráce EDQ BSL Open Open territory Bonaventure St-Erlavie EDQ BSL Open Open territory Matane Ste-Flavie EDQ BSL Open Open territory La Mitis Ste-Florence EDQ BSL Open Open territory La Mitis Ste-François-d'Assise EDQ GIM Open Open territory Avignon St-François-Xavier-de-Viger EDQ BSL Open Open territory Ravier-du-Loup St-Gabriel-Lalemant EDQ BSL Open Open territory	St-Cyprien	EDQ	BSL	Open	Open territory	Rivière-du-Loup
St-Donat EDQ BSL Open Open territory La Mitis St-Edmond EDQ BSL Open Open territory La Matapédia St-Eloi EDQ BSL Open Open territory Les Matapédia St-Elzéar EDQ BSL Open Open territory Temiscouata St-Elzéar EDQ BSL Open Open territory Temiscouata St-Elzéar EDQ BSL Open Open territory Bonaventure Ste-Félicité EDQ BSL Open Open territory Matane Ste-Flicité EDQ BSL Open Open territory Matane Ste-Florence EDQ BSL Open Open territory La Mitis Ste-Florence EDQ BSL Open Open territory La Matapédia St-François-de-Pabos EDQ GIM Open Open territory Avignon St-François-de-Pabos EDQ GIM Open Open territory Avignon St-François-de-Pabos EDQ GIM Open Open territory Pabok St-François-de-Pabos EDQ BSL Open Open territory Pabok St-François-de-Pabos EDQ BSL Open Open territory Rivière-du-Loup St-Gabriel EDQ BSL Open Open territory Rivière-du-Loup St-Gabriel EDQ BSL Open Open territory Rivière-du-Loup St-Gabriel-Lalemant EDQ BSL Open Open territory Rivière-du-Loup St-Gabriel-Lalemant EDQ BSL Open Open territory Rivière-du-Loup St-Gabriel EDQ BSL Open Open territory Les Basques St-Honoré EDQ BSL Open Open territory Les Basques St-Honoré EDQ BSL Open Open territory Les Basques St-Jean-Baptiste EDQ BSL Open Open territory Rivière-du-Loup St-Jacques-le-Majeur-de-Causapascal EDQ BSL Open Open territory La Matapédia St-Jean-Baptiste de-l'Isle-Verte EDQ BSL Open Open territory Rivière-du-Loup St-Jean-de-Cherbourg EDQ BSL Open Open territory Les Basques St-Jean-de-Cherbourg EDQ BSL Open Open territory Les Basques St-Jean-de-Cherbourg EDQ BSL Open Open territory La Matapédia St-Jean-de-Cherbourg EDQ BSL Open Open territory La Matapédia St-Jean-de-Cherbourg EDQ BSL Open Open territory Matane St-Jean-de-Cherbourg EDQ BSL Open Open territory Matane St-Jean-de-Ge-Cherbourg	St-Damase	EDQ	BSL	Open	Open territory	La Matapédia
St-Edmond EDQ BSL Open Open territory Les Matapédia St-Éloi EDQ BSL Open Open territory Les Basques St-Elzéar EDQ BSL Open Open territory Témiscouata St-Elzéar EDQ BSL Open Open territory Bonaventure Ste-Félicité EDQ BSL Open Open territory Bonaventure Ste-Félicité EDQ BSL Open Open territory Matane Ste-Flavie EDQ BSL Open Open territory La Matapédia Ste-Florence EDQ BSL Open Open territory La Matapédia Ste-François-d'Assise EDQ BSL Open Open territory Avignon St-François-d'Assise EDQ GIM Open Open territory Avignon St-François-d'Assise EDQ GIM Open Open territory Avignon St-François-de-Pabos EDQ GIM Open Open territory Pabok St-François-Asvier-de-Viger EDQ BSL Open Open territory Rivière-du-Loup St-Gabriel EDQ BSL Open Open territory Rivière-du-Loup St-Gabriel EDQ BSL Open Open territory Rivière-du-Loup St-Gabriel-Lalemant EDQ BSL Open Open territory Kamouraska St-Georges-de-Cacouna EDQ BSL Open Open territory Rivière-du-Loup St-Gabriel EDQ BSL Open Open territory Bonaventure St-Gabriel EDQ BSL Open Open territory Bonaventure EDQ BSL Open Open territory Rivière-du-Loup St-Jean-Baptiste EDQ BSL Open Open territory Matane St-Jean-Baptiste EDQ BSL Open Open territory Matane St-Jean-Baptiste EDQ BSL Open Open territory Matane St-Jean-Baptiste-de-Ilsie-Verte EDQ BSL Open Open territory Matane St-Jean-de-Dieu EDQ BSL Open Open territory Matane St-Jean-de-Dieu EDQ BSL Open Open territory Matane St-Jean-de-Ramouraska EDQ BSL Open Open territory Matane St-Jean-de-Ramouraska EDQ BSL Open Open territory La Matapédia S	St-Denis	EDQ	BSL	Open	Open territory	Kamouraska
St-Éloi EDQ BSL Open Open territory Les Basques St-Elzéar EDQ BSL Open Open territory Témiscouata St-Elzéar EDQ BSL Open Open territory Matane Ste-Filcité EDQ BSL Open Open territory Matane Ste-Filorence EDQ BSL Open Open territory La Mitis St-François-d'Assise EDQ GIM Open Open territory Avignon St-François-de-Pabos EDQ GIM Open Open territory Pabok St-François-Xavier-de-Viger EDQ BSL Open Open territory Ravier-du-Loup St-Gabriel EDQ BSL Open Open territory La Mitis St-Gabriel-Lalemant EDQ BSL Open Open territory Kanouraska St-Gacrola EDQ BSL Open Open territory Rivier-du-Loup St-Georges-de-Cacouna EDQ BSL Open Open	St-Donat	EDQ	BSL	Open	Open territory	La Mitis
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St-Mathieu-de-Rioux EDQ BSL Open Open territory Les Basques				· · · · · · · · · · · · · · · · · · ·		
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	St-Maxime-du-Mont-Louis	EDQ	GIM	Open	Open territory	Denis-Riverin



	Territories	- Foot	ball Québec -	- Green Book	
CITY	REGION	URLS	ASSOCIATIONS	COMMENTS	MRC
St-Médard	EDQ	BSL	Open	Open territory	Les Basques
St-Michel-du-Squatec	EDQ	BSL	Open	Open territory	Témiscouata
St-Modeste	EDQ	BSL	Open	Open territory	Rivière-du-Loup
St-Moïse	EDQ	BSL	Open	Open territory	La Matapédia
St-Noël	EDQ	BSL	Open	Open territory	La Matapédia
St-Octave-de-Métis	EDQ	BSL	Open	Open territory	La Mitis
St-Omer	EDQ	GIM	Open	Open territory	Avignon
St-Onésime-d'Ixworth	EDQ	BSL	Open	Open territory	Kamouraska
St-Pacôme	EDQ	BSL	Open	Open territory	Kamouraska
St-Pascal	EDQ	BSL	Open	Open territory	Kamouraska
St-Patrice-de-la-Rivière-du-Loup	EDQ	BSL	Open	Open territory	Rivière-du-Loup
St-Paul-de-la-Croix	EDQ	BSL	Open	Open territory	Rivière-du-Loup
St-Paule	EDQ	BSL	Open	Open territory	Matane
St-Philippe-de-Néri	EDQ	BSL	Open	Open territory	Kamouraska
St-Pierre-de-Lamy	EDQ	BSL	Open	Open territory	Témiscouata
St-Raphaël-d'Albertville	EDQ	BSL	Open	Open territory	La Matapédia
St-René-de-Matane	EDQ	BSL	Open	Open territory	Matane
Ste-Rita	EDQ	BSL	Open	Open territory	Les Basques
St-Simon	EDQ	BSL	Open	Open territory	Les Basques
St-Tarcisius	EDQ	BSL	Open	Open territory	La Matapédia
St-Ulric	EDQ	BSL	Open	Open territory	Matane
St-Ulric-de-Matane	EDQ	BSL	Open	Open territory	Matane
St-Valérien	EDQ	BSL	Open	Open territory	Rimouski-Neigette
St-Vianney	EDQ	BSL	Open	Open territory	La Matapédia
St-Zénon-du-Lac-Humqui	EDQ	BSL	Open	Open territory	La Matapédia
Tourelle	EDQ	GIM	Open	Open territory	Denis-Riverin
Trois-Pistoles	EDQ	BSL	Open	Open territory	Les Basques
Val Brillant	EDQ	BSL	Open	Open territory	La Matapédia
Whitworth	EDQ	BSL	Open	Open territory	Rivière-du-Loup
CENTRE-DU-QUÉBEC	CDQ				
Arthabaska	CDQ	CDQ	Open	Open territory	Arthabaska
Aston-Jonction	CDQ	CDQ	Open	Open territory	Nicolet-Yamaska
Baie-du-Febre	CDQ	CDQ	Open	Open territory	Nicolet-Yamaska
Bécancour	CDQ	CDQ	Open	Open territory	Bécancour
Bernierville	CDQ	CDQ	Open	Open territory	L'Érable
Chester-Est	CDQ	CDQ	Open	Open territory	Arthabaska
Chesterville	CDQ	CDQ	Open	Open territory	Arthabaska
Daveluyville	CDQ	CDQ	Open	Open territory	Arthabaska
Deschaillons-sur-St-Laurent	CDQ	CDQ	Open	Open territory	Bécancour
Drummondville	CDQ	CDQ	Open	Open	Drummond
Durham-Sud	CDQ	CDQ	Drummond	Vandoos	Drummond
Grand-Saint-Esprit	CDQ	CDQ	Open	Open territory	Nicolet-Yamaska
Fortierville	CDQ	CDQ	Open	Open territory	Bécancour
Halifax-Nord	CDQ	CDQ	Open	Open territory	L'Érable
Ham-Nord	CDQ	CDQ	Open	Open territory	Arthabaska



CITY REGION URLS ASSOCIATIONS COMMENTS MRC Inverness CDO CDQ Opp Open torritory L'Erable Kingsey CDO CDQ CDQ Open Open territory Arthabaska L'Avenir CDQ CDQ Open Open territory Nodel-Yamaska Laviratriori de-Yamaska CDQ CDQ Open Open territory Nodel-Yamaska Laurierville CDQ CDQ Open Open territory Usable Leribeve CDQ CDQ Open Open territory Bécancour Leribeux CDQ CDQ Open Open territory Manasa Leribeux CDQ CDQ Open Open territory Manasa Leribeux CDQ CDQ Open Open territory Macancur Lyster CDQ CDQ Open Open territory Macancur Lyster CDQ CDQ Open Open territory Nicoles-Yamaska		remiones	- 1 001	Dall Quebec	- Green Book	
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La Visitation-de-Yamaska	Kingsey Falls	CDQ	CDQ	Open	Open territory	Arthabaska
Larrierville	L'Avenir	CDQ	CDQ	Drummond	Vandoos	Drummond
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•	St-Jacques-de-Horton	CDQ	CDQ	Open	Open territory	Arthabaska
St-Joachim-de-Courval CDQ CDQ Drummond Vandoos Drummond	St-Jean-Baptiste-de-Nicolet	CDQ	CDQ	Open	Open territory	Nicolet-Yamaska
	St-Joachim-de-Courval	CDQ	CDQ	Drummond	Vandoos	Drummond



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CITY	REGION	URLS	ASSOCIATIONS	COMMENTS	MRC
St-Joseph-de-Blandford	CDQ	CDQ	Open	Open territory	Bécancour
Ste-Julie	CDQ	CDQ	Open	Open territory	L'Érable
St-Léonard-d'Aston	CDQ	CDQ	Open	Open territory	Nicolet-Yamaska
St-Louis-de-Blandford	CDQ	CDQ	Open	Open territory	Arthabaska
St-Lucien	CDQ	CDQ	Drummond	Vandoos	Drummond
Ste-Majorique-de-Grantham	CDQ	CDQ	Drummond	Vandoos	Drummond
Ste-Marie-de-Blandford	CDQ	CDQ	Open	Open territory	Bécancour
St-Marthyrs-Canadiens	CDQ	CDQ	Open	Open territory	Arthabaska
Ste-Monique	CDQ	CDQ	Open	Open territory	Nicolet-Yamaska
St-Nicéphore	CDQ	CDQ	Drummond	Vandoos	Drummond
St-Norbert-d'Arthabaska	CDQ	CDQ	Open	Open territory	Arthabaska
Ste-Perpétue	CDQ	CDQ	Open	Open territory	Nicolet-Yamaska
Ste-Philomène-de-Fortierville	CDQ	CDQ	Open	Open territory	Bécancour
St-Pie-de-Guire	CDQ	CDQ	Drummond	Vandoos	Drummond
St-Pierre-Baptiste	CDQ	CDQ	Open	Open territory	L'Érable
St-Pierre-les-Becquets	CDQ	CDQ	Open	Open territory	Bécancour
St-Raphaël-Partie-sud	CDQ	CDQ	Open	Open territory	Nicolet-Yamaska
St-Rémi-de-Tingwick	CDQ	CDQ	Open	Open territory	Arthabaska
St-Rosaire	CDQ	CDQ	Open	Open territory	Arthabaska
St-Samuel	CDQ	CDQ	Open	Open territory	Arthabaska
Ste-Séraphine	CDQ	CDQ	Open	Open territory	Arthabaska
Ste-Sophie	CDQ	CDQ	Open	Open territory	L'Érable
Ste-Sophie-de-Lévrard	CDQ	CDQ	Open	Open territory	Bécancour
St-Sylvère	CDQ	CDQ	Open	Open territory	Bécancour
St-Thomas-de-Pierreville	CDQ	CDQ	Open	Open territory	Nicolet-Yamaska
St-Valère	CDQ	CDQ	Open	Open territory	Arthabaska
St-Zéphirin-de-Courval	CDQ	CDQ	Open	Open territory	Nicolet-Yamaska
St-Wenceslas	CDQ	CDQ	Open	Open territory	Nicolet-Yamaska
Tingwick	CDQ	CDQ	Open	Open territory	Arthabaska
Ulverton	CDQ	CDQ	Drummond	Vandoos	Drummond
Vianney	CDQ	CDQ	Open	Open territory	L'Érable
Victoriaville	CDQ	CDQ	Open	Open territory	Arthabaska
Villeroy	CDQ	CDQ	Open	Open territory	L'Érable
Warwick	CDQ	CDQ	Open	Open territory	Arthabaska
Wickham	CDQ	CDQ	Drummond	Vandoos	Drummond
CHAUDIÈRE-APPALACHE	E CHA				
Armagh	CHA	CHA	Open	Open territory	Bellechasse
Aubert-Gallion	CHA	CHA	Open	Open territory	Beauce-Sartigan
Beauceville	CHA	CHA	Open	Open territory	Robert-Cliche
Beaulac	CHA	CHA	Open	Open territory	L'Amiante
Bernières-St-Nicolas	CHA	CHA	Open	Open territory	Les Chutes-de-la-Chaudière
Berthier-sur-Mer	CHA	CHA	Open	Open territory	Montmagny
Black Lake	CHA	CHA	Open	Open territory	L'Amiante
Cap-Saint-Ignace	CHA	CHA	Open	Open territory	Montmagny
Charny	CHA	CHA	Open	Open territory	Les Chutes-de-la-Chaudière



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CITY	REGION	URLS	ASSOCIATIONS	COMMENTS	MRC
Disraëli	CHA	CHA	Open	Open territory	L'Amiante
East Broughton	СНА	CHA	Open	Open territory	L'Amiante
Garthby	СНА	CHA	Open	Open territory	L'Amiante
Honfleur	CHA	CHA	Open	Open territory	Bellechasse
Ireland	CHA	CHA	Open	Open territory	L'Amiante
Kinnear's Mills	СНА	CHA	Open	Open territory	L'Amiante
La Durantaye	CHA	CHA	Open	Open territory	Bellechasse
La Gaudeloupe	CHA	CHA	Open	Open territory	Beauce-Sartigan
Lac Etchemin	CHA	CHA	Open	Open territory	Les Etchemins
Lac Frontière	CHA	CHA	Open	Open territory	Montmagny
Lac Poulin	CHA	CHA	Open	Open territory	Beauce-Sartigan
Laurier-Station	CHA	CHA	Open	Open territory	Lotbinière
Leclercville	CHA	CHA	Open	Open territory	Lotbinière
Lévis	CHA	CHA	Open	Open territory	Desjardins
L'Islet	CHA	CHA	Open	Open territory	L'Islet
L'Islet-sur-Mer	CHA	CHA	Open	Open territory	L'Islet
Lotbinière	CHA	CHA	Open	Open territory	Lotbinière
Montmagny	CHA	CHA	Open	Open territory	Montmagny
Notre-Dame-Auxilliatrice-de-Buckland	CHA	CHA	Open	Open territory	Bellechasse
Notre-Dame-de-Rosaire	CHA	CHA	Open	Open territory	Montmagny
Notre-Dame-des-Pins	CHA	CHA	Open	Open territory	Beauce-Sartigan
Notre-Dame-du-Sacré-Cœur-d'Issoudun	CHA	CHA	Open	Open territory	Lotbinière
Pintendre	CHA	CHA	Open	Open territory	Desjardins
Pontbriand	CHA	CHA	Open	Open territory	L'Amiante
Robertsonville	CHA	СНА	Open	Open territory	L'Amiante
Sacré-Cœur-de-Jésus	CHA	CHA	Open	Open territory	L'Amiante
Sacré-Cœur-de-Marie-Partie-Sud	CHA	СНА	Open	Open territory	L'Amiante
Scott	CHA	СНА	Open	Open territory	La Nouvelle-Beauce
Shenley	CHA	CHA	Open	Open territory	Beauce-Sartigan
St-Adalbert	CHA	СНА	Open	Open territory	L'Islet
St-Adrien-d'Irlande	CHA	СНА	Open	Open territory	L'Amiante
St-Agapit	CHA	CHA	Open	Open territory	Lotbinière
Ste-Agathe	CHA	СНА	Open	Open territory	Lotbinière
St-Alfred	CHA	CHA	Open	Open territory	Robert-Cliche
St-Anges	CHA	CHA	Open	Open territory	La Nouvelle-Beauce
Ste-Anne-du-Lac	CHA	СНА	Open	Open territory	L'Amiante
St-Anselme	CHA	СНА	Open	Open territory	Bellechasse
St-Antoine-de-l'Islet-aux-Grues	CHA	CHA	Open	Open territory	Montmagny
St-Antoine-de-Tilly	CHA	CHA	Open	Open territory	Lotbinière
St-Apollinaire	CHA	CHA	Open	Open territory	Lotbinière
Ste-Apolline-de-Patton	CHA	CHA	Open	Open territory	Montmagny
St-Aubert	CHA	CHA	Open	Open territory	L'Islet
Ste-Aurélie	CHA	CHA	Open	Open territory	Les Etchemins
St-Benjamin	CHA	CHA	Open	Open territory	Les Etchemins
St-Benoît-Labre	CHA	CHA	Open	Open territory	Beauce-Sartigan



ı	erritories	<i>- Foot</i>	tball Quebec -	- Green Book	
CITY	REGION	URLS	ASSOCIATIONS	COMMENTS	MRC
St-Bernard	CHA	CHA	Open	Open territory	La Nouvelle-Beauce
Ste-Camille-de-Lellis	CHA	CHA	Open	Open territory	Les Etchemins
St-Charles-de-Bellechasse	CHA	CHA	Open	Open territory	Bellechasse
Ste-Claire	CHA	CHA	Open	Open territory	Bellechasse
Ste-Clothilde-de-Beauce	CHA	CHA	Open	Open territory	L'Amiante
St-Côme-de-Linière	CHA	CHA	Open	Open territory	Beauce-Sartigan
Ste-Croix	CHA	CHA	Open	Open territory	Lotbinière
St-Cyprien	CHA	СНА	Open	Open territory	Les Etchemins
St-Cyrille-de-Lessard	CHA	CHA	Open	Open territory	L'Islet
St-Damase-de-l'Islet	CHA	СНА	Open	Open territory	L'Islet
St-Damien-de-Buckland	CHA	СНА	Open	Open territory	Bellechasse
St-Édouard-de-Frampton	CHA	СНА	Open	Open territory	La Nouvelle-Beauce
St-Édouard-de-Lotbinière	CHA	CHA	Open	Open territory	Lotbinière
St-Elzéar	CHA	CHA	Open	Open territory	La Nouvelle-Beauce
Ste-Émmélie	CHA	CHA	Open	Open territory	Lotbinière
St-Éphrem-de-Beauce	CHA	CHA	Open	Open territory	Beauce-Sartigan
St-Éphrem-de-Tring	CHA	CHA	Open	Open territory	Beauce-Sartigan
St-Étienne-de-Beaumont	CHA	CHA	Open	Open territory	Bellechasse
St-Étienne-de-Lauzon	CHA	CHA	Open	Open territory	Les Chutes-de-la-Chaudière
St-Eugène	CHA	CHA	Open	Open territory	L'Islet
Ste-Euphémie-sur-Rivière-du-Sud	CHA	CHA	Open	Open territory	Montmagny
St-Évariste-de-Forsyth	CHA	CHA	Open	Open territory	Beauce-Sartigan
St-Fabien-de-Panet	CHA	CHA	Open	Open territory	Montmagny
Ste-Félicité	CHA	CHA	Open	Open territory	L'Islet
St-Flavien	CHA	CHA	Open	Open territory	Lotbinière
St-Fortunat	CHA	CHA	Open	Open territory	L'Amiante
St-François-de-Beauce	CHA	CHA	Open	Open territory	Robert-Cliche
St-François-de-la-Rivière-du-Sud	CHA	CHA	Open	Open territory	Montmagny
St-Frédéric	CHA	CHA	Open	Open territory	Robert-Cliche
St-Gédéon	CHA	CHA	Open	Open territory	Beauce-Sartigan
St-Georges	CHA	CHA	Chaudière	Dragons de la Chaudière	Beauce-Sartigan
St-Georges Est	CHA	CHA	Chaudière	Dragons de la Chaudière	Beauce-Sartigan
Ste-Germaine-du-Lac-Etchemin	CHA	CHA	Open	Open territory	Les Etchemins
St-Gervais	CHA	CHA	Open	Open territory	Bellechasse
St-Gilles	CHA	CHA	Open	Open territory	Lotbinière
Ste-Hélène-de-Brakeyville	CHA	СНА	Open	Open territory	Les Chutes-de-la-Chaudière
Ste-Hénédine	CHA	СНА	Open	Open territory	La Nouvelle-Beauce
St-Henri	CHA	СНА	Open	Open territory	Desjardins
St-Hilaire-de-Dorset	CHA	СНА	Open	Open territory	Beauce-Sartigan
St-Honoré	CHA	СНА	Open	Open territory	Beauce-Sartigan
St-Isidore	CHA	СНА	Open	Open territory	La Nouvelle-Beauce
St-Jacques-de-Leeds	CHA	СНА	Open	Open territory	L'Amiante
St-Jacques-le-Majeur-de-Wolfstow	n CHA	СНА	Open	Open territory	L'Amiante
St-Janvier-de-Joly	СНА	СНА	Open	Open territory	Lotbinière
St-Jean-Chrysostome	CHA	СНА	Open	Open territory	Les Chutes-de-la-Chaudière



	rerritories	<i>- F</i> 001	tball Quebec -	- Green book	
CITY	REGION	URLS	ASSOCIATIONS	COMMENTS	MRC
St-Jean-de-Brébeuf	CHA	CHA	Open	Open territory	L'Amiante
St-Jean-de-la-Lande	CHA	CHA	Open	Open territory	Beauce-Sartigan
St-Jean-Port-Joli	CHA	CHA	Open	Open territory	L'Islet
St-Joseph-de-Beauce	CHA	CHA	Open	Open territory	Robert-Cliche
St-Joseph-de-Coleraine	CHA	СНА	Open	Open territory	L'Amiante
St-Joseph-de-la-Pointe-de-Lévy	CHA	CHA	Open	Open territory	Desjardins
St-Joseph-des-Érables	CHA	CHA	Open	Open territory	Robert-Cliche
St-Jules	CHA	СНА	Open	Open territory	Robert-Cliche
St-Julien	CHA	CHA	Open	Open territory	L'Amiante
St-Juste-de-Bretenières	CHA	СНА	Open	Open territory	Montmagny
Ste-Justine	CHA	СНА	Open	Open territory	Les Etchemins
St-Lambert-de-Lauzon	CHA	СНА	Open	Open territory	Les Chutes-de-la-Chaudière
St-Lazare-de-Bellechasse	CHA	СНА	Open	Open territory	Bellechasse
St-Léon-de-Standon	CHA	СНА	Open	Open territory	Bellechasse
St-Louis-de-Gonzague	CHA	СНА	Open	Open territory	Les Etchemins
Ste-Louise	CHA	СНА	Open	Open territory	L'Islet
St-Luc	CHA	CHA	Open	Open territory	Les Etchemins
Ste-Lucie-de-Beauregard	CHA	CHA	Open	Open territory	Montmagny
St-Magloire-de-Bellechasse	CHA	СНА	Open	Open territory	Les Etchemins
St-Malachie	CHA	CHA	Open	Open territory	Bellechasse
St-Marcel	CHA	CHA	Open	Open territory	L'Islet
Ste-Margerite	CHA	СНА	Open	Open territory	La Nouvelle-Beauce
Ste-Marie	CHA	CHA	Open	Open territory	La Nouvelle-Beauce
St-Martin	CHA	CHA	Open	Open territory	Beauce-Sartigan
St-Méthode-de-Frontenac	CHA	СНА	Open	Open territory	L'Amiante
St-Michel-de-Bellechasse	CHA	СНА	Open	Open territory	Bellechasse
St-Narcisse-de-Beaurivage	CHA	CHA	Open	Open territory	Lotbinière
St-Nazaire-de-Dorchester	CHA	CHA	Open	Open territory	Bellechasse
St-Nérée	CHA	СНА	Open	Open territory	Bellechasse
St-Nicolas	CHA	CHA	Open	Open territory	Les Chûtes-de-la-Chaudière
St-Octave-de-Dosquet	CHA	CHA	Open	Open territory	Lotbinière
St-Odilon-de-Cranbourne	CHA	СНА	Open	Open territory	Robert-Cliche
St-Omer	CHA	CHA	Open	Open territory	L'Islet
St-Pamphile	CHA	СНА	Open	Open territory	L'Islet
St-Paul-de-Montminy	CHA	СНА	Open	Open territory	Montmagny
St-Patrice-de-Beaurivage	CHA	CHA	Open	Open territory	Lotbinière
Ste-Perpétue	CHA	CHA	Open	Open territory	L'Islet
St-Philémon	CHA	СНА	Open	Open territory	Bellechasse
St-Philibert	CHA	СНА	Open	Open territory	Beauce-Sartigan
St-Pierre-de-Broughton	CHA	СНА	Open	Open territory	L'Amiante
St-Pierre-de-la-Rivière-du-Sud	CHA	СНА	Open	Open territory	Montmagny
St-Praxède	CHA	СНА	Open	Open territory	L'Amiante
St-Prosper	CHA	СНА	Open	Open territory	Les Etchemins
St-Raphaël	CHA	СНА	Open	Open territory	Bellechasse
St-Rédempteur	CHA	СНА	Open	Open territory	Les Chutes-de-la-Chaudière



	<i>Territories</i>	- Footi	ball Québec ·	- Green Book	
CITY	REGION	URLS	ASSOCIATIONS	COMMENTS	MRC
St-René	CHA	СНА	Open	Open territory	Beauce-Sartigan
St-Roch-des-Aulnets	CHA	CHA	Open	Open territory	L'Islet
St-Romuald	CHA	CHA	Open	Open territory	Les Chutes-de-la-Chaudière
Ste-Rose-de-Watford	CHA	CHA	Open	Open territory	Les Etchemins
Ste-Sabine	CHA	CHA	Open	Open territory	Les Etchemins
St-Séverin	CHA	CHA	Open	Open territory	Robert-Cliche
St-Simon-les-Mines	CHA	CHA	Open	Open territory	Beauce-Sartigan
St-Sylvestre	CHA	CHA	Open	Open territory	Lotbinière
St-Théophile	CHA	CHA	Open	Open territory	Beauce-Sartigan
St-Vallier	CHA	CHA	Open	Open territory	Bellechasse
St-Victor	CHA	CHA	Open	Open territory	Robert-Cliche
St-Victor-de-Tring	CHA	CHA	Open	Open territory	Robert-Cliche
St-Zacharie	CHA	CHA	Open	Open territory	Les Etchemins
Thetford Mines	CHA	CHA	Open	Open territory	L'Amiante
Thetford-Partie-Sud	CHA	CHA	Open	Open territory	L'Amiante
Tourville	CHA	CHA	Open	Open territory	L'Islet
Tring-Jonction	CHA	CHA	Open	Open territory	Robert-Cliche
Val Alain	CHA	CHA	Open	Open territory	Lotbinière
Vallée-Jonction	CHA	CHA	Open	Open territory	La Nouvelle-Beauce
CÔTE-NORD	CTN				
Aguanish	CTN	CTN	Open	Open territory	Minganied
Baie-Comeau	CTN	CTN	Open	Open territory	Manicouagan
Baie-Johan-Beetz	CTN	CTN	Open	Open territory	Minganied
Baie-Trinité	CTN	CTN	Open	Open territory	Manicouagan
Bergeronnes	CTN	CTN	Open	Open territory	La Haute-Côte-Nord
Betsiamites	CTN	CTN	Open	Open territory	Manicouagan
Blanc-Sablon	CTN	CTN	Open	Open territory	Basse-Côte-Nord
Bonne-Espérance	CTN	CTN	Open	Open territory	Basse-Côte-Nord
Chute-aux-Outardes	CTN	CTN	Open	Open territory	Manicouagan
Colombier	CTN	CTN	Open	Open territory	La Haute-Côte-Nord
Côte-Nord-du-Golf-Saint-Laurent	CTN	CTN	Open	Open territory	Basse-Côte-Nord
Fermont	CTN	CTN	Open	Open territory	Caniapiscau
Forestville	CTN	CTN	Open	Open territory	La Haute-Côte-Nord
Franquelin	CTN	CTN	Open	Open territory	Manicouagan
Gallix	CTN	CTN	Open	Open territory	Sept-Rivières
Godbout	CTN	CTN	Open	Open territory	Manicouagan
Grandes-Bergeronnes	CTN	CTN	Open	Open territory	La Haute-Côte-Nord
Gros-Mécatina	CTN	CTN	Open	Open territory	Basse-Côte-Nord
Havre-St-Pierre	CTN	CTN	Open	Open territory	Minganied
Kawawachikamach	CTN	CTN	Open	Open territory	Caniapiscau
L'Île-d'Anticosti	CTN	CTN	Open	Open territory	Minganied
Lac-Walker	CTN	CTN	Open	Open territory	Sept-Rivières
La Romaine 2	CTN	CTN	Open	Open territory	Basse-Côte-Nord
Les Escoumins	CTN	CTN	Open	Open territory	La Haute-Côte-Nord
Longue-Pointe-de-Mingan	CTN	CTN	Open	Open territory	Minganie



Clifton-Partie-Est

Compton Station

Coaticook

Compton

Courcelles

DIRECTORY OF MUNICIPALITIES Territories - Football Québec - Green Book **REGION URLS ASSOCIATIONS** COMMENTS MRC CITY Longue-Rive CTN CTN Open Open territory Sept-Rivières Matimekosh CTN CTN Open Open territory Caniapiscau CTN Mingan CTN Open Open territory Minganie-Basse CTN Moisie CTN Open Open territory Sept-Rivières Natashquan CTN CTN Open Open territory Minganie Open territory CTN CTN Basse-Côte-Nord Pakuashipi Open CTN Manicouagan Pointe-aux-Outardes CTN Open Open territory Pointe-Lebel CTN CTN Open Open territory Manicouagan Port-Cartier CTN CTN Open Open territory Sept-Rivières CTN Ragueneau CTN Open Open territory Manicouagan Rivière-au-Tonnerre CTN CTN Open territory Minganie Open CTN Rivière-aux-Outardes CTN Open Open territory Manicouagan Rivière-Pentecôte CTN CTN Open Open territory Sept-Rivières Rivière-Saint-Jean CTN CTN Minganie-Basse-Côte-Nord Open Open territory CTN Sacré-Cœur CTN Open Open territory La Haute-Côte-Nord CTN CTN Sainte-Anne-de-Portneuf Open territory La Haute-Côte-Nord Open CTN CTN Minganie-Basse-Côte-Nord Saint-Augustin Open Open territory Saint-Paul-du-Nord CTN CTN Open Open territory Minganie-Basse-Côte-Nord Sault-au-Mouton CTN CTN Open Open territory La Haute-Côte-Nord Schefferville CTN CTN Open territory Caniapiscau Open CTN Sept-Iles CTN Open Open territory Sept-Rivières CTN **Uashat** CTN Sept-Rivières Open Open territory Tadoussac CTN CTN Open Open territory La Haute-Côte-Nord **ESTRIE EST Asbestos EST EST** Open Open territory Asbestos Ascot **EST** Sherbrooke **EST** Open Open territory **Ascot Corner EST EST** Open Open territory Le Haut-Saint-François Audet **EST EST** Open Open territory Le Granit Austin **EST EST** Open Open territory Memphrémagog Memphrémagog Ayer's Cliff **EST EST** Open territory Open Barford **EST EST** Open Open territory Coaticook **EST** Barnston **EST** Open Open territory Coaticook Barnston-Ouest **EST EST** Open Open territory Coaticook **EST** Memphrémagog Bolton-Est **EST** Open Open territory Bonsecours **EST EST** Open Open territory Le Val-Saint-François **EST EST** Brompton Open Open territory Le Val-Saint-François Bromptonville **EST EST** Open Open territory Le Val-Saint-François **EST EST** Open territory Le Haut-Saint-François Bury Open **EST** Chartierville **EST** Open Open territory Le Haut-Saint-François Le Val-Saint-François **EST EST** Cleveland Open territory Open

Open

Open

Open

Open

Open

Open territory

Open territory

Open territory

Open territory

Open territory

Le Haut-Saint-François

Coaticook

Coaticook

Coaticook

Le Granit

EST



	Territories	<i>- F</i> 00	tball Quebec -	- Green Book	
CITY	REGION	URLS	ASSOCIATIONS	COMMENTS	MRC
Cookshire	EST	EST	Open	Open territory	Le Haut-Saint-François
Dancille	EST	EST	Open	Open territory	Asbestos
Deauville	EST	EST	Open	Open territory	Sherbrooke
Ditton	EST	EST	Open	Open territory	Le Haut-Saint-François
Dixville	EST	EST	Open	Open territory	Coaticook
Dudswell	EST	EST	Open	Open territory	Le Haut-Saint-François
East Angus	EST	EST	Open	Open territory	Le Haut-Saint-François
East Hereford	EST	EST	Open	Open territory	Coaticook
Eastman	EST	EST	Open	Open territory	Memphrémagog
Eaton	EST	EST	Open	Open territory	Le Haut-Saint-François
Fleurimont	EST	EST	Open	Open territory	Sherbrooke
Fontainebleau	EST	EST	Open	Open territory	Le Haut-Saint-François
Frontenac	EST	EST	Open	Open territory	Le Granit
Gayhurst-Partie-Sud-Est	EST	EST	Open	Open territory	Le Granit
Hampden	EST	EST	Open	Open territory	Le Haut-Saint-François
Hatley	EST	EST	Open	Open territory	Memphrémagog
Hatley-Partie-Ouest	EST	EST	Open	Open territory	Memphrémagog
Kingsbury	EST	EST	Open	Open territory	Le Val-Saint-François
La Patrie	EST	EST	Open	Open territory	Le Haut-Saint-François
Lac-Drolet	EST	EST	Open	Open territory	Le Granit
Lac-Mégantic	EST	EST	Open	Open territory	Le Granit
Lambton	EST	EST	Open	Open territory	Le Granit
Lawrenceville	EST	EST	Open	Open territory	Le Val-Saint-François
Lennoxville	EST	EST	Open	Open territory	Sherbrooke
Lingwick	EST	EST	Open	Open territory	Le Haut-Saint-François
Magog	EST	EST	Open	Open territory	Memphrémagog
Maricourt	EST	EST	Open	Open territory	Le Val-Saint-François
Marston	EST	EST	Open	Open territory	Le Granit
Martinville	EST	EST	Open	Open territory	Coaticook
Melbourne	EST	EST	Open	Open territory	Le Val-Saint-François
Milan	EST	EST	Open	Open territory	Le Granit
Nantes	EST	EST	Open	Open territory	Le Granit
Newport	EST	EST	Open	Open territory	Le Haut-Saint-François
North Hatley	EST	EST	Open	Open territory	Memphrémagog
Notre-Dame-des Bois	EST	EST	Open	Open territory	Le Granit
Ogden	EST	EST	Open	Open territory	Memphrémagog
Omerville	EST	EST	Open	Open territory	Memphrémagog
Orford	EST	EST	Open .	Open territory	Memphrémagog
Piopolis	EST	EST	Open	Open territory	Le Granit
Potton	EST	EST	Open	Open territory	Memphrémagog
Racine	EST	EST	Open	Open territory	Le Val-Saint-François
Richmond	EST	EST	Open	Open territory	Le Val-Saint-François
Risborough	EST	EST	Open	Open territory	Le Granit
Rock Forest	EST	EST	Open	Open territory	Sherbrooke
Sawyerville	EST	EST	Open	Open territory	Le Haut-Saint-François
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	remiones	<i>- </i>	tball Quebec ·	- Green book	
CITY	REGION	URLS	ASSOCIATIONS	COMMENTS	MRC
Scotstown	EST	EST	Open	Open territory	Le Haut-Saint-François
Sherbrooke	EST	EST	L.f.b.q	Bulldogs	Sherbrooke
Shipton	EST	EST	Open	Open territory	Asbestos
Stanstead	EST	EST	Open	Open territory	Memphrémagog
Stanstead-Est	EST	EST	Open	Open territory	Coaticook
St-Adrien	EST	EST	Open	Open territory	Asbestos
Ste-Anne-de-la-Rochelle	EST	EST	Open	Open territory	Le Val-Saint-François
St-Augustin-de-Woburn	EST	EST	Open	Open territory	Le Granit
St-Benoît-du-Lac	EST	EST	Open	Open territory	Memphrémagog
St-Camille	EST	EST	Open	Open territory	Asbestos
Ste-Catherine-de-Hatley	EST	EST	Open	Open territory	Memphrémagog
Ste-Cécile-de-Whitton	EST	EST	Open	Open territory	Le Granit
St-Claude	EST	EST	Open	Open territory	Le Val-Saint-François
St-Denis-de-Brompton	EST	EST	Open	Open territory	Le Val-Saint-François
St-Edwidge-de-Clifton	EST	EST	Open	Open territory	Coaticook
St-Élis-d'Orford	EST	EST	Open	Open territory	Sherbrooke
St-Étienne-de-Bolton	EST	EST	Open	Open territory	Memphrémagog
St-François-Xavier-de-Brompton	EST	EST	Open	Open territory	Le Val-Saint-François
St-Georges-de-Windsor	EST	EST	Open	Open territory	Asbestos
St-Gérard	EST	EST	Open	Open territory	Le Haut-Saint-François
St-Grégoire-de-Greenlay	EST	EST	Open	Open territory	Le Val-Saint-François
St-Herménégilde	EST	EST	Open	Open territory	Coaticook
St-Isidore-d'Auckland	EST	EST	Open	Open territory	Le Haut-Saint-François
St-Joseph-de-Ham-Sud	EST	EST	Open	Open territory	Asbestos
St-Ludger	EST	EST	Open	Open territory	Le Granit
St-Malo	EST	EST	Open	Open territory	Le Haut-Saint-François
St-Robert-Bellarmin	EST	EST	Open	Open territory	Le Granit
St-Romain	EST	EST	Open	Open territory	Le Granit
St-Sébastien	EST	EST	Open	Open territory	Le Granit
St-Venant-de-Hereford	EST	EST	Open	Open territory	Coaticook
Stoke	EST	EST	Open	Open territory	Le Val-Saint-François
Stornoway	EST	EST	Open	Open territory	Le Granit
Stratford	EST	EST	Open	Open territory	Le Granit
Strukley	EST	EST	Open	Open territory	Memphrémagog
Strukley-Sud	EST	EST	Open	Open territory	Memphrémagog
Trois-Lacs	EST	EST	Open	Open territory	Asbestos
Val-Joli	EST	EST	Open	Open territory	Le Val-Saint-François
Val-Racine	EST	EST	Open	Open territory	Le Granit
Valcourt	EST	EST	Open	Open territory	Le Val-Saint-François
Waterville	EST	EST	Open	Open territory	Sherbrooke
Weedon	EST	EST	Open	Open territory	Le Haut-Saint-François
Weedon-Centre	EST	EST	Open	Open territory	Le Haut-Saint-François
Westbury	EST	EST	Open	Open territory	Le Haut-Saint-François
Windsor	EST	EST	Open	Open territory	Le Val-Saint-François
Wotton	EST	EST	Open	Open territory	Asbestos
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CITY	REGION	URLS	ASSOCIATIONS	COMMENTS	MRC
LANAUDIÈRE	LAN				
Berthierville	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	D'Autray
Charlemagne	LAN	LAN	Shared	Rhinos and Pirates	
Chertsey	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	Matawinie
Crabtree	LAN	LAN	Close	Pirates de Joliette	Joliette
Entrelacs	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	Matawinie
Joliette	LAN	LAN	Close	Pirates de Joliette	Joliette
L'Assomption	LAN	LAN	A.F.A.L.	Rhinos de Lanaudière	L'Assomption
La Plaine	LAN	LAN	Laurentides	Laurentides	Les Moulins
La Visitation-de-l'Île-Dupas	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	D'Autray
Lachenaie	LAN	LAN	Laurentides	Laurentides	Les Moulins
Lanoraie-d'Autray	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	D'Autray
Laurentides	LAN	LAN	Laurentides	Laurentides	Montcalm
Lavaltrie	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	D'Autray
Le Gardeur	LAN	LAN	Close	Rhinos	
L'Épiphanie	LAN	LAN	A.F.A.L.	Rhinos and Laurentides	L'Assomption
Manouane	LAN	LAN	A.F.A.L.	Rhinos and Laurentides	Matawinie
Mascouche	LAN	LAN	Laurentides	Laurentides	Les Moulins
Notre-Dame-de-la-Merci	LAN	LAN	Open	Open territory	Matawinie
Notre-Dame-de-Lourdes	LAN	LAN	Close	Pirates de Joliette	Joliette
Notre-Dame-des-Prairies	LAN	LAN	Close	Pirates de Joliette	Joliette
Rawdon	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	Matawinie
Repentigny	LAN	LAN	Close	Rhinos	
Sacré-Cœur-de-Crabtree	LAN	LAN	Close	Pirates de Joliette	Joliette
St-Alexis	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	Montcalm
St-Alphonse-de-Rodriguez	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	Matawinie
St-Ambroise-de-Kildare	LAN	LAN	Close	Pirates de Joliette	Joliette
St-Antoine-de-Lavaltrie	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	D'Autray
St-Barthélémy	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	D'Autray
St-Béatrix	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	Matawinie
St-Calixte	LAN	LAN	Open	Open territory	Montcalm
St-Charles-de-Mandeville	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	D'Autray
St-Charles-Borromé	LAN	LAN	Close	Pirates de Joliette	Joliette
St-Cléophas	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	D'Autray
St-Côme	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	Matawinie
St-Cuthbert	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	D'Autray
St-Damien	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	Matawinie
St-Didace	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	D'Autray
St-Donat	LAN	LAN	Open	Open territory	Matawinie
Ste-Élizabeth	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	D'Autray
St-Émile-de-l'Énergie	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	Matawinie
St-Esprit	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	Montcalm
St-Félix-de-Valois	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	Matawinie
St-Gabriel	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	D'Autray
St-Gabriel-de-Brandon	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	D'Autray



	Territories	<i>- F00</i>	tball Quebec	- Green Book	
CITY	REGION	URLS	ASSOCIATIONS	COMMENTS	MRC
Ste-Geneviève-de-Berthier	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	D'Autray
St-Gérard-Magella	LAN	LAN	A.F.A.L.	Rhinos de Lanaudière	L'Assomption
St-Guillaume-Nord	LAN	LAN	Open	Open territory	Matawinie
St-Ignace-de-Loyola	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	D'Autray
St-Jacques	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	Montcalm
St-Jean-de-Matha	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	Matawinie
St-Joseph-de-Lanoraie	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	D'Autray
Ste-Julienne	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	Montcalm
St-Liguori	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	Montcalm
St-Lin	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	Montcalm
Ste-Marceline-de-Kildare	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	Matawinie
Ste-Marie-Solomé	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	Montcalm
St-Michel-des-Saints	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	Matawinie
Ste-Mélanie	LAN	LAN	Close	Pirates de joliette	Joliette
St-Norbert	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	D'Autray
St-Paul	LAN	LAN	Close	Pirates de joliette	Joliette
St-Pierre	LAN	LAN	Close	Pirates de joliette	Joliette
St-Roch-de-l'Achigan	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	Montcalm
St-Roch-Ouest	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	Montcalm
St-Sulpice	LAN	LAN	A.F.A.L.	Rhinos de Lanaudière	L'Assomption
St-Thomas	LAN	LAN	Close	Pirates de joliette	Joliette
St-Viateur	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	D'Autray
St-Zénon	LAN	LAN	A.F.A.L.	Ass. Régional de Lanaudière	Matawinie
Terrebonne	LAN	LAN	Laurentides	Laurentides	Les Moulins
Laurentides	LAU				
Amherst	LAU	LAU	Open	Open territory	Les Laurentides
Arundel	LAU	LAU	Open	Open territory	Les Laurentides
Barkmere	LAU	LAU	Open	Open territory	Les Laurentides
Bellefeuille	LAU	LAU	Laurentides	Laurentides	La Rivière-du-Nord
Beaux-Rivages	LAU	LAU	Open	Open territory	Antoine-Labelle
Blainville	LAU	LAU	Laurentides	Laurentides	Thérèse-De Blainville
Bois-des-Filions	LAU	LAU	Laurentides	Laurentides	Thérèse-De Blainville
Boisbriand	LAU	LAU	Laurentides	Laurentides	Thérèse-De Blainville
Brébeuf	LAU	LAU	Open	Open territory	Les Laurentides
Brownsburg / Chatham	LAU	LAU	Open	Open territory	Argenteuil
Calumet	LAU	LAU	Open	Open territory	Argenteuil
Chute-Saint-Philippe	LAU	LAU	Open	Open territory	Antoine-Labelle
Des Ruisseaux	LAU	LAU	Open	Open territory	Antoine-Labelle
Deux-Montagnes	LAU	LAU	Laurentides	Laurentides	Deux-Montagnes
Estérel	LAU	LAU	Open	Open territory	Les-Pays-d'en-Haut
Ferme-Neuve	LAU	LAU	Open	Open territory	Antoine-Labelle
Gore	LAU	LAU	Open	Open territory	Argenteuil
Grenville	LAU	LAU	Laurentides	Laurentides	Argenteuil
Harrington	LAU	LAU	Open	Open territory	Argenteuil
Huberdeau	LAU	LAU	Open	Open territory	Les Laurentides



	Territories	1 001	ball Quebec	arcer book	
CITY	REGION	URLS	ASSOCIATIONS	COMMENTS	MRC
lvry-sur-le-Lac	LAU	LAU	Open	Open territory	Les Laurentides
Kiamika	LAU	LAU	Open	Open territory	Antoine-Labelle
L'Annonciation	LAU	LAU	Open	Open territory	Antoine-Labelle
L'Ascension	LAU	LAU	Open	Open territory	Antoine-Labelle
La Conception	LAU	LAU	Open	Open territory	Les Laurentides
La Macaza	LAU	LAU	Open	Open territory	Antoine-Labelle
La Minerve	LAU	LAU	Open	Open territory	Les Laurentides
Labelle	LAU	LAU	Open	Open territory	Les Laurentides
Lac-des-Écorces	LAU	LAU	Open	Open territory	Antoine-Labelle
Lac-des-Seize-Îles	LAU	LAU	Open	Open territory	Les-Pays-d'en-Haut
Lac-du-Cerf	LAU	LAU	Open	Open territory	Antoine-Labelle
Lac-Nominingue	LAU	LAU	Open	Open territory	Antoine-Labelle
Lac-Saguay	LAU	LAU	Open	Open territory	Antoine-Labelle
Lac-St-Paul	LAU	LAU	Open	Open territory	Antoine-Labelle
Lac-Supérieur	LAU	LAU	Open	Open territory	Les Laurentides
Lac Tremblant nord	LAU	LAU	Open	Open territory	Les Laurentides
Lachute	LAU	LAU	Laurentides	Laurentides	Argenteuil
Lafontaine	LAU	LAU	Open	Open territory	La Rivière-du-Nord
Lantier	LAU	LAU	Open	Open territory	Les Laurentides
Lorraine	LAU	LAU	Laurentides	Laurentides	Thérèse-De Blainville
Marchand	LAU	LAU	Open	Open territory	Antoine-Labelle
Milles-Isles	LAU	LAU	Open	Open territory	Argenteuil
Mirabel	LAU	LAU	Laurentides	Laurentides	Mirabel
Montcalm	LAU	LAU	Open	Open territory	Les Laurentides
Mont-Laurier	LAU	LAU	Open	Open territory	Antoine-Labelle
Mont St-Michel	LAU	LAU	Open	Open territory	Antoine-Labelle
Mont-Tremblant	LAU	LAU	Open	Open territory	Les Laurentides
Morin-Heights	LAU	LAU	Open	Open territory	Les-Pays-d'en-Haut
Notre-Dame-du-Laus	LAU	LAU	Open	Open territory	Antoine-Labelle
Notre-Dame-de-Pontmain	LAU	LAU	Open	Open territory	Antoine-Labelle
Oka	LAU	LAU	Laurentides	Laurentides	Deux-Montagnes
Piedmont	LAU	LAU	Open	Open territory	Les-Pays-d'en-Haut
Pointe-Calumet	LAU	LAU	Laurentides	Laurentides	Deux-Montagnes
Prévost	LAU	LAU	Open	Open territory	La Rivière-du-Nord
Rosemère	LAU	LAU	Laurentides	Laurentides	Thérèse-De Blainville
St-Adolphe-d'Howard	LAU	LAU	Open	Open territory	Les-Pays-d'en-Haut
Saint-Aimé-du-Lac-des-Îles	LAU	LAU	Open	Open territory	Antoine-Labelle
St-André d'Argenteuil	LAU	LAU	Open	Open territory	Argenteuil
Ste-Adèle	LAU	LAU	Open	Open territory	Les-Pays-d'en-Haut
Ste-Agathe-Nord	LAU	LAU	Open	Open territory	Les Laurentides
Ste-Agathe-des-Monts	LAU	LAU	Open	Open territory	Les Laurentides
Ste-Anne-des-Lacs	LAU	LAU	Open	Open territory	Les-Pays-d'en-Haut
Ste-Anne-des-Plaines	LAU	LAU	Laurentides	Laurentides	Thérèse-De Blainville
Ste-Anne-du-Lac	LAU	LAU	Open	Open territory	Antoine-Labelle
St-Antoine	LAU	LAU	Laurentides	Laurentides	La Rivière-du-Nord



	Ierritories	- Foot	tball Québec -	- Green Book	
CITY	REGION	URLS	ASSOCIATIONS	COMMENTS	MRC
St-Colomban	LAU	LAU	Open	Open territory	La Rivière-du-Nord
St-Eustache	LAU	LAU	Laurentides	Laurentides	Deux-Montagnes
St-Faustin du Lac Carré	LAU	LAU	Open	Open territory	Les Laurentides
St-Hippolyte	LAU	LAU	Open	Open territory	La Rivière-du-Nord
St-Jérôme	LAU	LAU	Laurentides	Laurentides	La Rivière-du-Nord
St-Joseph-du-Lac	LAU	LAU	Laurentides	Laurentides	Deux-Montagnes
St-Jovite	LAU	LAU	Open	Open territory	Les Laurentides
Ste-Lucie-des-Laurentides	LAU	LAU	Open	Open territory	Les Laurentides
Ste-Margerite-du-Lac-Masson 27	LAU	LAU	Open	Open territory	Les-Pays-d'en-Haut
Ste-Marthe-sur-le-Lac	LAU	LAU	Laurentides	Laurentides	Deux-Montagnes
St-Placide	LAU	LAU	Laurentides	Laurentides	Deux-Montagnes
St-Sauveur	LAU	LAU	Open	Open territory	Les-Pays-d'en-Haut
St-Sauveur-des-Monts	LAU	LAU	Open	Open territory	Les-Pays-d'en-Haut
Ste-Sophie	LAU	LAU	Laurentides	Laurentides	La Rivière-du-Nord
Ste-Thérèse	LAU	LAU	Laurentides	Laurentides	Thérèse-De Blainville
Ste-Véronique	LAU	LAU	Open	Open territory	Antoine-Labelle
Val-Barette	LAU	LAU	Open	Open territory	Antoine-Labelle
Val-David	LAU	LAU	Open	Open territory	Les Laurentides
Val-des-Lacs	LAU	LAU	Open	Open territory	Les Laurentides
Val-Morin	LAU	LAU	Open	Open territory	Les Laurentides
Wentworth	LAU	LAU	Open	Open territory	Argenteuil
Wentworth-Nord	LAU	LAU	Open	Open territory	Les-Pays-d'en-Haut
LAVAL	LAV				
Auteuil	LAV	LAV	Vimont	Patriotes	Laval
Chomedey	LAV	LAV	Chomedey	Blues de chomedey	Laval
Duvernay	LAV	LAV	Laval Est	Broncos	Laval
Fabreville	LAV	LAV	Laval Nord	Vikings	Laval
Laval-des-Rapides	LAV	LAV	LCS	Cowboys	Laval
Laval-sur-le-Lac	LAV	LAV	Chomedey	Blues de chomedey	Laval
Laval Ouest	LAV	LAV	Laval Nord		
		L/ (V	Lavai Noru	Vikings	Laval
Pont-Viau	LAV	LAV	LCS	Vikings Cowboys	Laval Laval
Pont-Viau St-François					
	LAV	LAV	LCS	Cowboys	Laval
St-François	LAV LAV	LAV	LCS Laval Est	Cowboys Broncos	Laval Laval
St-François Ste-Dorothée	LAV LAV LAV	LAV LAV	LCS Laval Est Chomedey	Cowboys Broncos Blues de chomedey	Laval Laval Laval
St-François Ste-Dorothée Ste-Rose	LAV LAV LAV	LAV LAV LAV	LCS Laval Est Chomedey Laval Nord	Cowboys Broncos Blues de chomedey Vikings	Laval Laval Laval Laval
St-François Ste-Dorothée Ste-Rose St-Vincent-de-Paul	LAV LAV LAV LAV LAV	LAV LAV LAV LAV	LCS Laval Est Chomedey Laval Nord Laval Est	Cowboys Broncos Blues de chomedey Vikings Broncos	Laval Laval Laval Laval Laval
St-François Ste-Dorothée Ste-Rose St-Vincent-de-Paul Vimont	LAV LAV LAV LAV LAV LAV LAV LAV	LAV LAV LAV LAV LAV	LCS Laval Est Chomedey Laval Nord Laval Est Vimont	Cowboys Broncos Blues de chomedey Vikings Broncos Patriotes	Laval Laval Laval Laval Laval Laval
St-François Ste-Dorothée Ste-Rose St-Vincent-de-Paul Vimont Territoire de Laval au sud de la 44	LAV LAV LAV LAV LAV LAV LAV LAV	LAV LAV LAV LAV LAV LAV	LCS Laval Est Chomedey Laval Nord Laval Est Vimont Laval Élite	Cowboys Broncos Blues de chomedey Vikings Broncos Patriotes Bulldogs	Laval Laval Laval Laval Laval Laval Laval Laval Laval
St-François Ste-Dorothée Ste-Rose St-Vincent-de-Paul Vimont Territoire de Laval au sud de la 44 Territoire de Laval au nord de la 44	LAV	LAV LAV LAV LAV LAV LAV	LCS Laval Est Chomedey Laval Nord Laval Est Vimont Laval Élite	Cowboys Broncos Blues de chomedey Vikings Broncos Patriotes Bulldogs	Laval Laval Laval Laval Laval Laval Laval Laval Laval
St-François Ste-Dorothée Ste-Rose St-Vincent-de-Paul Vimont Territoire de Laval au sud de la 44 Territoire de Laval au nord de la 44 MAURICIE	LAV LAV LAV LAV LAV LAV LAV AO LAV MAU	LAV LAV LAV LAV LAV LAV LAV LAV	LCS Laval Est Chomedey Laval Nord Laval Est Vimont Laval Élite Laval-Nord	Cowboys Broncos Blues de chomedey Vikings Broncos Patriotes Bulldogs Vikings	Laval
St-François Ste-Dorothée Ste-Rose St-Vincent-de-Paul Vimont Territoire de Laval au sud de la 44 Territoire de Laval au nord de la 44 MAURICIE Baie-de-Shawinigan	LAV LAV LAV LAV LAV LAV LAV AO LAV MAU	LAV LAV LAV LAV LAV LAV LAV MAU	LCS Laval Est Chomedey Laval Nord Laval Est Vimont Laval Élite Laval-Nord Open	Cowboys Broncos Blues de chomedey Vikings Broncos Patriotes Bulldogs Vikings Open territory	Laval
St-François Ste-Dorothée Ste-Rose St-Vincent-de-Paul Vimont Territoire de Laval au sud de la 44 Territoire de Laval au nord de la 44 MAURICIE Baie-de-Shawinigan Batiscan	LAV LAV LAV LAV LAV LAV AV LAV AV A	LAV LAV LAV LAV LAV LAV LAV MAU	LCS Laval Est Chomedey Laval Nord Laval Est Vimont Laval Élite Laval-Nord Open Open	Cowboys Broncos Blues de chomedey Vikings Broncos Patriotes Bulldogs Vikings Open territory Open territory	Laval Francheville
St-François Ste-Dorothée Ste-Rose St-Vincent-de-Paul Vimont Territoire de Laval au sud de la 44 Territoire de Laval au nord de la 4 MAURICIE Baie-de-Shawinigan Batiscan Boucher	LAV LAV LAV LAV LAV AV LAV AV A	LAV LAV LAV LAV LAV LAV LAV MAU MAU	LCS Laval Est Chomedey Laval Nord Laval Est Vimont Laval Élite Laval-Nord Open Open Open	Cowboys Broncos Blues de chomedey Vikings Broncos Patriotes Bulldogs Vikings Open territory Open territory Open territory	Laval Mékinac



	Territories	<i>- F</i> 001	ball Quebec ·	- Green Book	
CITY	REGION	URLS	ASSOCIATIONS	COMMENTS	MRC
Coucoucache	MAU	MAU	Open	Open territory	La Haute-St-Maurice
Grandes-Piles	MAU	MAU	Open	Open territory	Mékinac
Grand-Mère	MAU	MAU	Open	Open territory	Le Centre-de-la-Mauricie
Hérouxville	MAU	MAU	Open	Open territory	Mékinac
La Bostonnais	MAU	MAU	Open	Open territory	La Haute-St-Maurice
La Tuque	MAU	MAU	Open	Open territory	La Haute-St-Maurice
Lac-à-la-Tortue	MAU	MAU	Open	Open territory	Le Centre-de-la-Mauricie
Lac-aux-Sables	MAU	MAU	Open	Open territory	Mékinac
Lac-Édouard	MAU	MAU	Open	Open territory	La Haute-St-Maurice
Langelier	MAU	MAU	Open	Open territory	La Haute-St-Maurice
Louiseville	MAU	MAU	Open	Open territory	Maskinongé
Maskinongé	MAU	MAU	Open	Open territory	Maskinongé
Notre-Dame-de-Montauban	MAU	MAU	Open	Open territory	Mékinac
Notre-Dame-du-Mont-Carmel	MAU	MAU	Open	Open territory	Le Centre-de-la-Mauricie
Obedjiwan	MAU	MAU	Open	Open territory	La Haute-St-Maurice
Parent	MAU	MAU	Open	Open territory	La Haute-St-Maurice
Pointe-du-Lac	MAU	MAU	Open	Open territory	Francheville
Rivière-Windigo	MAU	MAU	Open	Open territory	La Haute-St-Maurice
Shawinigan	MAU	MAU	Open	Open territory	Le Centre-de-la-Mauricie
Shawinigan-Sud	MAU	MAU	Open	Open territory	Le Centre-de-la-Mauricie
St-Adelphe	MAU	MAU	Open	Open territory	Mékinac
St-Alexis-des-Monts	MAU	MAU	Open	Open territory	Maskinongé
St-Angèle-de-Prémont	MAU	MAU	Open	Open territory	Maskinongé
Ste-Anne-de-la-Pérade	MAU	MAU	Open	Open territory	Francheville
St-Barnabé	MAU	MAU	Open	Open territory	Maskinongé
St-Boniface-de-Shawinigan	MAU	MAU	Open	Open territory	Le Centre-de-la-Mauricie
St-Édouard-de-Maskinongé	MAU	MAU	Open	Open territory	Maskinongé
St-Élie	MAU	MAU	Open	Open territory	Le Centre-de-la-Mauricie
St-Étienne-des-Grès	MAU	MAU	Open	Open territory	Francheville
Ste-Geneviève-de-Batiscan	MAU	MAU	Open	Open territory	Francheville
St-Georges	MAU	MAU	Open	Open territory	Le Centre-de-la-Mauricie
St-Gérard-des-Laurentides	MAU	MAU	Open	Open territory	Le Centre-de-la-Mauricie
St-Jean-des-Piles	MAU	MAU	Open	Open territory	Le Centre-de-la-Mauricie
St-Joseph-de-Maskinongé	MAU	MAU	Open	Open territory	Maskinongé
St-Justin	MAU	MAU	Open	Open territory	Maskinongé
St-Léon-le-Grand	MAU	MAU	Open	Open territory	Maskinongé
St-Louis-de-France	MAU	MAU	Open	Open territory	Francheville
St-Luc-de-Vincennes	MAU	MAU	Open	Open territory	Francheville
Ste-Marthe-du-Cap	MAU	MAU	Open	Open territory	Francheville
St-Mathieu	MAU	MAU	Open	Open territory	Le Centre-de-la-Mauricie
St-Maurice	MAU	MAU	Open	Open territory	Francheville
St-Narcisse	MAU	MAU	Open	Open territory	Francheville
St-Paulin	MAU	MAU	Open	Open territory	Maskinongé
St-Prosper	MAU	MAU	Open	Open territory	Francheville
St-Roch-de-Mékinac	MAU	MAU	Open	Open territory	Mékinac
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DIRECTORY OF MUNICIPALITIES Territories - Football Québec - Green Book CITY REGION **URLS ASSOCIATIONS** COMMENTS MRC St-Sévère MAU MAU Open Open territory Maskinongé St-Séverin MAU MAU Open Open territory Mékinac MAU MAU St-Stanislas Open Open territory Francheville MAU Mékinac Ste-Thècle MAU Open Open territory St-Tite MAU MAU Open Open territory Mékinac St-Ursule MAU MAU Open territory Maskinongé Open Trois-Rivière Ouest MAU MAU Open Open territory Francheville Trois-Rivières MAU MAU Open Open territory Francheville MAU La Haute-St-Maurice Weymontachie MAU Open Open territory MAU MAU Maskinongé Yamachiche Open Open territory **BOURASSA** BOU BOU CUM Anjou MON St-Léonard Cougars Montréal-Est BOU MON Open Open territory CUM Montréal-Nord BOU MON Open Open territory CUM St-Léonard BOU St-Léonard CUM MON Cougars BOU MON Sun Youth CUM Outremont Hornets **LAC-ST-LOUIS NORD** LSLN Baie-d'Urfé LSLN CUM MON Open Open territory Beaconsfield LSLN MON Lakeshore Cougars CUM Dollard-des-Ormeaux LSLN MON North Shore North Shore CUM Dorval LSLN MON Open territory CUM Open Île-Dorval LSLN CUM MON Open Open territory Kirkland LSLN MON Lakeshore Cougars CUM Mont-Royal LSLN MON St-Laurent Spartans CUM CUM Pierrefonds LSLN MON North Shore North Shore Pointe-Claire LSLN MON CUM Open Open territory Roxboro LSLN CUM MON North Shore North Shore LSLN CUM Senneville MON Open Open territory Ste-Anne-de-Bellevue LSLN MON Open Open territory CUM Ste-Geneviève CUM LSLN MON Île Bizard Vikings LSLN CUM St-Laurent MON St-Laurent Spartans St-Raphaël de l'Île Bizard LSLN MON Île Bizard CUM Vikings LAC-ST-LOUIS SUD LSLS LSLS MON CUM Côte St-Luc Open Open territory Hampstead LSLS MON Open Open territory CUM LSLS CUM Lachine MON Open Open territory LSLS CUM LaSalle MON Lasalle Warriors Montréal-Ouest **LSLS** MON Open Open territory CUM St-Pierre LSLS CUM MON Open Open territory Verdun and Île des Sœurs LSLS MON CUM Verdun Ti-cats Westmount LSLS MON Open Open territory CUM QUARTIERS DE MONTRÉAL MON # 1 Cartierville Mon Mon Shared St-Laurent, St-Léonard, CUM Sun Youth



	Territories	- Fooi	ball Quebec	- Green Book	
CITY	REGION	URLS	ASSOCIATIONS	COMMENTS	MRC
# 2 Ahuntsic	Mon	Mon	Shared	St-Laurent, St-Léonard Sun Youth	CUM
# 3 St-Michel	Mon	Mon	Shared	From St-Michel Blvd to West	CUM
# 3 St-IMICHEI	IVION	IVION	Snareu	Open in Sun Youth and towards Ea	
	_			Open in St-Léonard	151
# 4 Villeray-Parc-Extension	Mon	Mon	Sun Youth	Hornets	CUM
# 5 Petite Patrie	Mon	Mon	Sun Youth	Hornets	CUM
# 6 Rosemont	Mon	Mon	Shared	From St-Michel Blvd to West	CUM
" o reaction	IVIOII	IVIOII	Onared	In Sun Youth and towards East in S	
# 7 Nouveau-Rosemont	Mon	Mon	St-Léonard	Cougars	CUM
# 8 Hochelaga-Maisonneuve	Mon	Mon	Shared	St-Léonard and Sun Youth	CUM
# 9 Mercier	Mon	Mon	Open	Open	CUM
# 10 Plateau Mont-Royal	Mon	Mon	Sun Youth	Hornets	CUM
# 11 Ville-Marie	Mon	Mon	Sun Youth	Hornets	CUM
# 12 Côte-des-Neiges	Mon	Mon	Sun Youth	Hornets	CUM
# 13 Notre-Dame-de-Grâce	Mon	Mon	Sun Youth	Hornets	CUM
# 14 Sud-Ouest					
Pointe-St-Charles	Mon	Mon	Exclusif	Aces	CUM
Petite-Bourgogne	Mon	Mon	Shared	Aces, Lasalle, Sun Youth, Verdun	CUM
Saint-Henri	Mon	Mon	Shared	Aces, Lasalle, Sun Youth, Verdun	CUM
Ville-Émard			Shared	Aces, Lasalle, Sun Youth, Verdun	CUM
#15 Rivière-des-Prairies	Mon	Mon	Open	Open	CUM
#16 Pointe-aux-Trembles	Mon	Mon	Open	Open	CUM
#17 Montréal-Nord	Mon	Mon	Open	Open	CUM
#18 Tétreauville	Mon	Mon	Open	Open	CUM
#19 Montréal-Est	Mon	Mon	Open	Open	CUM
RIVE-SUD	RIS				
Boucherville	RIS	MRE	Boucherville	Grizzlis	Lajemmerais
Brossard	RIS	MRE	Open	Open	Champlain
Calixa-Lavallée	RIS	MRE	Open	Open	Lajemmerais
Candiac	RIS	MRE	Open	Open	Roussillon
Carignan	RIS	MRE	Open	Open	La Vallée-du-Richelieu
Chambly	RIS	MRE	Open	Open	La Vallée-du-Richelieu
Delson	RIS	MRE	Open	Open	Roussillon
Greenfield Park	RIS	MRE	Greenfield Park	Packers	Chambly
Henryville	RIS	MRE	Open	Open	Le Haut-Richelieu
Henryville Village	RIS	MRE	Open	Open	Le Haut-Richelieu
Iberville	RIS	MRE	Close	St-Jean-sur-Richelieu	Le Haut-Richelieu
L'acadie	RIS	MRE	Close	St-Jean-sur-Richelieu	Le Haut-Richelieu
Lacolle	RIS	MRE	Open	Open	Le Haut-Richelieu
La Prairie	RIS	MRE	Laprairie	Laprairie	Roussillon
Lemoyne	RIS	MRE	Open	Open	Champlain
		MADE		^	Observator's
Longueuil	RIS	MRE	Open	Open	Champlain
Longueuil Marieville	RIS RIS	MRE	Open Open	Open Open	Roussillon



	Territories	<i>- F</i> 001	ball Quebec	- Green Book	
CITY	REGION	URLS	ASSOCIATIONS	COMMENTS	MRC
Napierville	RIS	MRE	Open	Open	Les Jardins-de-Napierville
Notre-Dame-Du-Mont-Carmel	RIS	MRE	Open	Open	Roussillon
Noyan	RIS	MRE	Open	Open	Le Haut-Richelieu
Richelieu	RIS	MRE	Open	Open	Rouville
St-Alexandre	RIS	MRE	Open	Open	Le Haut-Richelieu
St-Amable	RIS	MRE	Open	Open	Lajemmerais
Ste-Angèle-De-Monnoir	RIS	MRE	Open	Open	Rouville
Sre-Anne-De-Sabrevois	RIS	MRE	Open	Open	Le Haut-Richelieu
St-Athanase	RIS	MRE	Close	St-Jean-sur-Richelieu	Le Haut-Richelieu
St-Basile-Le-Grand	RIS	MRE	Open	Open	La Vallée-du-Richelieu
St-Bernard-De-Lacolle	RIS	MRE	Open	Open	Les Jardins-de-Napierville
Ste-Blaise-Sur-Richelieu	RIS	MRE	Open	Open	Le Haut-Richelieu
St-Bruno-De-Montarville	RIS	MRE	St-Bruno	Barons	La Vallée-du-Richelieu
Ste-Catherine	RIS	MRE	Open	Open	Roussillon
St-Constant	RIS	MRE	Open	Open	Roussillon
St-Cyprien-de-Napierville	RIS	MRE	Open	Open	Les Jardins-de-Napierville
St-Edouard-de-Napierville	RIS	MRE	Open	Open	Les Jardins-de-Napierville
St-Georges-de-Clarenceville	RIS	MRE	Open	Open	Le Haut-Richelieu
St-Hubert	RIS	MRE	St-Hubert	Rebelles	Champlain
St-Isidore	RIS	MRE	Open	Open	Roussillon
St-Jacques-le-Mineur	RIS	MRE	Open	Open territory	Les Jardins-de-Napierville
St-Jean-sur-Richelieu	RIS	MRÉ	Close	St-Jean-sur-Richelieu	Le Haut-Richelieu
Ste-Julie	RIS	MRÉ	Open	Open territory	Lajemmerais
St-Lambert	RIS	MRÉ	Open	Open territory	Champlain
St-Luc	RIS	MRÉ	Close	St-Jean-sur-Richelieu	Le Haut-Richelieu
Ste-Marie-de-Monnoir	RIS	MRÉ	Open	Open territory	Rouville
St-Mathias-sur-Richelieu	RIS	MRÉ	Open	Open territory	Rouville
St-Mathieu	RIS	MRÉ	Open	Open territory	Roussillon
St-Michel	RIS	MRÉ	Open	Open territory	Les Jardins-de-Napierville
St-Paul-de-l'Île-aux-Noix	RIS	MRÉ	Open	Open territory	Le Haut-Richelieu
St-Patrice-de-Sherrington	RIS	MRÉ	Open	Open territory	Les Jardins-de-Napierville
St-Philippe de Laprairie	RIS	MRÉ	Open	Open territory	Roussillon
St-Rémi	RIS	MRÉ	Open	Open territory	Les Jardins-de-Napierville
St-Sébastien	RIS	MRÉ	Open	Open territory	Le Haut-Richelieu
St-Valentin	RIS	MRÉ	Open	Open territory	Le Haut-Richelieu
Varennes	RIS	MRÉ	Montréal Métro	Aigles	Lajemmerais
Verchères	RIS	MRÉ	Open	Open territory	Lajemmerais
Venise-en-Québec	RIS	MRÉ	Open	Open territory	Le Haut-Richelieu
RICHELIEU-YAMASKA	RIY				
Acton Vale	RIY	MRÉ	Open	Open territory	Acton
Bedford	RIY	MRÉ	Open	Open territory	Brome-Missisquoi
Bedford Canton	RIY	MRÉ	Open	Open territory	Brome-Missisquoi
Beloeil	RIY	MRÉ	Open	Open territory	La Vallée-du-Richelieu
Béthanie	RIY	MRÉ	Open	Open territory	Acton
Bolton-Ouest	RIY	MRÉ	Open	Open territory	Brome-Missisquoi



	Territories	<i>- F00</i>	tball Quebec -	- Green book	
CITY	REGION	URLS	ASSOCIATIONS	COMMENTS	MRC
Brigham	RIY	MRÉ	Open	Open territory	Brome-Missisquoi
Brome	RIY	MRÉ	Open	Open territory	Brome-Missisquoi
Bromont	RIY	MRÉ	Open	Open territory	La Haute-Yamaska
Contrecoeur	RIY	MRÉ	Open	Open territory	Lajemmerais
Cowansville	RIY	MRÉ	Open	Open territory	Brome-Missisquoi
Dunham	RIY	MRÉ	Open	Open territory	Brome-Missisquoi
East Farnham	RIY	MRÉ	Open	Open territory	Brome-Missisquoi
Farnham	RIY	MRÉ	Open	Open territory	Brome-Missisquoi
Frelighsburg	RIY	MRÉ	Open	Open territory	Brome-Missisquoi
Granby	RIY	MRÉ	Open	Open territory	La Haute-Yamaska
Granby Canton	RIY	MRÉ	Open	Open territory	La Haute-Yamaska
La Présentation	RIY	MRÉ	Open	Open territory	Les Maskoutains
Lac Brome	RIY	MRÉ	Open	Open territory	Brome-Missisquoi
L'Ange-Gardien	RIY	MRÉ	Open	Open territory	Rouville
Massueville	RIY	MRÉ	Open	Open territory	Le Bas-Richelieu
Mc Masterville	RIY	MRÉ	Open	Open territory	La Vallée-du-Richelieu
Mont St-Hilaire	RIY	MRÉ	Richelieu	Pirates	La Vallée-du-Richelieu
Notre-Dame-de-Stanbridge	RIY	MRÉ	Open	Open territory	Brome-Missisquoi
Notre-Dame-de-St-Hyacinthe	RIY	MRÉ	Open	Open territory	Les Maskoutains
Otterburn Park	RIY	MRÉ	Open	Open territory	La Vallée-du-Richelieu
Philipsburg	RIY	MRÉ	Open	Open territory	Brome-Missisquoi
Rainville	RIY	MRÉ	Open	Open territory	Brome-Missisquoi
Rougemont	RIY	MRÉ	Open	Open territory	Rouville
Roxton	RIY	MRÉ	Open	Open territory	Acton
Roxton Falls	RIY	MRÉ	Open	Open territory	Acton
Roxton Pond	RIY	MRÉ	Open	Open territory	La Haute-Yamaska
Shefford	RIY	MRÉ	Open	Open territory	La Haute-Yamaska
Sorel	RIY	MRÉ	Sorel	Sorel	Polipus
St-Aimé	RIY	MRÉ	Open	Open territory	Le Bas-Richelieu
St-Alphonse	RIY	MRÉ	Open	Open territory	La Haute-Yamaska
Stanbridge	RIY	MRÉ	Open	Open territory	Brome-Missisquoi
St-André d'Acton	RIY	MRÉ	Open	Open territory	Acton
St-Ange-Gardien	RIY	MRÉ	Open	Open territory	Rouville
Ste-Anne-de-Sorel	RIY	MRÉ	Open	Open territory	Le Bas-Richelieu
St-Antoine-sur Richelieu	RIY	MRÉ	Open	Open territory	La Vallée-du-Richelieu
St-Armand ouest	RIY	MRÉ	Open	Open territory	Brome-Missisquoi
St-Barnabé-Sud	RIY	MRÉ	Open	Open territory	Les Maskoutains
St-Bernard-Partie-Sud	RIY	MRÉ	Open	Open territory	Les Maskoutains
Ste-Brigide-d'Iberville	RIY	MRÉ	Open	Open territory	Le Haut-Richelieu
Ste-Cécile-de-Milton	RIY	MRÉ	Open	Open territory	La Haute-Yamaska
St-Césaire	RIY	MRÉ	Open	Open territory	Rouville
St-Césaire Paroisse	RIY	MRÉ	Open	Open territory	Rouville
St-Charles-sur-Richelieu	RIY	MRÉ	Open	Open territory	La Vallée-du-Richelieu
Ste-Christine	RIY	MRÉ	Open	Open territory	Acton
St-Damase	RIY	MRÉ	Open	Open territory	Les Maskoutains



	Territories	<i>- Foot</i>	tball Quebec -	- Green Book	
CITY	REGION	URLS	ASSOCIATIONS	COMMENTS	MRC
St-Damase Paroisse	RIY	MRÉ	Open	Open territory	Les Maskoutains
St-David	RIY	MRÉ	Open	Open territory	Le Bas-Richelieu
St-Denis	RIY	MRÉ	Open	Open territory	La Vallée-du-Richelieu
Ste-Dominique	RIY	MRÉ	Open	Open territory	Les Maskoutains
St-Gérard-Majella	RIY	MRÉ	Open	Open territory	Le Bas-Richelieu
Ste-Hélène-de-Bagot	RIY	MRÉ	Open	Open territory	Les Maskoutains
St-Hugues	RIY	MRÉ	Open	Open territory	Les Maskoutains
St-Hyacinthe	RIY	MRÉ	Open	Open territory	Les Maskoutains
St-Hyacinthe-le-Confesseur	RIY	MRÉ	Open	Open territory	Les Maskoutains
St-Ignace-de-Stanbridge	RIY	MRÉ	Open	Open territory	Brome-Missisquoi
St-Jean-Baptiste	RIY	MRÉ	Open	Open territory	Rouville
St-Joachim-de-Shefford	RIY	MRÉ	Open	Open territory	La Haute-Yamaska
St-Joseph-de-Sorel	RIY	MRÉ	Open	Open territory	Le Bas-Richelieu
St-Jude	RIY	MRÉ	Open	Open territory	Les Maskoutains
St-Liboire	RIY	MRÉ	Open	Open territory	Les Maskoutains
St-Louis	RIY	MRÉ	Open	Open territory	Les Maskoutains
Ste-Madeleine	RIY	MRÉ	Open	Open territory	Les Maskoutains
St-Marc-sur-Richelieu	RIY	MRÉ	Open	Open territory	La Vallée-du-Richelieu
St-Marcel-de-Richelieu	RIY	MRÉ	Open	Open territory	Les Maskoutains
Ste-Marie-Madeleine	RIY	MRÉ	Open	Open territory	Les Maskoutains
St-Mathieu-de-Beloeil	RIY	MRÉ	Open	Open territory	La Vallée-du-Richelieu
St-Michel-d'Yamaska	RIY	MRÉ	Open	Open territory	Le Bas-Richelieu
St-Michel-de-Rougemont	RIY	MRÉ	Open	Open territory	Rouville
St-Nazaire-d'Acton	RIY	MRÉ	Open	Open territory	Acton
St-Paul-d'Abbotsford	RIY	MRÉ	Open	Open territory	Rouville
St-Pie	RIY	MRÉ	Open	Open territory	Les Maskoutains
St-Pie Paroisse	RIY	MRÉ	Open	Open territory	Les Maskoutains
St-Pierre-de-Véronne-à-Pike-River	RIY	MRÉ	Open	Open territory	Brome-Missisquoi
St-Robert	RIY	MRÉ	Open	Open territory	Le Bas-Richelieu
St-Rock-de-Richelieu	RIY	MRÉ	Open	Open territory	Le Bas-Richelieu
Ste-Rosalie	RIY	MRÉ	Open	Open territory	Les Maskoutains
Ste-Sabine	RIY	MRÉ	Open	Open territory	Brome-Missisquoi
St-Simon	RIY	MRÉ	Open	Open territory	Les Maskoutains
St-Théodore-d'Acton	RIY	MRÉ	Open	Open territory	Acton
St-Thomas-d'Aquin	RIY	MRÉ	Open	Open territory	Les Maskoutains
St-Vaérien-de-Milton	RIY	MRÉ	Open	Open territory	Les Maskoutains
Ste-Victoire-de-Sorel	RIY	MRÉ	Open	Open territory	Les Maskoutains
Sutton	RIY	MRÉ	Open	Open territory	Brome-Missisquoi
Sutton Canton	RIY	MRÉ	Open	Open territory	Brome-Missisquoi
Tracy	RIY	MRÉ	Open	Open territory	Le Bas-Richelieu
Upton	RIY	MRÉ	Open	Open territory	Acton
Warden	RIY	MRÉ	Open	Open territory	La Haute-Yamaska
Waterloo	RIY	MRÉ	Open	Open territory	La Haute-Yamaska
Yamaska	RIY	MRÉ	Open	Open territory	Le Bas-Richelieu
Yamaska-Est	RIY	MRÉ	Open	Open territory	Le Bas-Richelieu



CITY	REGION	URLS	ASSOCIATIONS	COMMENTS	MRC	
SAGUENAY-LAC-ST-JEAN	SLJ					
Albanet	SLJ	SLJ	Open	Open territory	Maria-Chapdelaine	
Alma	SLJ	SLJ	Open	Open territory	Lac-Saint-Jean-Est	
Bégin	SLJ	SLJ	Open	Open territory	Le Fjord-du-Saguenay	
Chambord	SLJ	SLJ	Open	Open territory	Le Domaine-du-Roy	
Chapais	SLJ	SLJ	Open	Open territory	Baie-James	
Chibougamau	SLJ	SLJ	Open	Open territory	Baie-James	
Chicoutimi	SLJ	SLJ	Open	Open territory	Le Fjord-du-Saguenay	
Chutes-des-Passes	SLJ	SLJ	Open	Open territory	Maria-Chapdelaine	
Delisle	SLJ	SLJ	Open	Open territory	Lac-Saint-Jean-Est	
Desbiens	SLJ	SLJ	Open	Open territory	Lac-Saint-Jean-Est	
Dolbeau	SLJ	SLJ	Open	Open territory	Maria-Chapdelaine	
Ferland-et-Boileau	SLJ	SLJ	Open	Open territory	Le Fjord-du-Saguenay	
Girardville	SLJ	SLJ	Open	Open territory	Maria-Chapdelaine	
Hébertville	SLJ	SLJ	Open	Open territory	Lac-Saint-Jean-Est	
Hébertville-Station	SLJ	SLJ	Open	Open territory	Lac-Saint-Jean-Est	
Jonquière	SLJ	SLJ	Open	Open territory	Le Fjord-du-Saguenay	
L'Anse-Saint-Jean	SLJ	SLJ	Open	Open territory	Le Fjord-du-Saguenay	
L'Ascension-de-Notre-Seigneur	SLJ	SLJ	Open	Open territory	Lac-Saint-Jean-Est	
La Baie	SLJ	SLJ	Open	Open territory	Le Fjord-du-Saguenay	
La Doré	SLJ	SLJ	Open	Open territory	Le Domaine-du-Roy	
Labrecque	SLJ	SLJ	Open	Open territory	Lac-Saint-Jean-Est	
Lac-à-la-Croix	SLJ	SLJ	Open	Open territory	Lac-Saint-Jean-Est	
Lac-Bouchette	SLJ	SLJ	Open	Open territory	Le Domaine-du-Roy	
Lac-Kénogmi	SLJ	SLJ	Open	Open territory	Le Fjord-du-Saguenay	
Lamarche	SLJ	SLJ	Open	Open territory	Lac-Saint-Jean-Est	
Larouche	SLJ	SLJ	Open	Open territory	Le Fjord-du-Saguenay	
Laterrière	SLJ	SLJ	Open	Open territory	Le Fjord-du-Saguenay	
Mashteuiatsh	SLJ	SLJ	Open	Open territory	Le Domaine-du-Roy	
Métabetchouan	SLJ	SLJ	Open	Open territory	Lac-Saint-Jean-Est	
Mistasssini	SLJ	SLJ	Open	Open territory	Maria-Chapdelaine	
Normandin	SLJ	SLJ	Open	Open territory	Maria-Chapdelaine	
Notre-Dame-de-Lorette	SLJ	SLJ	Open	Open territory	Maria-Chapdelaine	
Péribonka	SLJ	SLJ	Open	Open territory	Maria-Chapdelaine	
Petit-Saguenay	SLJ	SLJ	Open	Open territory	Le Fjord-du-Saguenay	
Rivière-Eternité	SLJ	SLJ	Open	Open territory	Le Fjord-du-Saguenay	
Roberval	SLJ	SLJ	Open	Open territory	Le Domaine-du-Roy	
St-Ambroise	SLJ	SLJ	Open	Open territory	Le Fjord-du-Saguenay	
St-André-du-Lac-Saint-Jean	SLJ	SLJ	Open	Open territory	Le Domaine-du-Roy	
St-Augustin	SLJ	SLJ	Open	Open territory	Maria-Chapdelaine	
St-Bruno	SLJ	SLJ	Open	Open territory	Lac-Saint-Jean-Est	
St-Charles-de-Bourget	SLJ	SLJ	Open	Open territory	Le Fjord-du-Saguenay	
St-David-de-Falardeau	SLJ	SLJ	Open	Open territory	Le Fjord-du-Saguenay	
St-Edmond	SLJ	SLJ	Open	Open territory	Maria-Chapdelaine	
St-Eugène	SLJ	SLJ	Open	Open territory	Maria-Chapdelaine	



	Territories	- Foot	ball Québec -	- Green Book	
CITY	REGION	URLS	ASSOCIATIONS	COMMENTS	MRC
St-Félicien	SLJ	SLJ	Open	Open territory	Le Domaine-du-Roy
St-Félix-d'Otis	SLJ	SLJ	Open	Open territory	Le Fjord-du-Saguenay
St-Francis-de-Sales	SLJ	SLJ	Open	Open territory	Le Domaine-du-Roy
St-Fulgence	SLJ	SLJ	Open	Open territory	Le Fjord-du-Saguenay
St-Gédéon	SLJ	SLJ	Open	Open territory	Lac-Saint-Jean-Est
St-Hedwidge	SLJ	SLJ	Open	Open territory	Le Domaine-du-Roy
St-Henri-de-Taillon	SLJ	SLJ	Open	Open territory	Lac-Saint-Jean-Est
St-Honoré	SLJ	SLJ	Open	Open territory	Le Fjord-du-Saguenay
Ste-Jeanne-d'Arc	SLJ	SLJ	Open	Open territory	Maria-Chapdelaine
St-Ludger0de-Milot	SLJ	SLJ	Open	Open territory	Lac-Saint-Jean-Est
St-Méthode	SLJ	SLJ	Open	Open territory	Le Domaine-du-Roy
Ste-Monique	SLJ	SLJ	Open	Open territory	Lac-Saint-Jean-Est
St-Nazaire	SLJ	SLJ	Open	Open territory	Lac-Saint-Jean-Est
Saint-Prime	SLJ	SLJ	Open	Open territory	Le Domaine-du-Roy
Ste-Rose du Nord	SLJ	SLJ	Open	Open territory	Le Fjord-du-Saguenay
St-Stanislas	SLJ	SLJ	Open	Open territory	Maria-Chapdelaine
St-Thomas-Didyme	SLJ	SLJ	Open	Open territory	Maria-Chapdelaine
Shipshaw	SLJ	SLJ	Open	Open territory	Le Fjord-du-Saguenay
Tremblay	SLJ	SLJ	Open	Open territory	Le Fjord-du-Saguenay
SUD-OUEST	SUO				
Beauharnois	SUO	MRÉ	Open	Open territory	Beauharnois-Salaberry
Châteauguay	SUO	MRÉ	Châteauguay	Raiders	Roussillon
Coteau-du-Lac	SUO	MRÉ	Open	Open territory	Vaudreuil-Soulanges
Dundee	SUO	MRÉ	Open	Open territory	Le Haut-Saint-Laurent
Elgin	SUO	MRÉ	Open	Open territory	Le Haut-Saint-Laurent
Franklin	SUO	MRÉ	Open	Open territory	Le Haut-Saint-Laurent
Godmanchester	SUO	MRÉ	Open	Open territory	Le Haut-Saint-Laurent
Grande-Île	SUO	MRÉ	Open	Open territory	Beauharnois-Salaberry
Havelock	SUO	MRÉ	Open	Open territory	Le Haut-Saint-Laurent
Hemmingford	SUO	MRÉ	Open	Open territory	Les Jardins-de-Napierville
Hinchinbrook	SUO	MRÉ	Open	Open territory	Le Haut-Saint-Laurent
Howick	SUO	MRÉ	Open	Open territory	Le Haut-Saint-Laurent
Hudson	SUO	MRÉ	Open	Open territory	Vaudreuil-Soulanges
Huntingdon	SUO	MRÉ	Open	Open territory	Le Haut-Saint-Laurent
Kanawake	SUO	MRÉ	Châteauguay	Raiders	Réserve indienne
Léry	SUO	MRÉ	Châteauguay	Raiders	Roussillon
Les Cèdres	SUO	MRÉ	Open	Open territory	Vaudreuil-Soulanges
Les Coteaux	SUO	MRÉ	Open	Open territory	Vaudreuil-Soulanges
L'Île-Cadieux	SUO	MRÉ	Open	Open territory	Vaudreuil-Soulanges
L'Île-Perrot	SUO	MRÉ	Patriotes V.I.P	Open territory	Vaudreuil-Soulanges
Maple Grove	SUO	MRÉ	Open	Open territory	Beauharnois-Salaberry
Melocheville	SUO	MRÉ	Open	Open territory	Beauharnois-Salaberry
Mercier	SUO	MRÉ	Open	Open territory	Roussillon
Notre-Dame-de-l'Île-Perrot	SUO	MRÉ	Open	Open territory	Vaudreuil-Soulanges
Ormstown	SUO	MRÉ	Open	Open territory	Le Haut-Saint-Laurent



	Territories	<i>- F</i> 00	tball Quebec -	- Green Book	
CITY	REGION	URLS	ASSOCIATIONS	COMMENTS	MRC
Pincourt	SUO	MRÉ	Patriotes V.I.P	Open territory	Vaudreuil-Soulanges
Pointe-des-Cascades	SUO	MRÉ	Open	Open territory	Vaudreuil-Soulanges
Pointe-Fortune	SUO	MRÉ	Open	Open territory	Vaudreuil-Soulanges
Rigaud	SUO	MRÉ	Open	Open territory	Vaudreuil-Soulanges
Rivière-Beaudette	SUO	MRÉ	Open	Open territory	Vaudreuil-Soulanges
Salaberry-de-Valleyfield	SUO	MRÉ	Open	Open territory	Beauharnois-Salaberry
St-Anicet	SUO	MRÉ	Open	Open territory	Le Haut-Saint-Laurent
Ste-Barbe	SUO	MRÉ	Open	Open territory	Le Haut-Saint-Laurent
St-Chrysostome	SUO	MRÉ	Open	Open territory	Le Haut-Saint-Laurent
St-Clet	SUO	MRÉ	Open	Open territory	Vaudreuil-Soulanges
Ste-Clothilde-de-Châteauguay	SUO	MRÉ	Open	Open territory	Les Jardins-de-Napierville
St-Étienne-de-Beauharnois	SUO	MRÉ	Open	Open territory	Beauharnois-Salaberry
St-Jean-Chrysostome	SUO	MRÉ	Open	Open territory	Le Haut-Saint-Laurent
Ste-Justine-de-Newton	SUO	MRÉ	Open	Open territory	Vaudreuil-Soulanges
St-Lazare	SUO	MRÉ	St-Lazare	Stallions	Vaudreuil-Soulanges
St-Louis-de-Gonzague	SUO	MRÉ	Open	Open territory	Beauharnois-Salaberry
St-Malachie-d'Ormstown	SUO	MRÉ	Open	Open territory	Le Haut-Saint-Laurent
Ste-Marthe	SUO	MRÉ	Open	Open territory	Vaudreuil-Soulanges
Ste-Martine	SUO	MRÉ	Open	Open territory	Beauharnois-Salaberry
St-Paul-de-Châteauguay	SUO	MRÉ	Open	Open territory	Beauharnois-Salaberry
St-Polycarpe	SUO	MRÉ	Open	Open territory	Vaudreuil-Soulanges
St-Régis	SUO	MRÉ	Open	Open territory	Réserve indienne
St-Stanislas-de-Kostka	SUO	MRÉ	Open	Open territory	Beauharnois-Salaberry
St-Télesphore	SUO	MRÉ	Open	Open territory	Vaudreuil-Soulanges
St-Timothée	SUO	MRÉ	Open	Open territory	Beauharnois-Salaberry
St-Urbain-Premier	SUO	MRÉ	Open	Open territory	Beauharnois-Salaberry
St-Zotique	SUO	MRÉ	Open	Open territory	Vaudreuil-Soulanges
Terrasse-Vaudreuil	SUO	MRÉ	Open	Open territory	Vaudreuil-Soulanges
Très-Saint-Rédempteur	SUO	MRÉ	Open	Open territory	Vaudreuil-Soulanges
Très-Saint-Sacrement	SUO	MRÉ	Open	Open territory	Le Haut-Saint-Laurent
Vaudreuil-sur-le-Lac	SUO	MRÉ	Open	Open territory	Vaudreuil-Soulanges
Vaudreuil-Dorion	SUO	MRÉ	Open	Open territory	Vaudreuil-Soulanges
OUTAOUAIS	OUT				
Alleyn-et-Cawood	OUT	OUT	Open	Open territory	Pontiac
Aumond	OUT	OUT	Open	Open territory	La Vallée-de-la-Gatineau
Aylmer	OUT	OUT	Open	Open territory	Communauté-de-l'Outaouais
Blue Sea	OUT	OUT	Open	Open territory	La Vallée-de-la-Gatineau
Boileau	OUT	OUT	Open	Open territory	Papineau
Bois-Franc	OUT	OUT	Open	Open territory	La Vallée-de-la-Gatineau
Bouchette	OUT	OUT	Open	Open territory	La Vallée-de-la-Gatineau
Bowman	OUT	OUT	Open	Open territory	Papineau
Bristol	OUT	OUT	Open	Open territory	Pontiac
Bryson	OUT	OUT	Open	Open territory	Pontiac
Buckingham	OUT	OUT	Open	Open territory	Communauté-de-l'Outaouais
Campbell's Bay	OUT	OUT	Open	Open territory	Pontiac



	Territories	1 001	ball Quebec	- Green book	
CITY	REGION	URLS	ASSOCIATIONS	COMMENTS	MRC
Cantley	OUT	OUT	Open	Open territory	Les Collines-de-l'Outaouais
Cayamant	OUT	OUT	Open	Open territory	La Vallée-de-la-Gatineau
Chapeau	OUT	OUT	Open	Open territory	Pontiac
Chelsea	OUT	OUT	Open	Open territory	Les Collines-de-l'Outaouais
Chénéville	OUT	OUT	Open	Open territory	Papineau
Chichester	OUT	OUT	Open	Open territory	Pontiac
Clarendon	OUT	OUT	Open	Open territory	Pontiac
Déléage	OUT	OUT	Open	Open territory	La Vallée-de-la-Gatineau
Denholm	OUT	OUT	Open	Open territory	La Vallée-de-la-Gatineau
Duhamel	OUT	OUT	Open	Open territory	Papineau
Egan-Sud	OUT	OUT	Open	Open territory	La Vallée-de-la-Gatineau
Fassett	OUT	OUT	Open	Open territory	Papineau
Fort-Coulonge	OUT	OUT	Open	Open territory	Pontiac
Gatineau	OUT	OUT	Open	Open territory	Communauté-de-l'Outaouais
Gracefield	OUT	OUT	Open	Open territory	La Vallée-de-la-Gatineau
Grand-Calumet	OUT	OUT	Open	Open territory	Pontiac
Grand-Remous	OUT	OUT	Open	Open territory	La Vallée-de-la-Gatineau
Hull	OUT	OUT	Open	Open territory	Communauté-de-l'Outaouais
Kazabazua	OUT	OUT	Open	Open territory	La Vallée-de-la-Gatineau
L'Ange-Gardien	OUT	OUT	Open	Open territory	Les Collines-de-l'Outaouais
L'Isle-aux-Allumettes	OUT	OUT	Open	Open territory	Pontiac
L'Îsle-aux-Allumettes-Partie-Est	OUT	OUT	Open	Open territory	Pontiac
La Pêche	OUT	OUT	Open	Open territory	Les Collines-de-l'Outaouais
Lac-des-Plages	OUT	OUT	Open	Open territory	Papineau
Lac-Simon	OUT	OUT	Open	Open territory	Papineau
Lac-Ste-Marie	OUT	OUT	Open	Open territory	La Vallée-de-la-Gatineau
Leslie-Clapham-et-Huddersfield	OUT	OUT	Open	Open territory	Pontiac
Litchfield	OUT	OUT	Open	Open territory	Pontiac
Lochaber 42	OUT	OUT	Open	Open territory	Papineau
Lochaber-Partie-Ouest	OUT	OUT	Open	Open territory	Papineau
Low	OUT	OUT	Open	Open territory	La Vallée-de-la-Gatineau
Lytton	OUT	OUT	Open	Open territory	La Vallée-de-la-Gatineau
Maniwaki	OUT	OUT	Open	Open territory	La Vallée-de-la-Gatineau
Mansfield-et-Pontefract	OUT	OUT	Open	Open territory	Pontiac
Masson-Angers	OUT	OUT	Open	Open territory	Communauté-de-l'Outaouais
Mayo	OUT	OUT	Open	Open territory	Papineau
Messines	OUT	OUT	Open	Open territory	La Vallée-de-la-Gatineau
Montcerf	OUT	OUT	Open	Open territory	La Vallée-de-la-Gatineau
Montebello	OUT	OUT	Open	Open territory	Papineau
Montpellier	OUT	OUT	Open	Open territory	Papineau
Mulgrave-et-Derry	OUT	OUT	Open	Open territory	Papineau
Namur	OUT	OUT	Open	Open territory	Papineau
Northfield	OUT	OUT	Open	Open territory	La Vallée-de-la-Gatineau
Notre-Dame-de-Bon-Secours	OUT	OUT	Open	Open territory	Papineau
Notre-Dame-de-la-Paix	OUT	OUT	Open	Open territory	Papineau



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CITY	REGION	URLS	ASSOCIATIONS	COMMENTS	MRC
Notre-Dame-de-la-Salette	OUT	OUT	Open	Open territory	Les Collines-de-l'Outaouais
Papineauville	OUT	OUT	Open	Open territory	Papineau
Plaisance	OUT	OUT	Open	Open territory	Papineau
Pontiac	OUT	OUT	Open	Open territory	Les Collines-de-l'Outaouais
Portage-du-Fort	OUT	OUT	Open	Open territory	Pontiac
Rapides-des-Joachims	OUT	OUT	Open	Open territory	Pontiac
Ripon	OUT	OUT	Open	Open territory	Papineau
Shawville	OUT	OUT	Open	Open territory	Pontiac
Sheen-Eshe-Aberdeen-et-Malakoof	OUT	OUT	Open	Open territory	Pontiac
St-André-Avellin	OUT	OUT	Open	Open territory	Papineau
Ste-Angélique	OUT	OUT	Open	Open territory	Papineau
St-Émile-de-Suffolk	OUT	OUT	Open	Open territory	Papineau
St-Sixte	OUT	OUT	Open	Open territory	Papineau
Ste-Thérèse-de-la-Gatineau	OUT	OUT	Open	Open territory	La Vallée-de-la-Gatineau
Thorne	OUT	OUT	Open	Open territory	Pontiac
Thurso	OUT	OUT	Open	Open territory	Papineau
Val-des-Bois	OUT	OUT	Open	Open territory	Papineau
Val-des-Monts	OUT	OUT	Open	Open territory	Les Collines-de-l'Outaouais
Vinoy	OUT	OUT	Open	Open territory	Papineau
Waltham-et-Bryston	OUT	OUT	Open	Open territory	Pontiac
Wright	OUT	OUT	Open	Open territory	La Vallée-de-la-Gatineau
QUÉBEC	QUE				
Baie-Sainte-Catherine	QUE	QUE	Open	Open territory	Charlevoix-Est
Baie-Saint-Paul	QUE	QUE	Open	Open territory	Charlevoix
Beauport	QUE	QUE	Open	Open territory	CUQ
Beaupré	QUE	QUE	Open	Open territory	La Côte-de-Beaupré
Boischatel	QUE	QUE	Open	Open territory	La Côte-de-Beaupré
Cap-à-l'Aigle	QUE	QUE	Open	Open territory	Charlevoix-Est
Cap-Rouge	QUE	QUE	Open	Open territory	CUQ
Cap-Santé	QUE	QUE	Open	Open territory	Portneuf
Charlesbourg	QUE	QUE	Open	Open territory	CUQ
Château-Richer	QUE	QUE	Open	Open territory	La Côte-de-Beaupré
Clermont	QUE	QUE	Open	Open territory	Charlevoix-Est
Deschambault	QUE	QUE	Open	Open territory	Portneuf
Donnacona	QUE	QUE	Open	Open territory	Portneuf
Fossambault-sur-le-Lac	QUE	QUE	Open	Open territory	La Jacques-Cartier
Grondines	QUE	QUE	Open	Open territory	Portneuf
L'Ancienne-Lorette	QUE	QUE	Open	Open territory	CUQ
L'Ange Gardien	QUE	QUE	Open	Open territory	La Côte-de-Beaupré
L'Île-aux-Coudres	QUE	QUE	Open	Open territory	Charlevoix
La Baleine	QUE	QUE	Open	Open territory	Charlevoix
La Malbaie-Pointe-au-Pic	QUE	QUE	Open	Open territory	Charlevoix-Est
Lac-Beauport	QUE	QUE	Open	Open territory	La Jacques-Cartier
Lac-Delage	QUE	QUE	Open	Open territory	La Jacques-Cartier
Lac-Sergent	QUE	QUE	Open	Open territory	Portneuf



I	erritories	<i>- F</i> 001	tball Quebec -	- Green Book	
CITY	REGION	URLS	ASSOCIATIONS	COMMENTS	MRC
Lac St-Charles	QUE	QUE	Open	Open territory	CUQ
Lac-St-Joseph	QUE	QUE	Open	Open territory	La Jacques-Cartier
Les Éboulements	QUE	QUE	Open	Open territory	Charlevoix
Loretteville	QUE	QUE	Open	Open territory	CUQ
Neuville	QUE	QUE	Open	Open territory	Portneuf
Notre-Dame-de-Portneuf	QUE	QUE	Open	Open territory	Portneuf
Notre-Dame-des-Anges	QUE	QUE	Open	Open territory	CUQ
Notre-Dame-des-Monts	QUE	QUE	Open	Open territory	Charlevoix-Est
Petite-Rivière-Saint-François	QUE	QUE	Open	Open territory	Charlevoix
Pont-Rouge	QUE	QUE	Open	Open territory	Portneuf
Portneuf	QUE	QUE	Open	Open territory	Portneuf
Québec	QUE	QUE	Open	Open territory	CUQ
Rivière-à-Pierre	QUE	QUE	Open	Open territory	Portneuf
Rivière-du-Gouffre	QUE	QUE	Open	Open territory	Charlevoix
Rivière-Malbaie	QUE	QUE	Open	Open territory	Charlevoix-Est
Sagar	QUE	QUE	La Baie	Les 21 de la baie	Charlevoix-Est
Shannon	QUE	QUE	Open	Open territory	La Jacques-Cartier
Sillery	QUE	QUE	Open	Open territory	CUQ
Ste-Agnès	QUE	QUE	Open	Open territory	Charlevoix-Est
St-Aimé-des-Lacs	QUE	QUE	Open	Open territory	Charlevoix-Est
St-Alban	QUE	QUE	Open	Open territory	Portneuf
Ste-Anne-de-Beaupré	QUE	QUE	Open	Open territory	La Côte-de-Beaupré
St-Augustin-de-Desmaures	QUE	QUE	Open	Open territory	CUQ
St-Basile	QUE	QUE	Open	Open territory	Portneuf
St-Basile Sud	QUE	QUE	Open	Open territory	Portneuf
Ste-Brigitte-de-Laval	QUE	QUE	Open	Open territory	La Jacques-Cartier
St-Casimir	QUE	QUE	Open	Open territory	Portneuf
Ste-Catherine-de-la-Jacques-Cartie	er QUE	QUE	Open	Open territory	La Jacques-Cartier
Ste-Christine-d'Auvergne	QUE	QUE	Open	Open territory	Portneuf
St-Émile	QUE	QUE	Open	Open territory	CUQ
Ste-Famille, I.O.	QUE	QUE	Open	Open territory	L'Île-d'Orléans
St-Ferréol-les-Neiges	QUE	QUE	Open	Open territory	La Côte-de-Beaupré
St-Fidèle-de-Mont-Murray	QUE	QUE	Open	Open territory	Charlevoix-Est
St-François, I.O.	QUE	QUE	Open	Open territory	L'Île-d'Orléans
Ste-Foy	QUE	QUE	Open	Open territory	CUQ
St-Gabriel-de-Valcartier	QUE	QUE	Open	Open territory	La Jacques-Cartier
St-Gilbert	QUE	QUE	Open	Open territory	Portneuf
St-Hilarion	QUE	QUE	Open	Open territory	Charlevoix
St-Irénée	QUE	QUE	Open	Open territory	Charlevoix-Est
St-Jean, I.O.	QUE	QUE	Open	Open territory	L'Île-d'Orléans
Ste-Jeanne-de-Pont-Rouge	QUE	QUE	Open	Open territory	Portneuf
St-Joachim	QUE	QUE	Open	Open territory	La Côte-de-Beaupré
St-Joseph-de-la-Rive	QUE	QUE	Open	Open territory	Charlevoix
St-Laurent, I.O.	QUE	QUE	Open	Open territory	L'Île-d'Orléans
St-Léonard-de-Portneuf	QUE	QUE	Open	Open territory	Portneuf



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CITY	REGION	URLS	ASSOCIATIONS	COMMENTS	MRC
St-Marc-des-Carrières	QUE	QUE	Open	Open territory	Portneuf
Ste-Pétronille	QUE	QUE	Open	Open territory	L'Île-d'Orléans
St-Pierre, I.O.	QUE	QUE	Open	Open territory	L'Île-d'Orléans
St-Raymond	QUE	QUE	Open	Open territory	Portneuf
St-Siméon	QUE	QUE	Open	Open territory	Charlevoix-Est
St-Thuribe	QUE	QUE	Open	Open territory	Portneuf
St-Tite-des-Caps	QUE	QUE	Open	Open territory	La Côte-de-Beaupré
St-Ubalde	QUE	QUE	Open	Open territory	Portneuf
St-Urbain	QUE	QUE	Open	Open territory	Charlevoix
Stoneham-et-Tewkesbury	QUE	QUE	Open	Open territory	La Jacques-Cartier
Val Bélair	QUE	QUE	Open	Open territory	CUQ
Vanier	QUE	QUE	Open	Open territory	CUQ
NUNAVUT	NUN				
Akulivik	NUN	NOQ	Open		Nord-du-Québec
Aupaluk	NUN	NOQ	Open		Nord-du-Québec
Baie-James	NUN	NOQ	Open		Nord-du-Québec
Chapais	NUN	NOQ	Chibougamau	Troilus	Nord-du-Québec
Chibougamau	NUN	NOQ	Chibougamau	Troilus	Nord-du-Québec
Chisasibi	NUN	NOQ	Open		Nord-du-Québec
Eastmain	NUN	NOQ	Open		Nord-du-Québec
Inukjuak	NUN	NOQ	Open		Nord-du-Québec
lvujivik	NUN	NOQ	Open		Nord-du-Québec
Kangiqsualujjuaq	NUN	NOQ	Open		Nord-du-Québec
Kangiqsujuaq	NUN	NOQ	Open		Nord-du-Québec
Kangirsuk	NUN	NOQ	Open		Nord-du-Québec
Kuujjuaq	NUN	NOQ	Open		Nord-du-Québec
Kuujjuarapik	NUN	NOQ	Open		Nord-du-Québec
Lebel-sur-Quévillon	NUN	NOQ	Open		Nord-du-Québec
Matagami	NUN	NOQ	Open		Nord-du-Québec
Mistissini	NUN	NOQ	Chibougamau	Troïlus	Nord-du-Québec
Nemiscau	NUN	NOQ	Open		Nord-du-Québec
Ouje-Bougoumou	NUN	NOQ	Chibougamau	Troïlus	Nord-du-Québec
Puvirnituq	NUN	NOQ	Open		Nord-du-Québec
Quaqtaq	NUN	NOQ	Open		Nord-du-Québec
Salluit	NUN	NOQ	Open		Nord-du-Québec
Tasiujuaq	NUN	NOQ	Open		Nord-du-Québec
Umiujaq	NUN	NOQ	Open		Nord-du-Québec
Waskaganish	NUN	NOQ	Open		Nord-du-Québec
Waswanipi	NUN	NOQ	Open		Nord-du-Québec
Wemindji	NUN	NOQ	Open		Nord-du-Québec
Whapmagoostui	NUN	NOQ	Open		Nord-du-Québec